



#### Collaborating to Advance Health Equity for Diabetes and Chronic Kidney Disease (CKD)

Wednesday, February 10, 2021 10:00 am - 3:00 pm ET



#### Information



- Webex "panelists": Please mute your microphone
- Webex "attendees": Please ask questions via Q&A function in Webex
- This event will be recorded and posted (with slides, after the event) at: www.pharmacy.umaryland.edu/health-equity
- Biographies available at above website
- Questions: <a href="mailto:aanonsen@umd.edu">aanonsen@umd.edu</a>
- Lunch break: 11:15-12:30 pm ET
- Break: 1:45-2:00 pm ET



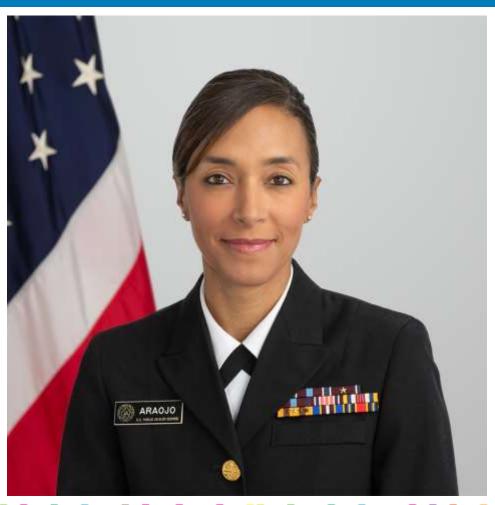


## **Opening Remarks**

#### 10:00 – 10:15 a.m.



Opening Remarks RADM Richardae Araojo, PharmD, MS FDA Associate Commissioner for Minority Health and Director of the Office of Minority Health and Health Equity







#### Keynote Lashawn McIver MD, MPH Director, CMS Office of Minority Health







#### SESSION 1: 10:15 - 11:30 a.m.

Using Patient Experience Data and Community/System Approach to Inform Care, Drug Development and the Overall Research Agenda





#### <u>Moderator</u> Chanel F. Whittaker, PharmD, BCPS, CGP, FASCP

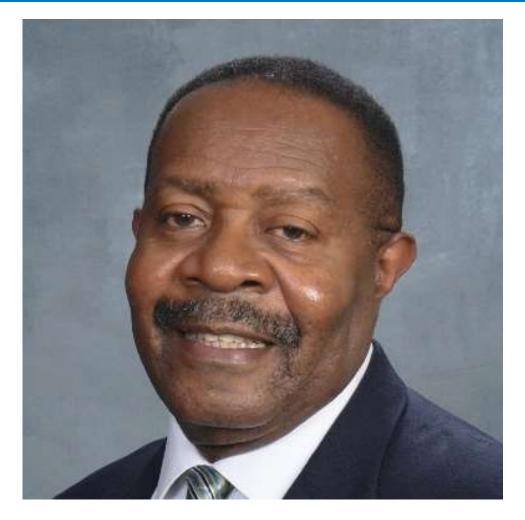
Associate Professor, University of Maryland School of Pharmacy



#### **Richard Knight, MBA**



President of the American Association of Kidney Patients (AAKP) Board of Directors



#### **Rich Knight, MBA - President The Largest Kidney Patient Organization**



- Lecturer Bowie State University College of Business
- Personal Opportunities Afforded to Me to Impact Policy
  - NIH/NIDDK Advisory Council Member
  - Co-Chair NIDDK Strategic Plan Participant Engagement Subgroup
  - Co-Chair CEC Kidney Precision Medicine Project (NIH/NIDDK)
  - Member HHS/Scientific Registry Transplant Recipients (SRTR) Review Committee
  - Co-Chair HHS/SRTR Patient & Family Sub-Committee
  - Founding Member Making Dialysis Safe Coalition (CDC)
  - Kidney Health Initiative (ASN/FDA)
  - Clinical Trial Transformation Initiative (Duke/FDA)
  - Acute Kidney Injury Workgroup
  - Rare Disease Diversity Coalition
  - Diabetic Kidney Disease with Industry Clinical Trials/Advisory Committees

### **AAKP Priorities**



- **Respect** and **preserve** the relationship between kidney patients and the doctors they choose.
- **Protect** and **expand** kidney patient **consumer care choice** in all policies that impact access to patient care, treatment and health outcomes.
- Accelerate and enhance innovation in diagnostics, biologics and devices through substantive inclusion of patient insights across the product development lifecycle and payment decisions.

#### Patrick Gee, PhD



Kidney Health Initiative (KHI) Patient Family Partnership Council (PFPC) Members





#### Rana Malek, MD

**Clinical Associate Professor, University of Maryland School of Medicine** 



# Collaborating to Advance Health Equity for Diabetes and Chronic Kidney Disease (CKD)

Rana Malek Associate Professor Endocrinology and Diabetes Fellowship Program Director University of Maryland School of Medicine

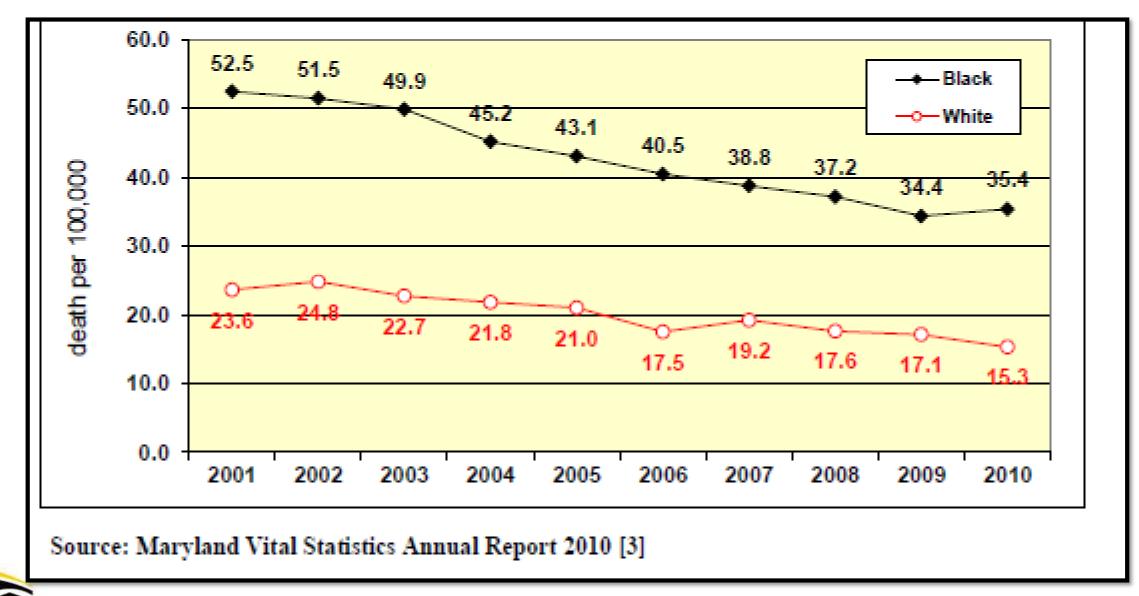


#### Disclosures

• Nothing to disclose

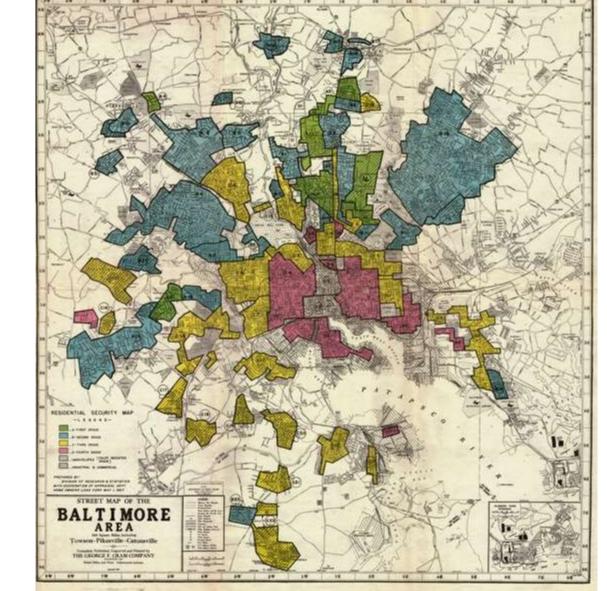


Age-adjusted Diabetes Mortality Rate, Maryland 2001-2010



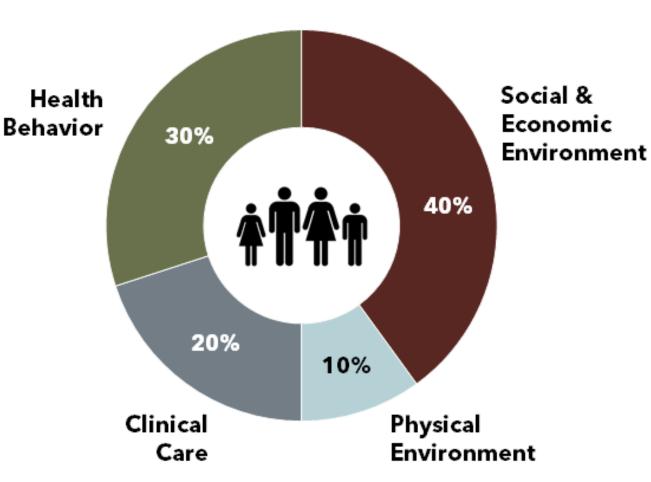
#### Redlining as a Tool of Segregation

- 1933: U.S. housing shortage
- 1934: Federal Housing Administration established to provide housing to white, middle-class, lower-middle-class families
- FHA subsidized entire housing subdivisions for whites — with the requirement that none of the homes be sold to African-Americans
- FHA refused to insure mortgages in and near Black neighborhoods (red-lining)
- Resulted in generational wealth gap



#### The Drivers of Health

"Health is the product of the interactions among biology, genetics, behavior, relationships, cultures, and environment"



#### THE DRIVERS OF HEALTH

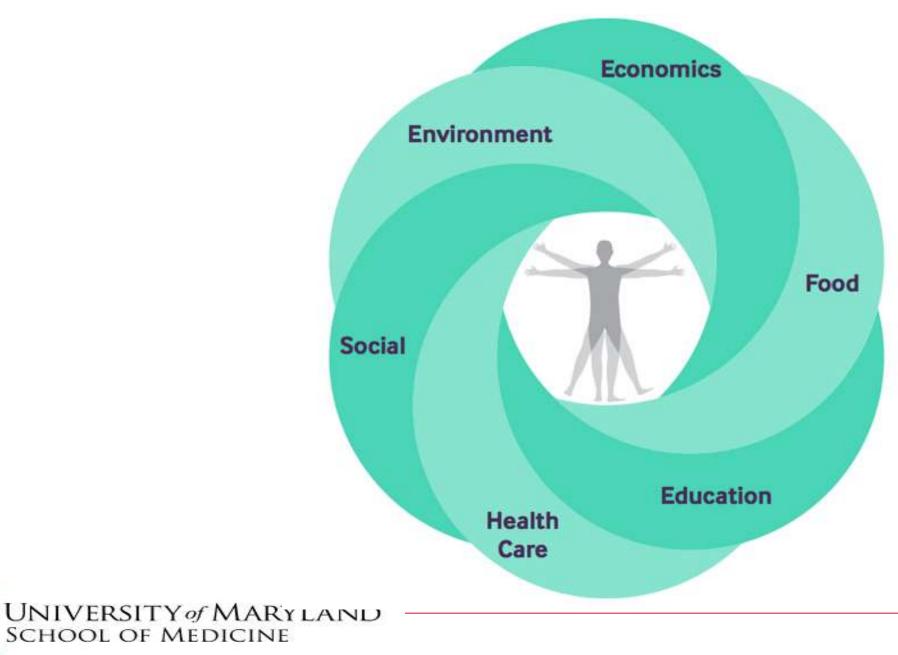
Note: Excludes the role of genetics.

Source: McGovern, Laura, Miller, George and Hughes-Cromwick, Paul. Health Policy Brief: The Relative Contributions of Multiple Determinants to Health Outcomes. *Health Affairs*. August 21, 2014.

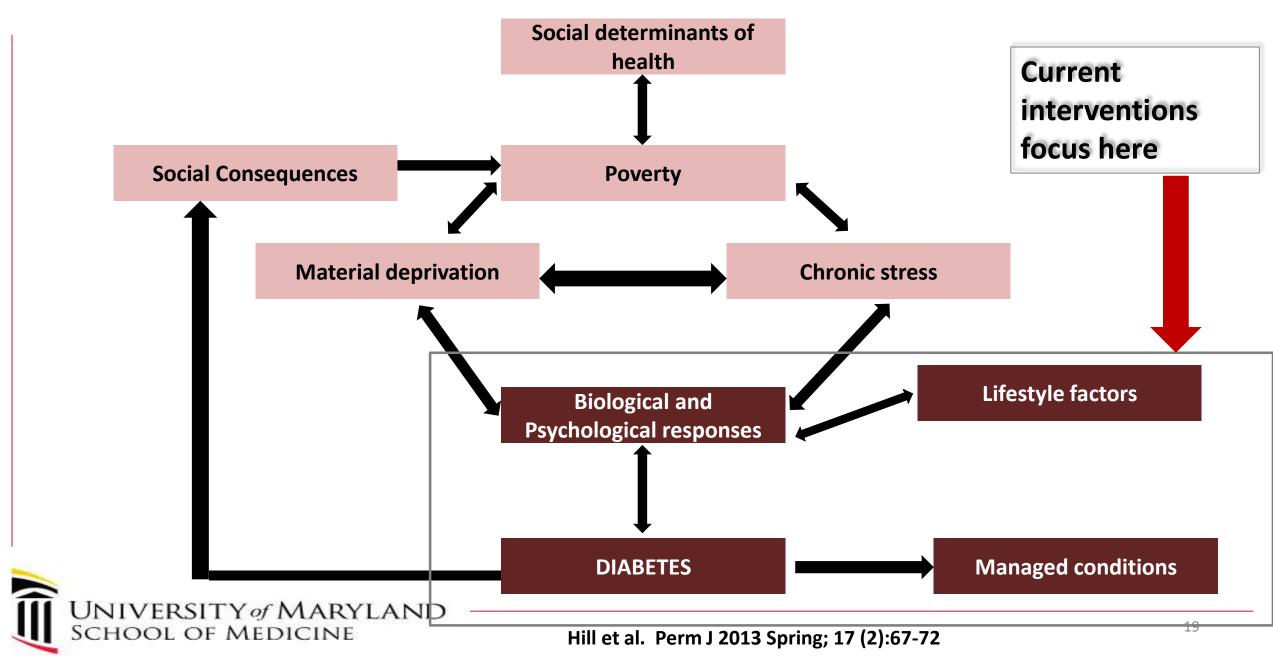
SCHOOL OF MEDICINE

SycamoreInstituteTN.org

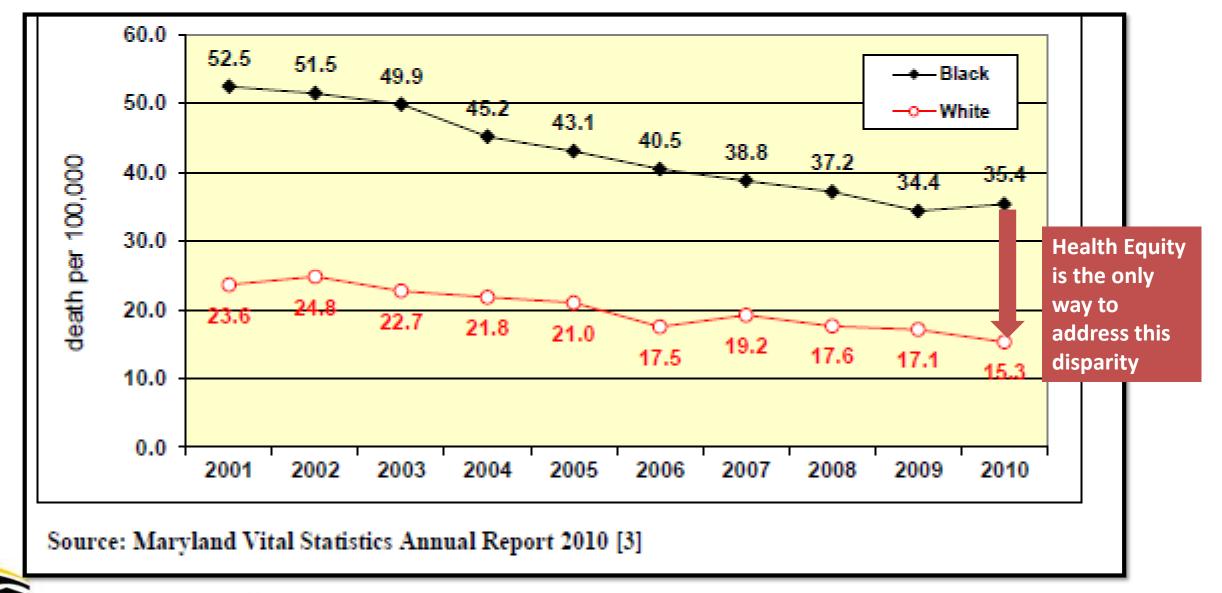
#### What are the Social Determinants of Health?



#### The Socio-Biologic Cycle of Diabetes



Age-adjusted Diabetes Mortality Rate, Maryland 2001-2010





#### Ann Bullock, MD

#### **Director, Division of Diabetes Treatment and Prevention, Indian Health Service**





## Diabetes and CKD in the Indian Health System

Ann Bullock, MD Director Division of Diabetes Treatment and Prevention Indian Health Service

Indian Health Service Division of Diabetes Treatment and Prevention



#### Indian Health Service (IHS)

- Agency within the Dept. of Health and Human Services
- Serves members of 574 federally-recognized Tribes in 37 states
  - 2.56 million American Indians and Alaska Natives (AI/AN)
- IHS/Tribal/Urban (I/T/U) Health System
  - IHS provides direct health care services at many sites
    - 26 Hospitals, 55 Health Centers, 21 Health Stations
  - Tribes have the right to assume control and management of programs over 60% of the IHS appropriation is administered by Tribes
    - 19 Hospitals, 280 Health Centers, 62 Health Stations, and 134 Alaska Village Clinics
  - 43 Urban Indian Organizations provide various levels of clinical and resource services



### **Diabetes in AI/AN People**

- Prevalence of type 2 diabetes was rising in AI/ANs
- In response, IHS:
  - Established the National Diabetes Program: 1979
  - IHS Diabetes Standards of Care: 1986
  - Started the Diabetes Care and Outcomes Audit: 1986
  - Promoted comprehensive team-based approaches to diabetes care in primary care settings
- Special Diabetes Program for Indians (SDPI)
  - Established by Congress in 1997
  - Today provides funds to 301 I/T/U grant programs for diabetes prevention and treatment
- IHS Division of Diabetes provides national support



#### Percent of SDPI Programs Reporting Diabetes Services

Intervention	1997	2019
Diabetes clinical teams	30%	95%
Diabetes patient registries	34%	96%
Nutrition services for adults	39%	94%
Access to registered dietitians	37%	85%
Access to physical activity specialists	8%	84%
Access to culturally tailored diabetes education materials	36%	96%
Adult weight management programs	19%	76%
Nutrition services for children and youth	65%	90%
Community-based physical activity programs for children and youth	13%	85%
Physical activity programs for school-age youth	9%	83%

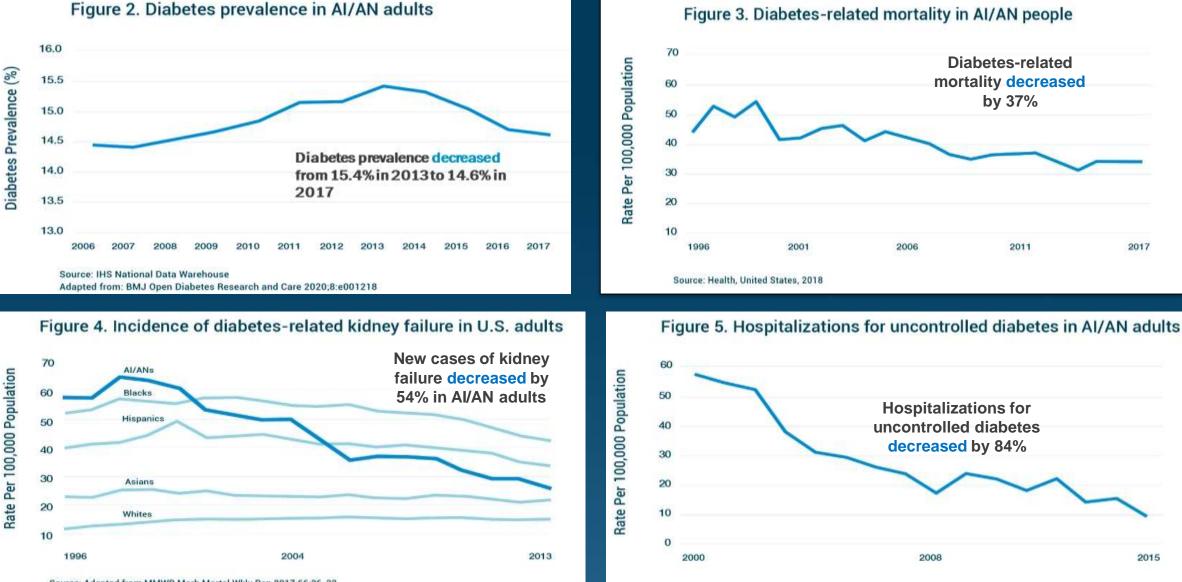
Source: Evaluation of the SDPI Community-Directed Diabetes Programs



#### **Context of Diabetes**

- Many life factors can make it difficult for patients to control diabetes and access healthcare
  - Poverty, food insecurity
  - Lack of transportation, child care, elder care, sick leave, housing
  - Chronic stress directly affects diabetes
- Diabetes care is a marathon, not a sprint
  - Preventing/delaying complications, (e.g., kidney failure) requires control of risk factors over many years
  - To reduce kidney failure rates, health care systems need to:
    - Take the long view on costs, outcomes
    - Work with *all* patients, including those who have challenges with clinic attendance, affording medicines, achieving targets
    - Actively engage communities as partners, value cultures as strengths
    - Go beyond medical care
      - Assess the communities where patients live, work with local governments and community organizations to make improvements

#### **SDPI 2020 Report to Congress**



Source: Adapted from MMWR Morb Mortal Wkly Rep 2017;66:26-32

Source: Adapted from AHRQ Publication No. 18(19)-0033-7-EF, December 2018

## 

#### Andrea Furia-Helms, MPH

Director, Office of Patient Affairs, FDA



FDA U.S. FOOD & DRUG

How FDA Involves Patients and Advocates

Andrea Furia-Helms, MPH Office of Patient Affairs Office of Clinical Policy and Programs

Collaborating to Advance Health Equity for Diabetes and Chronic Kidney Disease (CKD) February 10, 2021



## Overview

Understanding patient engagement at FDA

The Importance of the Patient Voice



- Insights on issues, needs and priorities that are important to patients and caregivers
- Diverse opinions and experiences
- Insights on risk tolerance and potential benefit
- Real world experience

## Patients are at the heart of FDA's work!

#### Patient Affairs



 Small team in the Office of the Commissioner dedicated to providing an inviting, welcoming and meaningful experience for patient communities to engage with the FDA

- Lead patient engagement activities across the medical product Centers through:
  - Cross-cutting programs and activities
  - Public-private collaborations and partnerships
  - Enhance external communication platforms



## Patient Affairs initiatives Cross-center patient activities

## What is an FDA Patient Listening Session?









- One of the many ways that patients can share their experience living with and managing a disease or condition
- Patients & caregivers can talk directly with FDA scientific staff
- A resource for FDA's medical product Centers to quickly engage with patients or their advocates









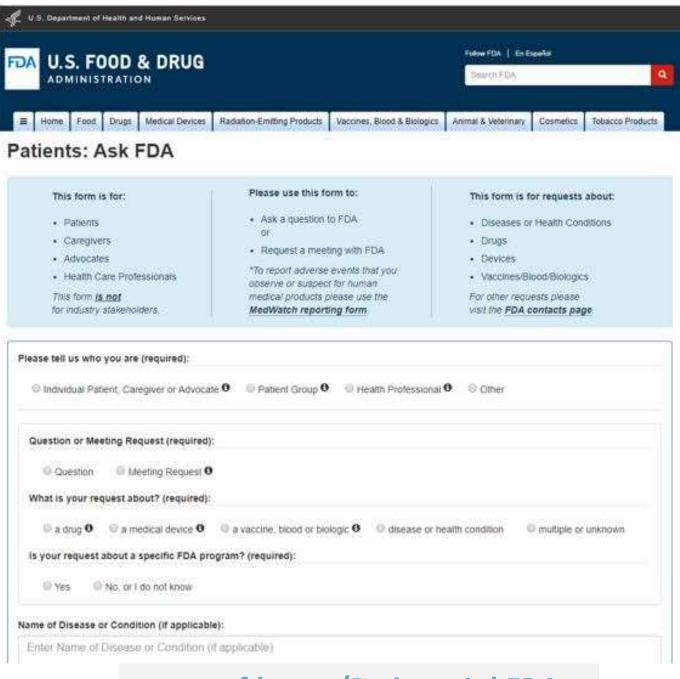
- FDA & Clinical Trials Transformation Initiative (CTTI)
- EMA's Patients' and Consumers' Working Party (PCWP) model
- Purpose: Discussions about engaging patients in medical product development and regulatory discussions



## Resources Tools and resources for engagement

## Questions & Meeting Requests





### Patient Engagement Across FDA

FDA Office of Patient Affairs: <u>PatientAffairs@fda.gov</u> <u>https://www.fda.gov/patients/about-office-patient-affairs</u> FDA Patient Representative Program: <u>FDAPatientRepProgram@fda.hhs.gov</u> <u>https://go.usa.gov/xfB4h</u>	Office of the Commissioner		CBER's Patient Engagement Initiatives: <u>CBERPatientEngagement@fda.hhs.gov</u> Office of Communication, Outreach and Development: <u>OCOD@fda.hhs.gov</u>
Patient Engagement Initiatives: https://go.usa.gov/xfBdx CDRH PatientEngagement@fda.hhs. gov Patient Engagement Meeting Requests: CDRH PatientMeetings@fda.hhs.gov CDRH's Division of Industry and Consumer Education: DICE@fda.hhs.gov	Center for Devices	Center for Drugs	Professional Affairs and Stakeholder Engagement: <u>https://go.usa.gov/xfBpG</u> <u>CDERPASE@fda.hhs.gov</u> CDER Division of Drug Information: <u>https://go.usa.gov/xfBpM</u> <u>DrugInfo@fda.hhs.gov</u> Patient Focused Drug Development: <u>https://go.usa.gov/xfBph</u> <u>patientfocused@fda.hhs.gov</u>



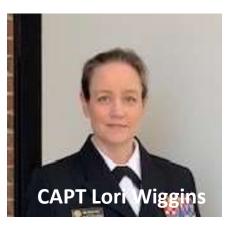
#### PatientAffairs@fda.gov

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#### 301-796-8460

### Office of Patient Affairs







#### www.fda.gov/Patients



#### www.fda.gov/PatientsAskFDA







# Questions and Answers







# Lunch Break

# **11:30 – 12:30 p.m**.







#### SESSION 2: 12:30-1:45 p.m.

### Diversity in Clinical Trials in Diabetes and Chronic Kidney Disease (CKD)





#### <u>Moderator</u> Christine Lee, PharmD, PhD Strategic Research Engagement Lead, FDA OMHHE



### Milena Lolic, MD, MS Lead Medical Officer, FDA





# FDA and Diversity in Clinical Trials

### **FDA Encourages Diversity**



- Study and Evaluation of Gender Differences in the Clinical Evaluation of Drugs, 1993
- Studies in Support of Special Populations: Geriatrics, 1994
- Collection of Race and Ethnicity Data in Clinical Trials, 2016
- Evaluation and Reporting of Age-,Race-,and Ethnicity-Specific Data in Medical Device Clinical Studies, 2017
- Pediatric Information Incorporated Into Human Prescription Drug and Biologic Product Labeling, 2019
- Enhancing the Diversity of Clinical Trial Populations Eligibility Criteria, Enrollment Practices, and Trial Designs, 2020
- Draft Guidance: Inclusion of Older Adults in Cancer Clinical Trials, 2020
- Development and Licensure of Vaccines to Prevent COVID-19, 2020
- On COVID-19: Developing Drugs and Biological Products for Treatment or Prevention, 2020



### **FDA Requires Reporting**

Final Demographic Rule 1998

- •IND: tabulate the trial population by age, gender, and race in annual reports per 21 CFR § 312.33(a)(2) -IND annual report regulations
- •NDA: tabulate and analyze safety and efficacy by age, gender, and race per 21 CFR §314.50 (d)(5)- NDA content and format



### **Drug Trials Snapshots** Commitment to Transparency

- Transparency effort that provides the public with information about who participated in clinical trials that supported the FDA approval of new drugs
- Newly-approved drugs and biologics (NMEs and BLAs)\*
- Published within 30 days of approval
- Highlight any differences in the benefits and side effects among sex, race, and age groups

<sup>\*</sup>New Molecular Entities and original Biologic Licensing Applications

# DRUG TRIALS

Search:

Drug Trials Snapshot	Active Ingredient	Date of FDA Approval	What is it Approved For	Prescribing Information	
ACCRUFER	ferric maltol	July 25, 2019	Treatment of low iron stores	Accrufer	
ADAKVEO	crizanlizumab-tmca	November 15, 2019	Treatment of vasooclusive crises in patients with sickle cell disease.	Adakveo	
ADDYI	flibanserin	August 18, 2015	Treatment of acquired, generalized hypoactive sexual desire disorder (HSDD) in premenopausal women	Addyi	
ADLYXIN	lixisenatide	July 27, 2016	Improvement of blood sugar control in adults with diabetes mellitus (DM) type 2 when used in addition to diet and exercise	Adlyxin	
AEMCOLO	rifamycin	November 16, 2018	Treatment of traveler's diarrhea in adults	Aemcolo	
AIMOVIG	erenumab-aooe	May 17, 2018	Preventive treatment of migraine in adults	Aimovig	
AJOVY	fremanezumab-vfrm	September 14, 2018	Preventive treatment of migraine in adults	Ajovy	
AKLIEF	trifarotene	October 4, 2019	For the topical treatment of acne vulgaris in patients 9 years of age and older	Aklief	
AKYNZEO	fosnetupitant and palonosetron	April 19, 2018	Prevention of the nausea and vomiting that happens right away or later in adults receiving certain anticancer medicines (chemotherapy)	Akynzeo	
ALECENSA	alectinib	December 11, 2015	Treatment of metastatic non-small cell lung cancer Alecensa		
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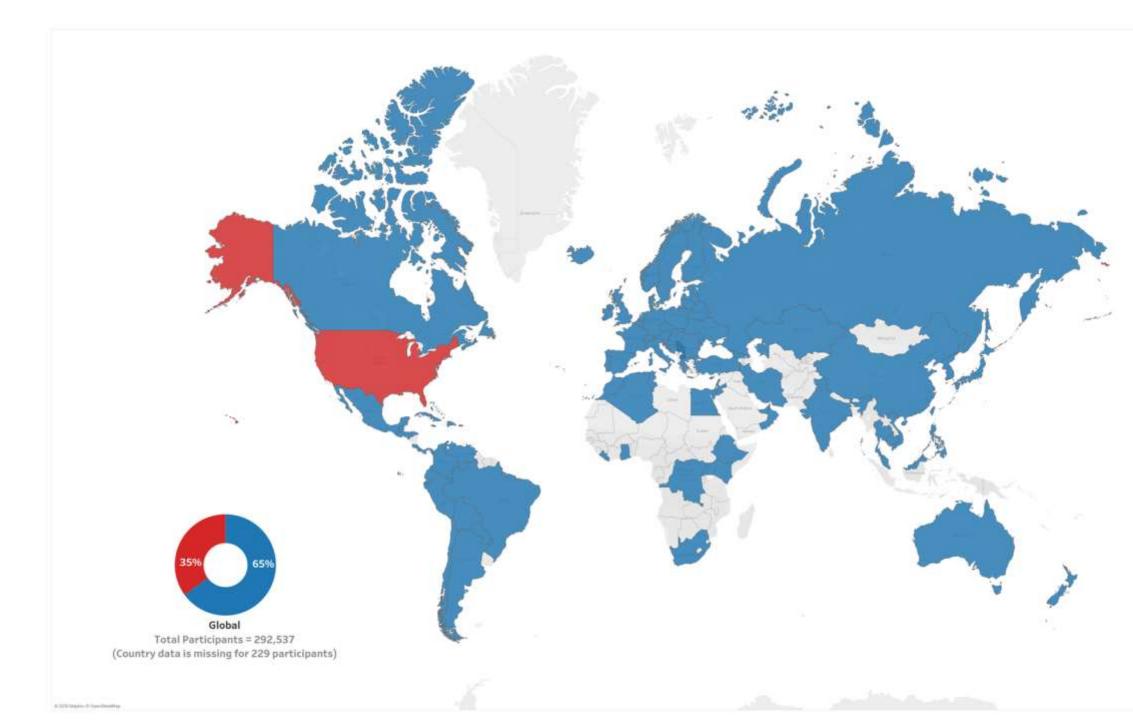
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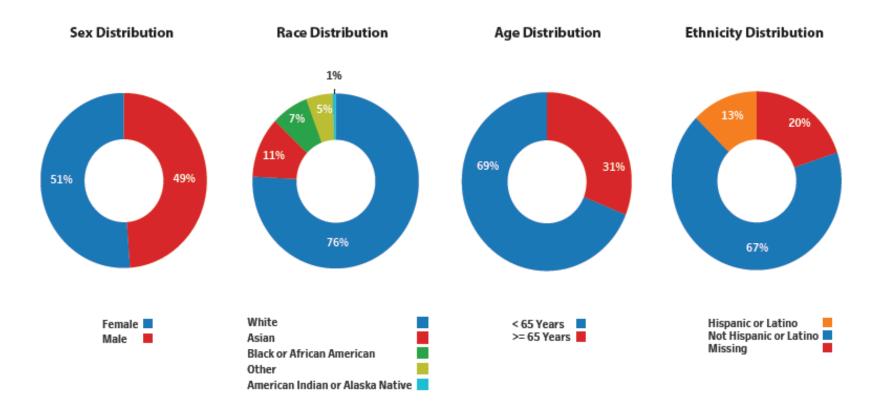
### FDA U.S. FOOD & DRUG

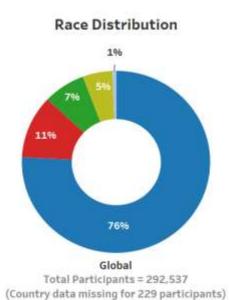
# 2015-2019 DRUG TRIALS SNAPSHOTS SUMMARY REPORT

Five-Year Summary and Analysis of Clinical Trial Participation and Demographics



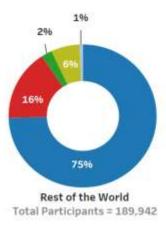
# **Global Demographics**



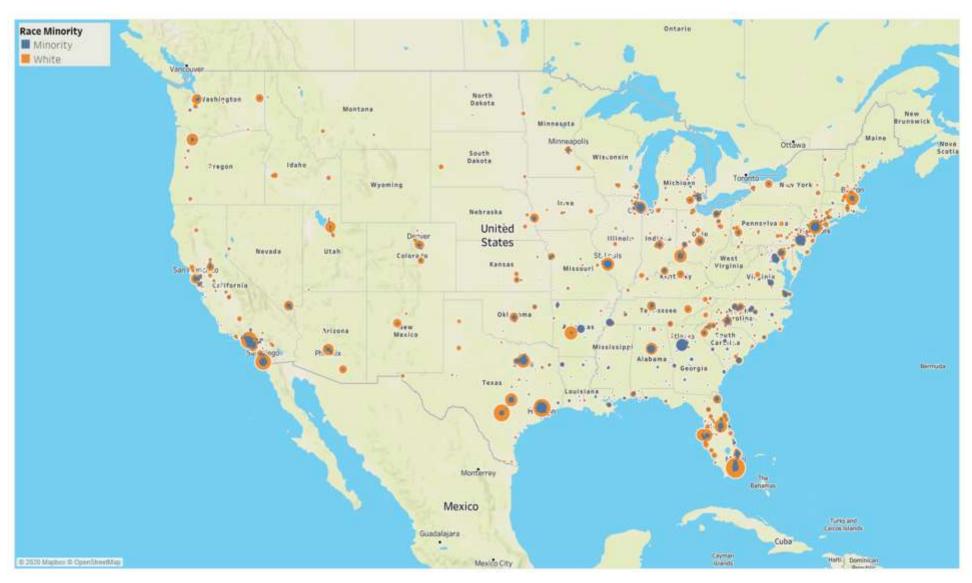




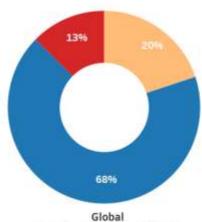




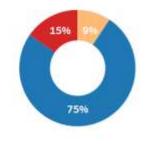
### **US Participation by Race**



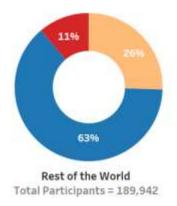
#### **Ethnicity Distribution**

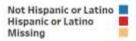




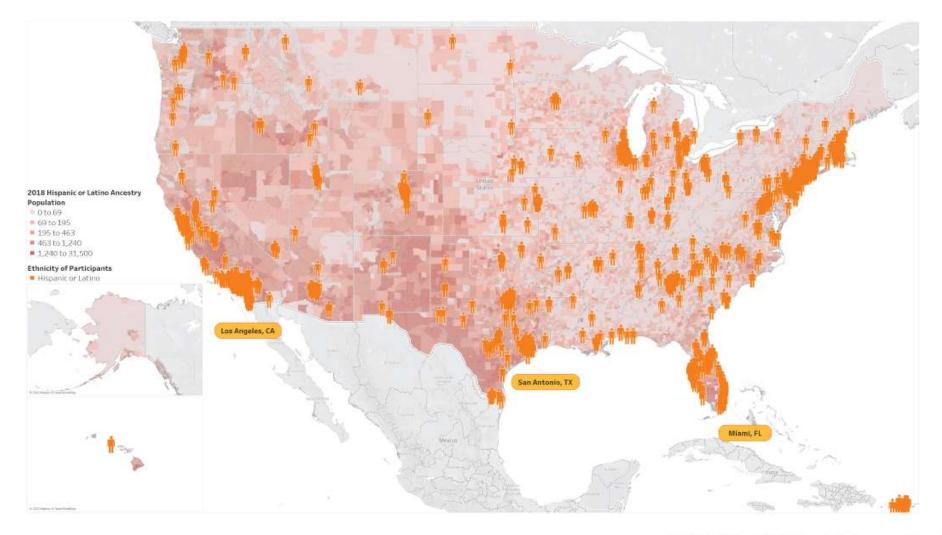


United States Total Participants = 102,595



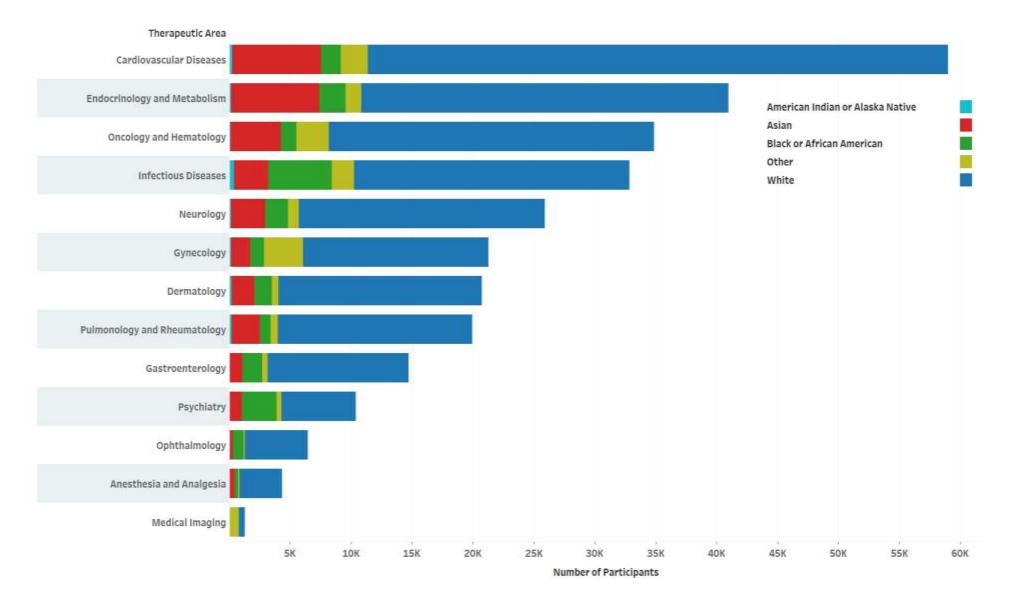


### **US Participation by Ethnicity**



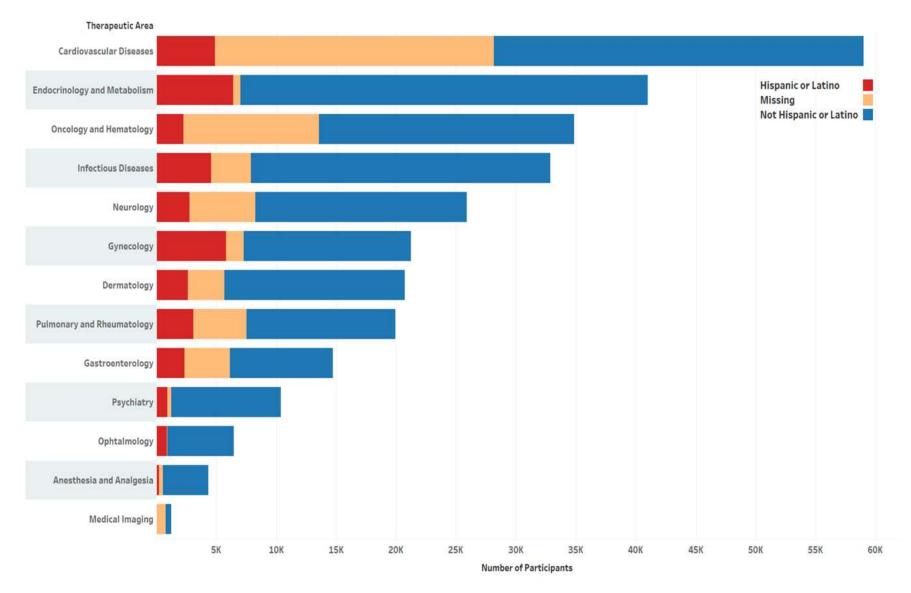
2015-2019 Drug Trials Snapshots Summary Report

#### **Race Breakdown Across Therapeutic Areas**

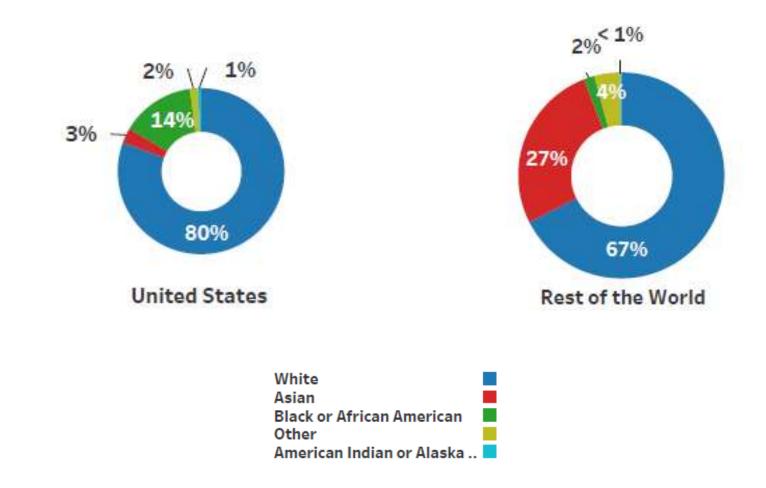


www.fda.gov

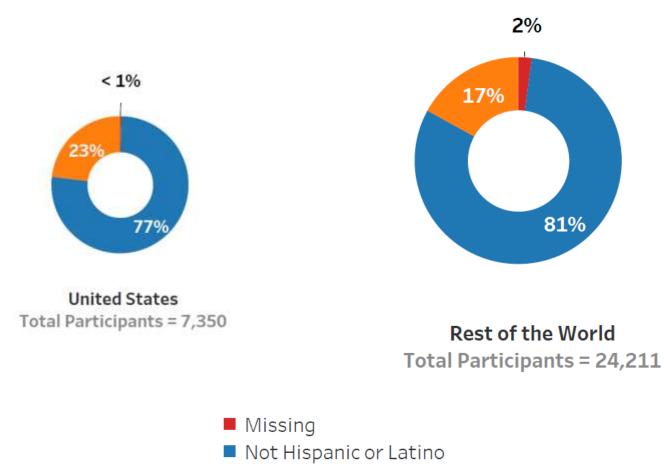
#### **Ethnicity Breakdown Across Therapeutic Areas**



#### **Race Distribution in DM Trials**



#### **Ethnicity Distribution in DM Trials**



Hispanic or Latino



### Rekha Kambhampati, MD, MHS Medical Officer, FDA



# Diversity in Kidney Disease Trials

Rekha Kambhampati, MD, MHS FDA, CDER, Office of New Drugs Division of Cardiology and Nephrology



# Outline

- Why is Diversity in Clinical Trials Important?
- African Americans and CKD
- Global Nature of Drug Development
- African American Enrollment in U.S. Trials
- Barriers to Enrollment in Kidney Clinical Trials
- Regulatory Initiatives to Address Diversity
- Enrichment in Clinical Trials



#### FDA Encourages More Participation, Diversity in Clinical Trials

#### Why is diversity in clinical trials important?

"Clinical trials, and the people who volunteer to participate in them, are essential to help the development of ways to fight illnesses.

To make sure that the FDA has a full picture of the risk or benefit of a medical product, patients enrolled in a trial should be representative of the types of patients who are likely to use the medical product if it is approved or cleared by the FDA...

...experience has shown that there can be important differences in how people of diverse groups respond to medical products. Information on those differences can then be included in the product labeling to help doctors and patients make treatment decisions.



# African Americans and CKD

- There is a disproportionate burden of kidney disease in African Americans
- In the U.S., the risk for kidney failure is 3-fold higher in African Americans compared to the general population
  - African Americans account for about 35% of U.S. dialysis patients
- The difference in risk may be due in part to genetic contributions to disease progression



# Apolipoprotein L1

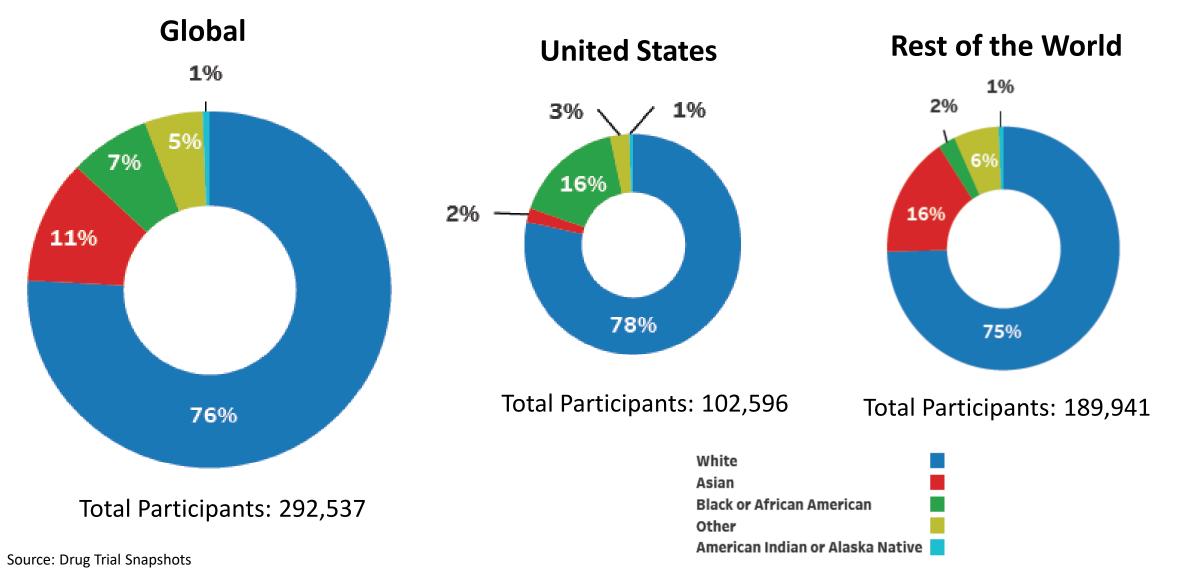
- Apolipoprotein L1 (APOL1) gene risk variants have been reported in African-derived chromosomes
- APOL1 may play a role in kidney disease
  - E.g., increased severity of kidney disease compared to the general population



# Global Nature of Drug Development

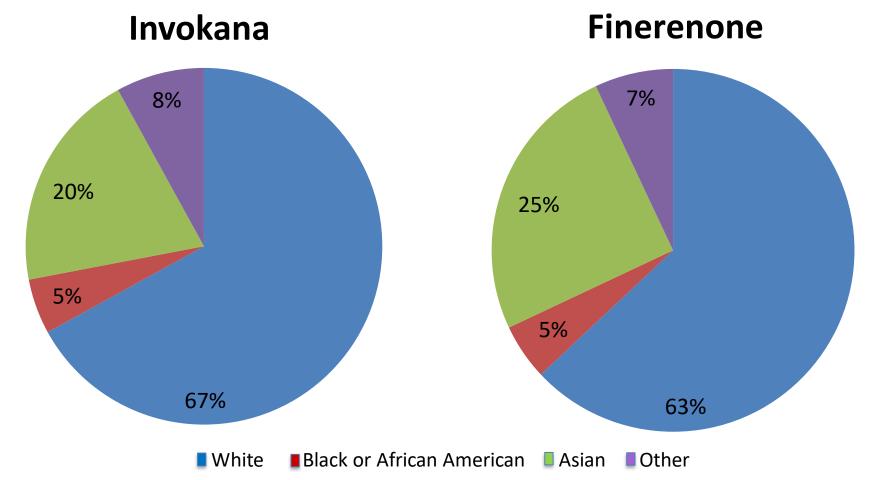
- Data supporting the efficacy and safety of drugs is often provided by international trials
- In European and Asian countries, blacks constitute a lower proportion of the population, compared to the U.S.
- This global race distribution is often reflected in clinical trials with a majority of international sites

### Race Distribution for all New Molecular Entities Approved by CDER from 2015-2019



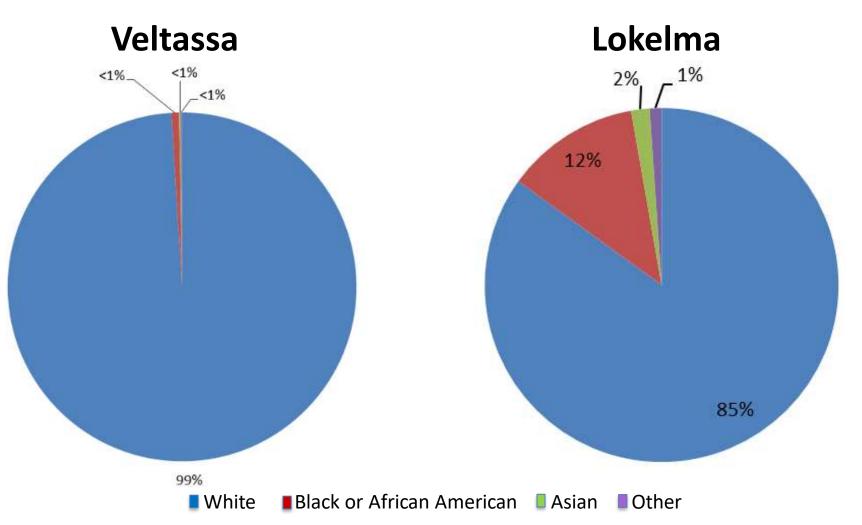
FDA

# Snapshot of Recent Trials for Diabetic Kidney Disease



Total Participants: 4401 **5% Black or African American** 16% enrollment from United States Total Participants: 5658 **5% Black or African American** 15% enrollment from United States

### A Tale of Two Different Trials for Hyperkalemia



#### Total Participants: 715 <**1% Black or African American** 9% enrollment from United States

Total Participants: 1011 **12% Black or African American** 90% enrollment from United States

Source: Drug Trial Snapshots

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FDA



## African American Enrollment in U.S. Trials

- A goal of development programs is to have the study population inform the patient population likely to use the drug in clinical practice
- African Americans constitute about 13% of the total US population
- However, African Americans constitute a higher proportion of total patients with CKD in the United States
  - Most kidney clinical trials do not reflect this distribution



## Barriers to Enrollment of African Americans in Clinical Trials

- Participants not asked/unaware of trials
- Mistrust in clinical trials
- Logistical barriers (e.g., transportation)
- Challenge for CKD trials:
  - Lack of awareness of kidney disease
    - Motivation to participate in clinical trials can be low



## Regulatory Initiatives to Address Diversity

- Requirement that sponsors analyze clinical trial data by race
- Guidance for Industry\*
- Post-marketing requirements

\*Enhancing the Diversity of Clinical Trial Populations, www.fda.gov

## FDA

# Post-Marketing Requirement Example: Entresto

- Combination neprilysin inhibitor and angiotensin II receptor blocker approved to reduce the risk of cardiovascular death and hospitalization for heart failure in patients with chronic heart failure with a reduced ejection fraction
- Warning and Precaution indicates that the drug is associated with a higher rate of angioedema in Black than in non-Black patients
- Post-marketing requirement for "an epidemiologic study...to evaluate the incidence of angioedema in Black patients treated with Entresto compared to a control drug"



## **Closing Point: Enrichment**

- There can be important differences in how people of diverse groups respond to medical products
- When a difference in treatment response is an a priori concern, the trial should ensure adequate enrollment of this group so that treatment differences can be detected if they exist



# Summary

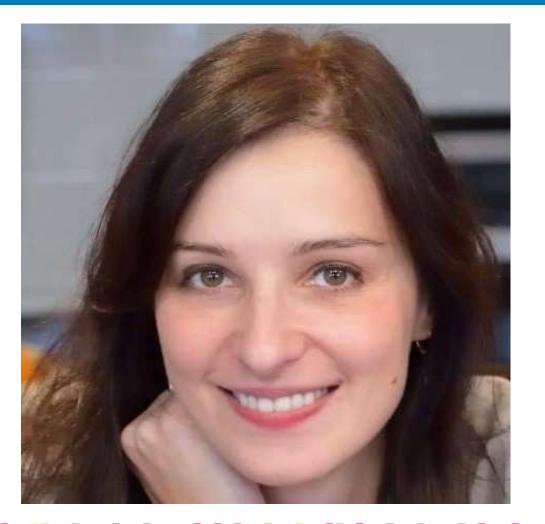
- There is a significant unmet need for safe and effective therapies for kidney disease
- African Americans have a high burden of kidney disease
- International clinical trials often reflect the global race distribution
- Enrichment of trials should be considered when there is an a priori concern that response to treatment may differ for different groups



Rekha.Kambhampati@fda.hhs.gov

## Andreea Lungu, MD Medical Officer, FDA





## Diversity in Diabetes Clinical Trials

Andreea Lungu, M.D. Division of Diabetes, Lipids and Obesity Office of New Drugs Center for Drug Evaluation and Research



# **Disclaimers and Disclosures**

• The views expressed in this talk represent my opinions and may not represent the views of the FDA

• I have no financial relationships to disclose

## Overview



- Diabetes statistics
- Drug development in diabetes
- Demographic information in recent FDA approved drugs
- Potential barriers to enrollment of minorities in diabetes clinical trials

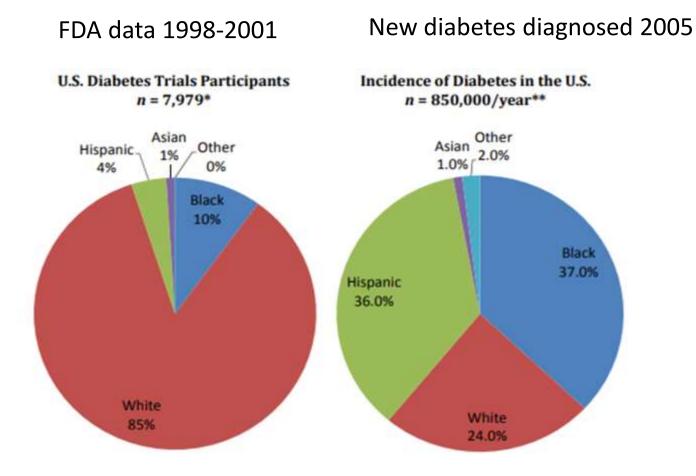
### **Diabetes statistics**



#### National Diabetes Statistics Report 2020 (CDC)

- 34.1 million adults have diabetes (13% of US adult population)
- 7.3 million adults who met the laboratory criteria for diabetes did not report having diabetes (21.4% of all adults with diabetes)
- Prevalence of diagnosed diabetes was highest among American Indians/Alaska Natives (14.7%), people of Hispanic origin (12.5%), and non-Hispanic blacks (11.7%), followed by non-Hispanic Asians (9.2%) and non-Hispanic whites (7.5%)
- Prevalence varied significantly by education level, which is an indicator of socioeconomic status - 13.3% of adults with less than a high school education had diagnosed diabetes versus 9.7% of those with a high school education and 7.5% of those with more than a high school education

## **Drug Development in Diabetes**



Source: White Paper on the Dialogue on Diversifying Clinical Trials Conference – 2011

#### **Drug Development in Diabetes**

- FDA has promoted enrollment practices that would lead to clinical trials that better reflect the population most likely to use the drug if the drug is approved
  - Enhancing the Diversity of Clinical Trial Populations Eligibility Criteria, Enrollment Practices, and Trial Designs 2020
  - Type 2 Diabetes Mellitus: Evaluating the Safety of new Drugs for Improving Glycemic Control 2020
  - Collection of Race and Ethnicity Data in Clinical Trials 2016
- CFR 314.50 The effectiveness and safety data must be presented by gender, age, and racial subgroups.

FD/



# **Drug Development in Diabetes**

- Diabetes clinical trials
  - Large, multicenter, multinational trials
  - Usually less than half of patients are from the US
  - Majority of patients are white
  - Cardiovascular outcomes trials tend to enroll older patients,
     with more comorbidities compared to glycemic efficacy trials

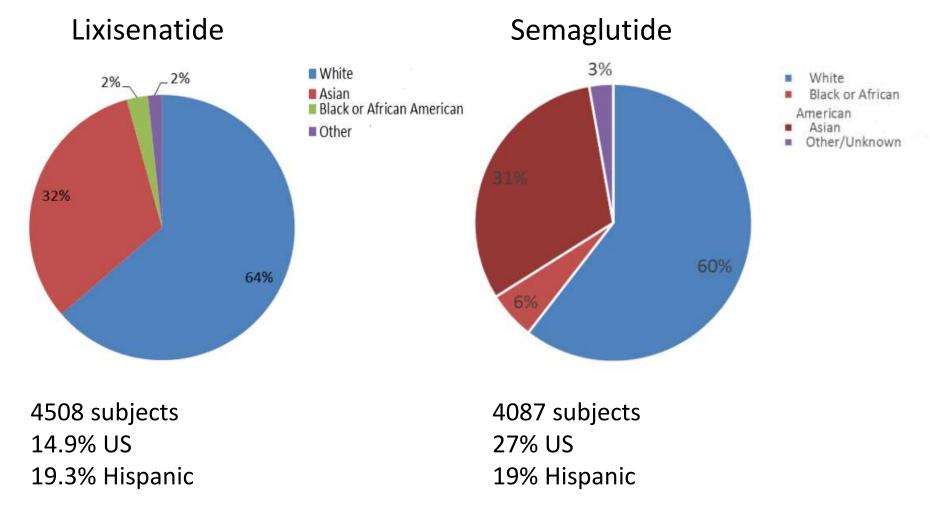


## **Diabetes Drug Approvals 2010-2020**

DPP4-Inhibitors	SGLT2i	GLP1-RA	Insulins
Linagliptin 2011	Canagliflozin 2013	Liraglutide 2010	Insulin degludec 2015
Alogliptin 2013	Dapagliflozin 2014	Lixisenatide 2016	Insulin degludec/aspart 2015
	Empagliflozin 2014	Semaglutide sc 2017	
	Ertugliflozin 2017	Semaglutide oral 2019	
T2DM			T1 and T2DM

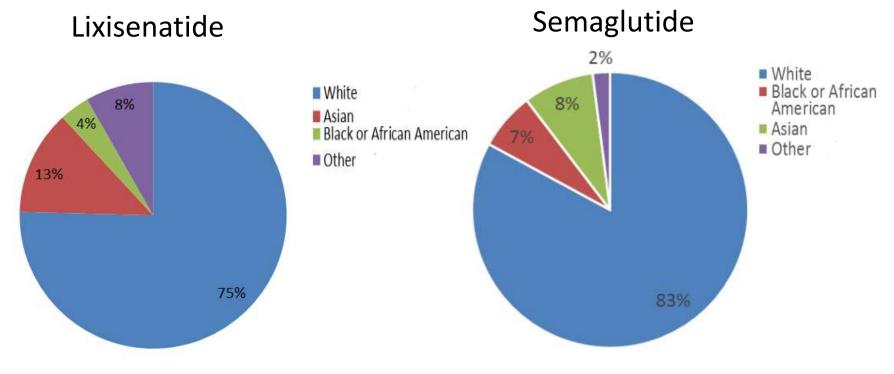
Cardiovascular outcomes trials for most of these drugs were completed and reviewed

## Demographic Information - Glycemic Control Trials



Source: FDA Drug Snapshots, drugs@FDA

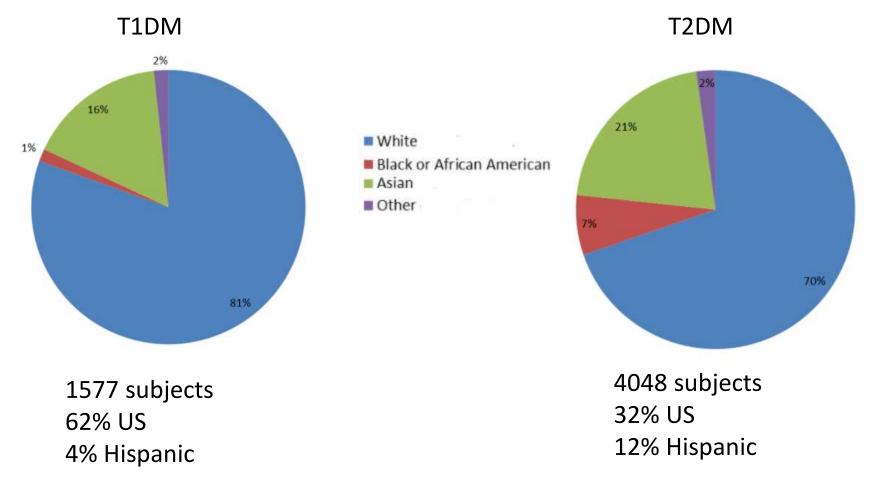
## Demographic Information -Cardiovascular Outcomes Trials



6068 subjects 13.3% North America 29% Hispanic 3297 subjects 34.5% US 15.5% Hispanic

Source: FDA Drug Snapshots, drugs@FDA

## Demographic Information - Insulin Degludec



Source: FDA Drug Snapshots, drugs@FDA

# Demographic Information in Prescribing Information

- Section 12.3 Pharmacokinetics
  - The impact of age, sex, race, ethnicity and other intrinsic factors as applicable on the pharmacokinetics of the drug
- Section 14 Clinical Trials
  - Statement regarding whether efficacy was impacted by age, gender, race, ethnicity, other variables
  - Study description includes demographic information
  - Efficacy data by subgroups is not usually presented as it is an exploratory analysis

## Potential Barriers to Enrollment of Minorities in Diabetes Trials

- Cultural (lack of trust) and socioeconomic differences
- Access to information/language barrier
- Location of clinical trial sites
- Lack of awareness that they have diabetes

# Summary

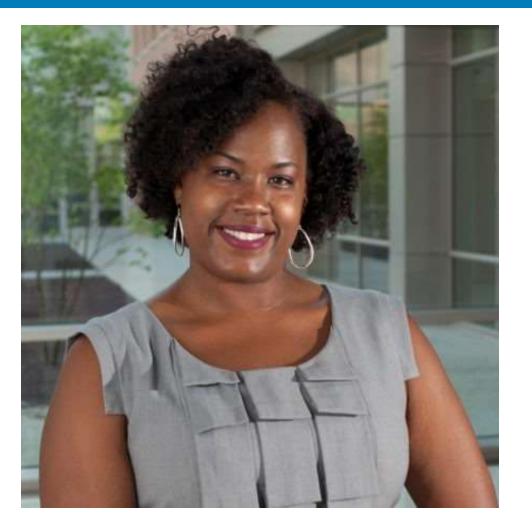
- Diabetes in the US occurs in a higher proportion of minority populations compared to non-Hispanic whites
- Clinical trials in diabetes are multinational, more patients are enrolled outside of US vs US, and a high proportion of participants are white, with no major differences between recent drug programs
- The impact of race/ethnicity on safety and efficacy is evaluated in the FDA review of new drugs, and no issues have been identified to impact indication or safety in specific subpopulations, although the size of certain subgroups limits our conclusions



### Andreea.Lungu@fda.hhs.gov

Jovonni Spinner, DrPH, MPH, CHES Senior Public Health Advisor, FDA

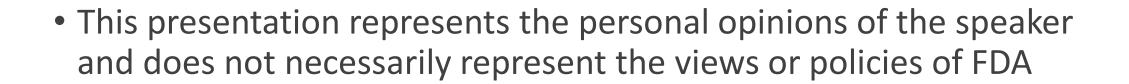




#### The FDA Office of Minority Health and Health Equity: Clinical Trial Diversity Campaign

Dr. Jovonni Spinner, MPH, CHES February 10, 2021





• No conflicts of interest to declare

## FDA Office of Minority Health and Health Equity (OMHHE)

#### Mission

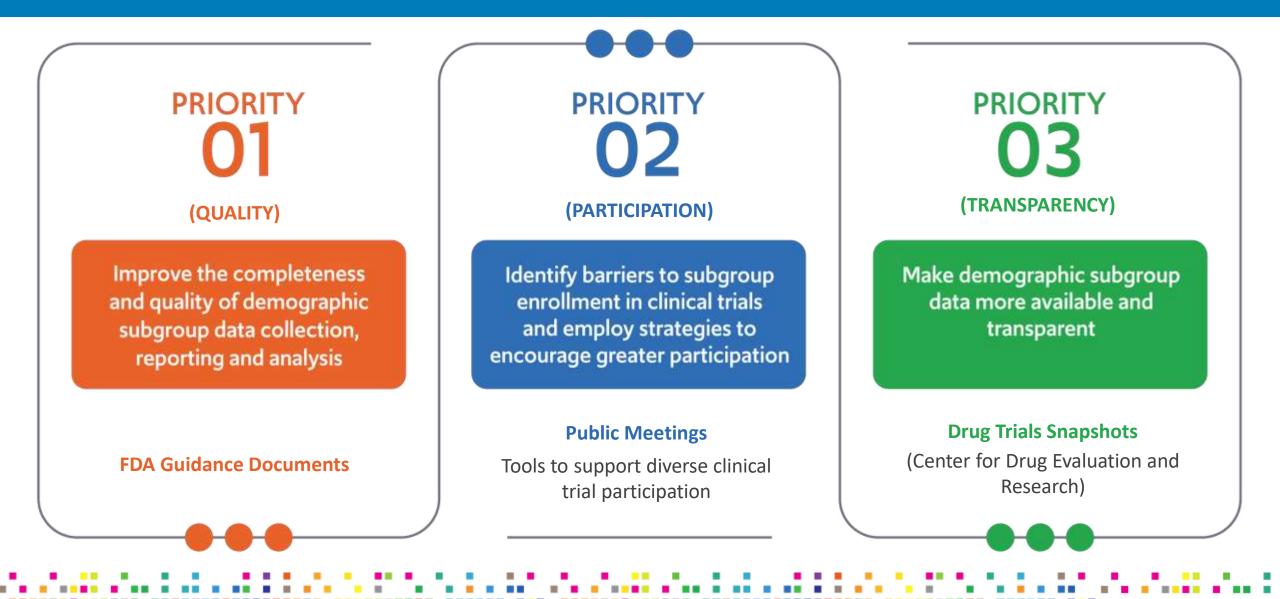
To promote and protect the health of diverse populations through research and communication that addresses health disparities.

#### Vision

To create a world where health equity is a reality for all.



#### 2012 FDA Safety and Innovation Act (FDASIA) Section 907 Action Plan Priorities & Strategies



### Clinical Trial Diversity: Why it matters?

- Racial and ethnic minorities have been historically under-represented in clinical trials
- Need representation to study the effects of medical products in the people who will ultimately use them
- Persons of different ages, races, and ethnicities could react differently to certain medical products
- To understand health disparities diseases that occur more frequently or appear differently in diverse populations



## **Diversity in Clinical Trials Initiative**



Developed an ongoing multi-media public education and outreach campaign to raise awareness around the importance of diverse participation in clinical trials.

## **Motivators for Campaign**

- Add positive reinforcement as to why minority health issues matter
- Educate consumers about key issues
- Help stimulate dialogue among peers and patient-provider





## **Diversity in Clinical Trials Campaign**



Diverse Participation in Clinical Trials Videos and Podcast

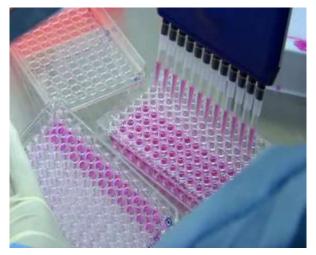












### Shirley's Story: Diversity is Critical to Making Better Medical Products

FDA



100

### **Veterans in Clinical Trials**







FDA



Veterans Health Administration Office of Health Equity

### **Diversity in Medical Device Clinical Trials Video**

FDA



102

### **Clinical Trial Diversity Resources**

#### **Clinical Trial Diversity** (A.

#### FACT SHEET

CEnical trials are research studies that determine whether medical products like medicines, vaccines, or devices are sale and effective. These studies may show which medical approaches work best for certain itnesses or groups of people

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#### U.S. FOOD & DRUG ADMINISTRATION

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Language Access

Equity

#### **Racial and Ethnic Minorities in Clinical Trials**

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Clinical trials are research studies that determine whether medical products like medicines, vaccines, or devices are safe and effective for people. Participants in clinical trials should represent the patients that will be using the medical products, though this is often not the case. Racial and ethnic minorities are underrepresented in clinical trials. This is a concern because people of different ages, races, and ethnicities may react differently to medical products. If you think a clinical trial may be right for you, talk to your doctor.

You can also search for clinical trials on Clinical Trials gov---an online database of clinical trials sponsored by FDA and the National Institutes of Health (NIH).

#### Watch this webinar for help navigating Clinical Trials gov (3)

Search ClinicalTrials.gov! Enter a word or phrase, such as the name of a medical condition or intervention. Example: Cancer AND Los Angeles Search

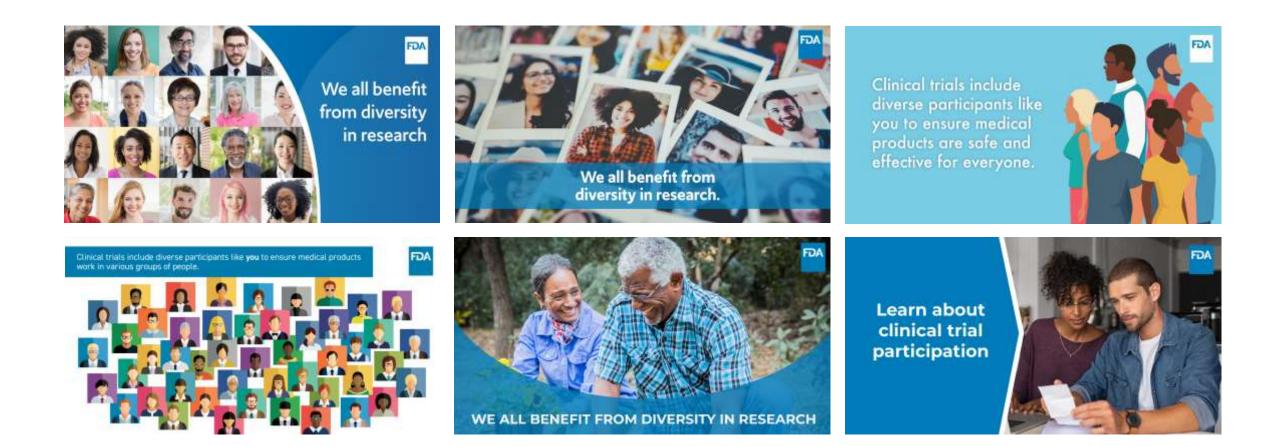
#### **Clinical Trial Resources**

- About Research Participation
- Fact Sheet: Minorities in Clinical Trials [Spanish]
- Brochure: Become a Research Volunteer! [Spanish]
- Webinar: Get to Know Clinical Trials gov! C [Slides]
- Clinical Trial Diversity Toolkit
- · Collection of Race and Ethnicity Data in Clinical Trails- Guidance for Industry and

Content current as of: 10/12/2020



# **Social Media Outreach**



## Examples of Stakeholder Engagement Activities

- The Alliance of Multicultural Physicians and FDA OMHHE Memorandum of Understanding
  - Collective of the Association of American Indian Physicians (AAIP), Association of Black Cardiologists (ABC), National Council of Asian Pacific Islander Physicians (NCAPIP), National Hispanic Medical Association (NHMA), and National Medical Association (NMA). Opportunities to collaborate on developing educational, outreach, and training initiatives for physicians and the patients they serve to advance health equity.
- Yale and FDA OMHHE Memorandum of Understanding
  - To advance the Yale Cultural Ambassadors Program, an engagement of community partners to increase diverse participation in clinical research

## **Thank You!**



Follow us at: @FDAHealthEquity

Email us at: HealthEquity@fda.hhs.gov

FDA

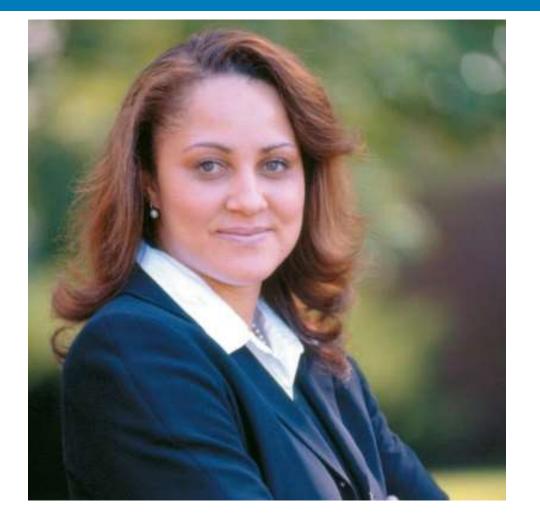
Visit us at: FDA.gov/HealthEquity



Join webinars and stakeholder calls

Tesheia Harris, MBA, MHS Deputy Director and Chief Operating Officer of YCCI and the Associate Director for Clinical Research for Yale School of Medicine





Explore barriers to diversity in clinical trials for CKD and diabetes and describe strategies to improve clinical trial diversity

The Yale Model: Community and Participant Engagement

Tesheia Harris, MBA, MHS (formerly Johnson)

Chief Operating Officer and Deputy Director , Yale Center for Clinical Investigations Director of Clinical Research , Yale University School of Medicine

#### **Integrated Approaches to Recruitment:** "Help us discover" clinical research awareness campaign Medical research changes lives. *"Help us discover"* volunteers profiles **Cultural Ambassadors** Advertising and media Clinical research recruitment call center Integrate community practices Epic telehealth engagement ic part of Clinical Research at Yale Ayúdanos a descubrir Help us discover Help us discover Clinical Research at Ya Yale Confidential - Property of Yale University School of Medicine - Reuse not permitted

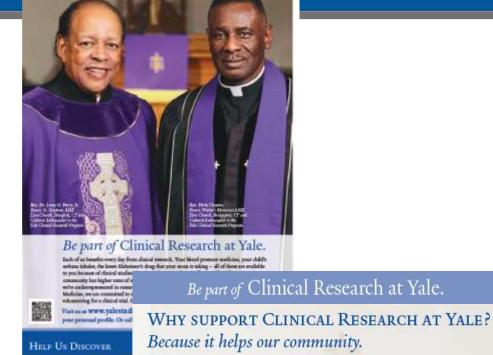
## Cultural ambassador

## Ambassador program role include:

## ✓ Bidirectional collaboration

- ✓ Express community needs, ideas, and interest
- ✓ Recruitment campaign development advice
- ✓ Recruitment plan development
- ✓ Recruitment support for special populations
- ✓ Study design support
- ✓ Translations of study material and informed consent
- ✓ Community Grand Rounds held monthly

Why do we support clinical research at Yale? Because it helps our community.

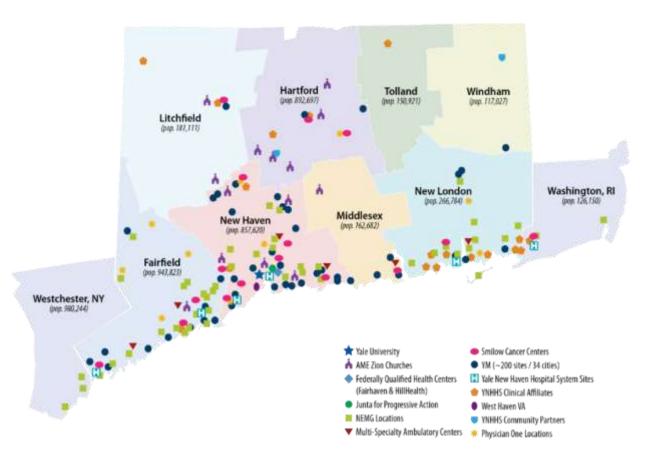


valestudies or



## Clinical Research Growth

- 8% of new patients come to Yale initially for RESEARCH
- 950% Increasing in industry research
- In FY20, more than 30% of all accrual across Yale studies was historically underrepresented populations



### **Our Partnerships**

## **FDA Office of Minority Health Equity and Yale University**

https://www.fda.gov/AboutFDA/PartnershipsCo llaborations/MemorandaofUnderstandingMOUs /AcademiaMOUs/ucm603678.htm

1. Collaborations to cultivate and advance the Yale Cultural Ambassadors

**Program** and the engagement of community partners to increase participation of diverse and historically under represented or underserved populations in clinical research.







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Memorandum of Understanding Between U.S. Department of Health and Human Services. Food and Drug Administration, Office of the Chief Scientist, Office of Minority Health, and Yale University

#### I. Purpose

The United Status Food and Drug Administration (FDA) and Vala University (New Haven, Connectaul), share internation in encentraling according to programme theorem is enclosed of according coupling in multiply would be enclosed and neogrify. Both endtuilions forespectationality from scientific training for community members, patient communities wallh care providers, academictane, and eluderite to loader a well-grounded foundation in interdisciplinary science on which actientific twenting can grow. This Memorandum of Understanding (MOU) forms the basis for the relial stations between FDA and Yale University (Vale) to promote shared interests in valious science-based assations initiatives, followships, internations, sottationis, research and scientific education

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SLIDE 111

## Bi-directional – Community priority list

### The community 2018-2019 priority list

- 1. Access to health care
- 2. Addressing health disparities
- 3. Substance abuse prevention and interventions
- 4. Violence and crime prevention
- 5. Cancer care
- 6. Asthma prevention and treatment
- 7. Obesity and related chronic medical conditions
- 8. Diabetes
- 9. Violence and crime prevention
- 10. Health promotion/activity/exercise
- 11. Infant mortality and health disparities
- 12. Mental health issues
- 13. HIV/aids prevention and treatment
- 14. Teen pregnancy and STI prevention
- 15. Community involvement in research and dissemination of results

### **Reprioritized the work FY21**

- COVID19 / Vaccine uptake
- FDA partnership
- Health access
- Other health issues
  - Depression
  - Substance abuse
  - Cancer
  - Heart disease

## Important lessons: Community partners input

### Big wins for the community and research:

- ✓ Expressed community needs, ideas, and interest
- $\checkmark$  Better studies with better participation.
  - ✓ Think about the participant: appropriate messaging, access issues (hours, research stipend, # of study visits, transportation), recruitment strategies.

## You should expect the following with engagement:

- ✓ Hard questions will be asked: This might be interesting science, but should we do this study in the community?
- ✓ Is this additional survey really necessary?
- ✓ Recruitment approaches How does the ad look to the community?
  - Examples: HIV, single parent, words "trial vs research" and "drug vs potential medicine"

## Community Engagement during pandemic

#### WAIVER OF CONSENT FOR EMERGENCY MEDICINE RESEARCH

The federal government allows emergency studies to be done with a waiver of informed consent if

- The patient is in a life-threatening situation and cannot provide consent
- Family members are not immediately available to provide consent.
- Treatment may benefit the patient with reasonable risks
- The study could not be done without the waiver
- The community agrees to participate

PreVent 2 Study

### facebook Sign Up

#### The Tom Ficklin Show | Community engagement and education for pneumonia prevention

Email or Pho



The Tom Ficklin Show | Community engagement and education for pneumonia prevention

https://medicine.yale.edu/ycci/researchspectrum/cer/research/ambassadors/tfrs/

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# Questions and Answers







## **Break**

## 1:45-2:00 p.m.







### SESSION 3: 2:00 - 3:00 p.m.

## **RWD Research in Diabetes and Chronic Kidney Disease (CKD)**



### **Moderator**



Charmaine Rochester - Eyeguokan, PharmD, CDCES (CDE), BCACP Professor, University of Maryland School of Pharmacy



### Clydette Powell MD, MPH, FAAP Designated Federal Officer, National Clinical Care Commission, Medical Officer Office of the Assistant Secretary for Health, US Department of Health and Human Services







ODPHP Office of Disease Prevention and Health Promotion

## Welcome



**Clydette Powell, MD, MPH, FAAP** Designated Federal Officer, NCCC Office of the Assistant Secretary for Health U.S. Department of Health and Human Services

## Establishing the NCCC

- Mandated by Congress in November 2017
- ASH assigned management and support of the NCCC to ODPHP in 2018
- Secretary Azar signed the Charter - April 3, 2018



THE SECRETARY OF HEALTH AND HUMAN SERVICES WASHINGTON, D.C. 20201

#### CHARTER

#### NATIONAL CLINICAL CARE COMMISSION

#### AUTHORITY

The National Clinical Care Commission (hereafter referred to as the Commission) is required under the National Clinical Care Commission Act (Public Law 115-80). The Commission is governed by provisions of the Federal Advisory Committee Act (FACA), Public Law 92-463, as amended (5 U.S.C. App.), which sets forth standards for the formation and use of federal advisory committees.

#### **OBJECTIVES AND SCOPE OF ACTIVITIES**

The Secretary of Health and Human Services (Secretary) is required to establish a committee to evaluate and make recommendations regarding improvements to the coordination and leveraging of programs within the Department and other Federal agencies related to awareness and clinical care for at least one, but not more than two, complex metabolic or autoimmune diseases resulting from issues related to insulin that represent a significant disease burden in the United States, which may include complications due to such diseases.

## The Commission's Charge

1	Federal programs of DHHS that focus on preventing and reducing the incidence of diabetes and its complications
2	Current activities and gaps in Federal efforts to support clinicians in providing integrated, high-quality care
3	The improvement in, and improved coordination of, Federal education and awareness activities
4	Methods for outreach and dissemination of education and awareness materials that (1) address the diseases and complications; (2) are funded by the Federal Government; and (3) are intended for health care professionals and the public
5	Opportunities for consolidation of overlapping or duplicative Federal programs related to diabetes and its complications

4

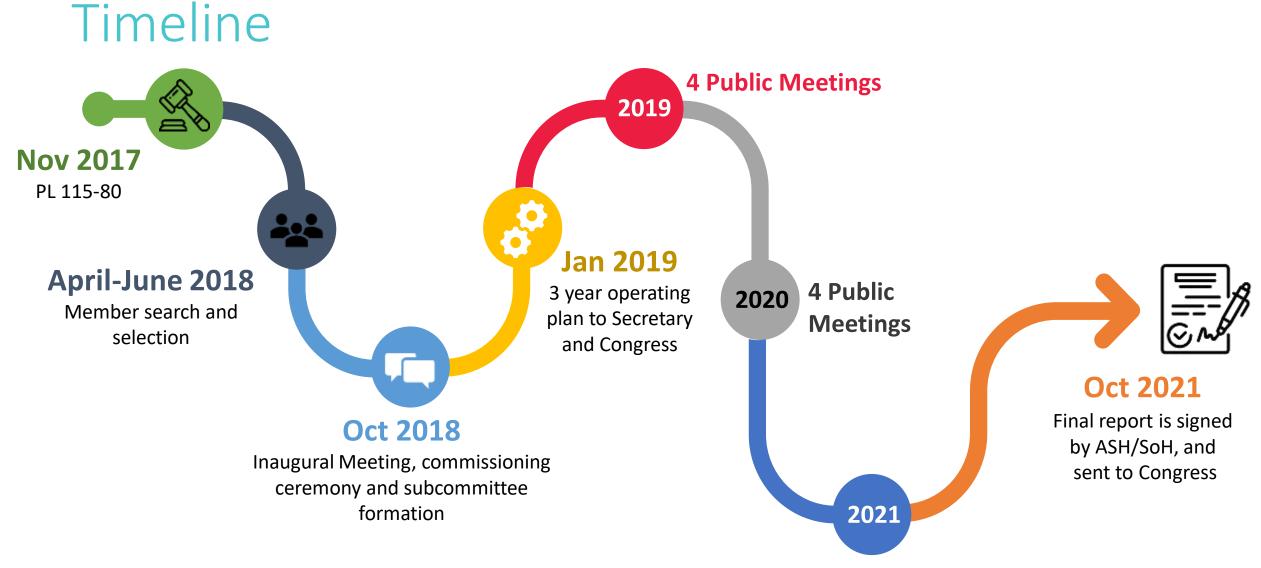
## Membership

### **Non-Federal**

- Endocrinologists
- Primary care physicians
- Non-physician health care professionals
- Patient advocates
- National experts
- Health care providers with patients without health insurance coverage

### Federal





**4 Public Meetings** 

### Prevention – General Population Recommendation Focus Areas



food supply, healthy food access, and nutrition assistance programs



sugar-sweetened beverage tax; sales in government offices, workplaces, healthcare facilities, and public spaces



trans-agency diabetes efforts



federal housing assistance and secondhand smoke exposure

### Prevention – Targeted Population Recommendation Focus Areas



Screening & Diagnosis

for prediabetes/diabetes



### to and utilization

of effective type 2 diabetes prevention intervention



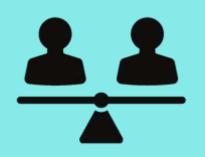
### Sustainability

of type 2 diabetes prevention over time



Develop new & more effective prevention strategies for type 2 diabetes

## Treatment & Complications Recommendation Focus Areas



Consider "**health equity** as a component of any new or revised federal policy related to diabetes"



Expand and improve federal diabetes education and support



Improve access to innovative diabetes technologies



Implement team-based care



Increase program integrity and utilization of virtual care

## https://health.gov/our-work/health-care-quality

health.gov	Our Work 👻	News & Events	About ODPHP	Search P
health gov - News & Events				
News & Events			al Diabetes Preve	
Blog	Treati	ment Progra	ams — Submit Yo	ur Comments!
News & Announcements	O Posted on	January 15, 2020 by 00#44		
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2019	1 et's work	together to improve	federal diabetes prevention an	d treatment programs in the
2018			ut the questions available for co	

## Public Comments



Public can see the FRN, read comments and submit documents



## **Register now!**

## 10<sup>th</sup> Meeting of the National Clinical Care Commission

### February 17, 2021 | 1:00- 5:30 pm EST (virtual)

Join us for the next round of **NEW** recommendations, discussion on access to care and making medications more affordable, and public comments.

Register at: <u>https://adobe.ly/39JtSfj</u>

Email OHQ@hhs.gov to submit comments and join the listserv!

Leonard Pogach, MD, MBA, FACP National Program Director Diabetes and Endocrinology, Specialty Care Services, Veterans Health Administration





VHA Data Driven Approach to Improve DM/CKD Care Organizational, Clinician Focused and Point of Care Strategies

## Disclosure

This presentation represents the perspective of the author and not that of the Veterans Health Administration. Dr. Pogach has no conflicts of interest to disclose

### Specific VA Objectives to address DM-CKD

- Key evidence-based strategies to address DM-CKD management include: (1) individualized goals that target glycemic management, blood pressure control (2) use of medications angiotensin-converting-enzyme inhibitors (ACEi) or angiotensin receptor blockers (ARB) for patients with albuminuria and hypertension; and SGLT-2i for CKD
- Utilization of National Reports to evaluate disparities (age, race, mental health, co-morbid conditions) using current and longitudinal data.
- Use of Organizational Structure to Implement Quality Improvement: [Network level (Integrated Clinical Communities]); Academic Detailing [Pharmacy Benefits Management Program]; National Initiatives [Choosing Wisely Hypoglycemic Safety Initiative]

VA Choosing Wisely Hypoglycemic Safety Initiative/DHHS National Action Plan for Prevention Adverse Drug Events: A Case Study

Hypoglycemic Safety	• Provide patients with information on symptoms, management and ways to lower their risk
Shared Decision Making (SDM)	• Give both patients and providers the skills needed for SDM, including health literacy & numeracy
A1c Goals	• Disseminate information about A1c accuracy and individualizing target ranges
Food Insufficiency	• Educate both providers and patients about potential barriers and solutions to <b>food insufficiency</b>
Medication Safety	• Ensure providers and patients have an understanding of <b>potential risks of medications</b>

### Ask About AND Document Hypoglycemia

1 5

Reminder Dialog Template: Hypoglycemia Screen

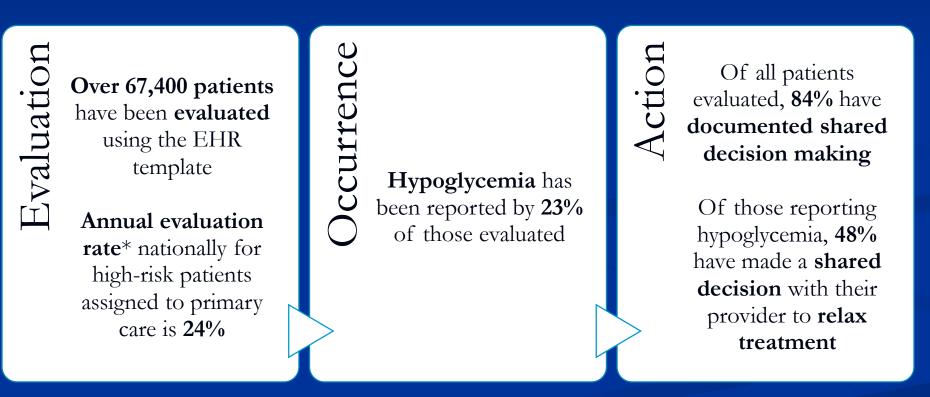
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## Tom's Story: Be Aware Ask About Low Blood Sugar

http://videos.va-ees.com/default.aspx?bctid=5476595850001



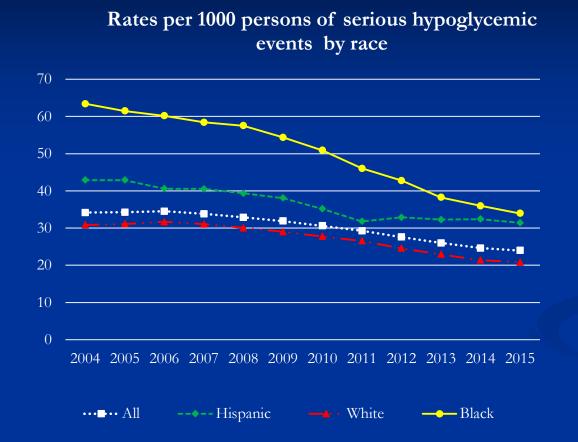
## CW-HSI Findings (National; as of Oct 2020)



\*The CW-HSI is a voluntary initiative and, as such, participation is not mandated. Measuring evaluation rates is dependent upon use of the Hypoglycemia Screening CPRS Tool, which is not a mandatory tool.

2/15/2021

Racial differences in trends of serious hypoglycemia among higher risk older adults in US Veterans Health Administration, 2004-2015: Tseng CL et al. Journal Diabetes Complications. 2020



<u>Study Design:</u> Serial cross-sectional study using VHA and Medicare data. <u>Study population:</u> Ambulatory VA patients who received secretagogues (Sec) and/or insulin (Ins) within 120 days of calendar yrs 2004-2015 and who were Medicare enrolled for one yr prior to and during the study yr. <u>Hba1c values (from VA source only):</u> Baseline HbA1c within 120 days of each study yr; updated last value before the first event or end of study yr % of patients with HbA1c <7% (53mmol/mol) decreased in all racial/ethnic groups (not shown):

- 44.2% to 32.9% (Blacks),
- 51.0% 32.6% (Whites),
- 41.3% to 28.4% (Hispanics).

The Black-White absolute rate differences among insulin users were 32.6 (63.4 vs. 30.8) in 2004 and 13.1 (33.9 vs. 20.8) in 2015;

 among non-insulin users, the differences were 25.7 (39.3 vs. 18.1) in 2004 and 10.1 (20.7 vs. 9.3) in 2015.

## Diabetes Quality Measures and for DM and CKD

Current NCQA reported diabetes measures as apply to all patients (18-75) with a diagnosis of diabetes.

Measure: Effective FY21, will be e-measures

Quality

Endocrinology/Diabetes

**Diabetes - CV Risk Management** 

DM: HbA1c poor control A1c>9%)

DM: BP LT <140/90

### VA KIDNEY SPECIFIC METRICS

	Metric	Definition	Data Source
CKD Care	Awareness	% Pts with CKD Stages 3-5 w CKD ICD 10 code/eGFR	VSSC/DM Cube
	Screening	% Pts w DM w annual eGFR % Pts w DM w annual UACR	VSSC/DM Cube
	Treatment	% Pts w CKD w BP < 140/90 mm Hg; % Pts w CKD prescribed a statin % Pts w DM & HTN prescribed RAASi % Pts w T2DM & CKD stages 1-3 prescribed SGLT2i	VSSC/DM Cube
	Safety	<mark>% Pts w DM &amp; CKD Stages 3-5 on insulin w A1c &lt;</mark> 7%	VSSC/DM Cube
ESRD Care	Prevention	Hemodialysis unit BSI rate	IPEC/Dialysis Data Mart
	RRT Preparation	% ESRD pts on hemodialysis w permanent catheter	IPEC/Dialysis Data Mart

# Data to Refine Population and Stratification

Stratification within Disease Cohort: Targeted Quality Improvement

■ Age, Sex, Race, BMI

■ Uses CPT, ICD, and stop codes for the last 24 months

- Key Laboratory Results (including A1c, BP, Cholesterol, eGFR)
  - Diabetes Complications and common co-morbid conditions: Amputation, cognitive impairment, chronic kidney disease, ESRD, Fistula, Glaucoma, Heart Failure (HF), Ischemic Heart Disease (IHD), Macular Degeneration, Nicotine, PTSD, Obesity/Morbid Obesity, Peripheral Vascular Disease (PVD), Retinopathy Serious Mental Illness, Stroke, Substance Abuse, Ulcer, and Vision Impairment
- Medications related to glycemic management, hypertension management, cardiovascular disease
- Longitudinal time views at 12 or 24 months to identify trends

## **Diabetes Prevalence**

DM Definition	#	⁰∕₀	Black		White	
Definite Diabetes				30		
	1,619,857	26%	322,738	%	1,141,801	27%
Possible Unrecognized						
Diabetes	176,976	3%	36,308	3%	119,761	3%
Possible Pre-diabetes				37		
	2,290,310	37%	395,178	%	1,658,566	39%
No Diabetes				29		
	2,116,359	34%	305,640	%	1,359,572	32%
Total	6,203,502					

## **Diabetes and Co-Morbid Conditions**

Disease Cohorts	Total	%	Black		White
None	462,476	29%	85,513	26%	326,591
Amputation	50,175	3%	10,888	3%	35,220
Cognitive Impairment	19,863	1%	3,544	1%	14,623
Dementia	65,888	4%	13,030	4%	47,045
ESRD/CKD	<mark>308,099</mark>	<mark>19%</mark>	<mark>67,933</mark>	<mark>21%</mark>	<mark>213,015</mark>
HF	192,092	12%	37,780	12%	139,005
IHD	451,370	28%	57,655	18%	356,055
Macular Degeneraration	57,669	4%	7,861	2%	45,053
PTSD	274,717	17%	70,324	22%	176,456
PVD	159,833	10%	29,191	9%	118,602
SMI	78,462	5%	21,863	7%	49,952
Stroke	128,068	8%	26,318	8%	91,408
Subabuse	141,908	9%	44,552	14%	85,256
Ulcer	82,231	5%	14,498	4%	61,435
Vision Impairment	34,571	2%	8,152	3%	23,323

# DM-CKD/BMI

BMI	Total		Black		White
<25	47,987	16%	12,513	18%	30,713
25-29.9	94,429	31%	20,399	30%	65,308
30-39.9	130,130	42%	27,507	40%	91,970
>=40	27,463	9%	5,839	9%	19,589
Not Done in					
Last 24 Mos	8,090	3%	1,675	2%	5,435
	308,099	100%	67,933		213,015

## **DM-CKD A1c Results**

A1C	Total		Black		White	
<6.5	81,535	26%	20,172	30%	54,370	26%
6.5-6.9	41,306	13%	8,522	13%	29,356	14%
7.0-7.9	64,360	21%	11,950	18%	47,099	22%
8.0-8.9	33,394	11%	6,586	10%	24,261	11%
>=9.0	28,673	9%	7,225	11%	18,794	9%
Not recorded						
last 12 months	58,231	19%	13,478	20%	39,135	18%
	307,499		67,933		213,015	

## **DM-CKD** Receiving Insulin A1c

A1C									30-	2 (
	Total	%	Black	%	White	%	<25	25-29.9	39.9	->=40
<6.5	15,886	5%	3,878	6%	10,767	5%	2,111	4,640	7,173	1,756
6.5-6.9	14,818	5%	2,851	4%	10,790	5%	1,471	4,122	7,235	1,833
7.0-7.9	35,423	11%	6,476	10%	26,029	12%	3,358	9,634	17,700	4,375
8.0-8.9	23,381	8%	4,681	7%	16,835	8%	2,255	6,091	11,804	3,010
>=9.0	22,388	7%	5,755	8%	14,665	7%	2,618	5,876	10,832	2,843
Not recorded last 12										
months	13,712	4%	2,810	4%	9,658	5%	1,795	3,818	5,896	1,415

### ACADEMIC DETAILING IN VHA

- Academic Detailing is an evidence-based intervention used to impact practice change for clinicians
  - In VHA, Academic Detailing leverages a multifaceted intervention which includes one-on-one educational outreach, audit and feedback, barrier resolution, and practice facilitation to support clinicians to make change effectively for improving Veterans health outcomes
- >10-year history in VHA
  - >100,000 educational outreach visits with >35,000 VA staff by predominantly clinical pharmacists (~70 FTEE in FY20)
- Demonstrated to improve AUD pharmacotherapy<sup>1</sup>, increase naloxone prescribing<sup>2</sup>, reduce BZD prescribing <sup>3,4</sup>, and more!
- Resources are developed nationally by the VACO PBM Academic Detailing Service including training, educational materials, and daily updated data tools
  - Educational materials are designed to focus on clinical "key messages" rather than provide comprehensive disease state management
  - Dashboards & reports are designed to align with educational materials to identify specific actionable patients, their providers', and quarterly trends

### **TYPES OF DATA RESOURCES**







#### Dashboard/Scorecard

- High level, aggregate of data
- Often in a scorecard/metric format
- Audience: Admin/leadership

#### **Priority Panel Report**

- Pivoted dashboard by clinician panels
- Audience: Detailers

#### **Patient Report**

- Actionable, patient-centered data relevant to report's clinical focus; can be a simple summary or provide detailed information
- Audience: Clinicians/Detailers

#### **Trend Reports**

- Trends of metric progression over time
- Often can be viewed at National, VISN, Facility, and Provider levels
- Audience: Admin/Detailers

### **EXAMPLE DIABETES PATIENT REPORT**

<ul> <li>Specific</li> <li>Actionable</li> <li>Patient Cohorts</li> </ul>					
Est. T2DM	Potential Intervention(s)	•	BMI ≑		
1.7	Check Labs: • A1c • Urine Protein Review DM Regimen: • Add Metformin (eGFR >45 & A1c >=7) • Add Insulin: A1c >= 10		37.9		
6.4	Check Labs: • A1c • Urine Protein • SCr A1c >= 10: • Not seen within past 90 days & no scheduled appt		29.1		
6.8	Check Labs: • Urine Protein • SCr Review DM Regimen: • Add Insulin: A1c >= 10 Consider statin		23.2		

Primary Care Provider(s)
Optional - All
Accorite Dravidar(c)
Associate Provider(s)
Optional - All
A1c Range (Lower, Upper); All = X
6.5, 30
Cohort(s) of Interest
All T2DM Patients
(Select All)
All T2DM Patients
Consider Metformin
Consider Basal Insulin: A1c >= 10
Consider D/C SU: On prandial insulin
Consider Switching to Empagliflozin
Check renal DM meds
Consider SGLT2 then GLP1 for ASCVD
Consider SGLT2 for HF (no CKD/ASCVI
Consider SGLT2 then GLP1 for HF w/C
Consider SGLT2 then GLP1 for CKD
Consider Evaluating w/Hypoglycemia S
Hypoglycemia/Fall < 1 Yr
On U500 Insulin: Monitor
On GLP1: No Prior SGLT2

#### Academic Detailers utilize this to identify patients to discuss with providers.

**Providers** may use it to manage their patient panel.

#### Administration

may use it to identify other medication safety concerns.

# Questions?



Contact Information: Leonard.Pogach@va.gov





# The Use of Real-World Data/Evidence to Improve Minority Health



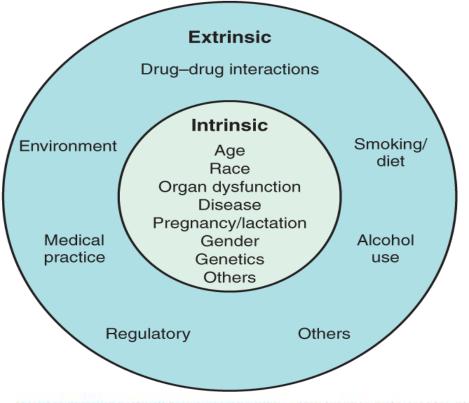


- Conflict of Interest: I have no competing interests for this work
- The views expressed are those of the author and do not reflect official policy of the FDA

# Key Clinical Pharmacology Issue: Finding the Right Drug at the Right Dose at the Right time for Each Patient

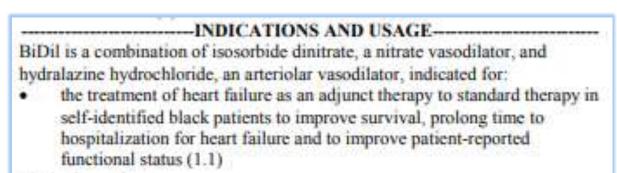
Is This the Drug or Dose for You?: Impact and Consideration of Ethnic Factors in Global Drug Development, Regulatory Review, and Clinical Practice

S-M Huang<sup>1</sup> and R Temple<sup>2</sup>



CLINICAL PHARMACOLOGY & THERAPEUTICS VOLUME 84 NUMBER 3 SEPTEMBER 2008

 Differences in response to medical products have been observed in racially and ethnically distinct subgroups of the US population.

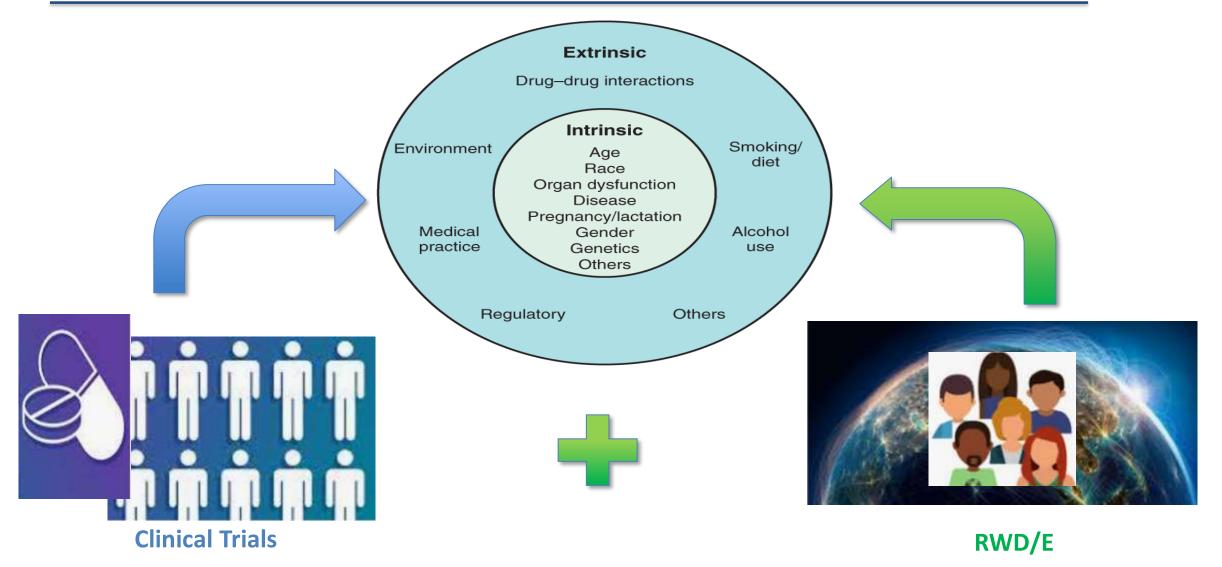




#### Clinical Pharmacology & Therapeutics (2009) 86 6, 683.

# Can RWD/E Augment Trial Data to Evaluate the Impact of Intrinsic and Extrinsic Factors on the Drug Response?





## **Challenges with the Use of Real-World Data**

- Data quality and completeness
  - Many RWD sources were not built for research purpose
  - Various information for a patient may exist in different electronic systems that lack crosscommunication
- Unstructured data
- Potential confounding and bias
  - Lack of randomization
- Need for common data platforms and data standards

- The research using RWD can be challenging
- Regulatory research is needed for us to learn where RWD can be helpful and to develop best practice









- Case 1: Renal/Hepatic Dysfunction and Clinical Outcomes in Cancer Patients Treated with Immune Checkpoint Inhibitors
- Case 2: Pneumonitis Incidence in Patients with Non-Small Cell Lung Cancer Treated with Immunotherapy or Chemotherapy in Clinical Trials and RWD

Common characteristics of the 2 cases:

- Collaboration projects
- Both clinical trial data and RWD were analyzed
- Analyses protocol discussed and developed upfront
- Generally consistent results from RWD and clinical trial data

https://ascopubs.org/doi/10.1200/JCO.2019.37.15\_suppl.2569

AACR annual meeting 2020; https://www.ascopost.com/videos/aacr-virtual-annual-meeting-2020/qi-liu-on-pneumonitisimmunotherapy-and-chemotherapy-in-nsclc/

### **OCP Collaborates with OMHHE for Minority Health and Health Equity**

FDA

- Common goal: optimizing the therapeutic outcome for minority populations
- Common interest: using **quality data from various sources** and **novel data analytics** to better characterize and predict treatment outcome for diverse population
- Current collaboration projects:
  - Diabetes
  - Cardiovascular disease
  - COVID19



### Ongoing Project: Assessing Disparities in Occurrence and Outcomes of Type 2 Diabetes Adverse Drug Events in Minority Populations Using RWD



- An ongoing CERSI project: FDA in collaboration with Johns Hopkins University Bloomberg School of Public Health (Drs. Hadi Kharrazi & Jonathan Weiner)
- African Americans and Hispanics are 70% more likely to be diagnosed with diabetes compared to non-Hispanic whites
- The National Action Plan for Adverse Drug Event Prevention (NAPADEP) identified 3 key drug classes as initial targets:
  - Anticoagulants (primary ADE of concern: bleeding)
  - Diabetes agents (primary ADE of concern: hypoglycemia)
  - Opioids (primary ADE of concern: accidental overdoses, oversedation, respiratory depression)
- Several patient populations may be especially vulnerable to ADEs, including
  - Pediatric patients
  - Older adults
  - individuals with low socioeconomic status or low health literacy,
  - those with limited access to health care services,
  - certain minority races or ethnic groups

#### https://health.gov/our-work/health-care-quality/adverse-drug-events/national-ade-action-plan

### Ongoing Project: Assessing Disparities in Occurrence and Outcomes of Type 2 Diabetes Adverse Drug Events in Minority Populations Using RWD



- Aim 1: Improve the identification of severe hypoglycemia (SHG) events in ambulatory EHRs and claims.
- Aim 2: Compare SHG events across races/ethnicities and various social determinants of health (SDH) factors (e.g., housing instability, food insecurity, transportation challenges)
- Aim 3: Identify key disparity factors associated with increased likelihood of SHG among African American patients (after adjusting for clinical comorbidities).
- Aim 4: Discover contextual patterns (using EHR's free-text) associate with higher rates of SHG among different minority and special-need populations.
- Aim 5: Explore applicability of methods to other areas

Project is ongoing, report is expected in 2022.





- RWD/E can be used to augment clinical trial data in the evaluation of the impact of various intrinsic and extrinsic patient factors on treatment outcome.
- FDA is committed to using quality data from various sources and novel data analytics to better characterize and predict treatment outcome for minority population, and to improve health equity.

### Acknowledgement

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- Elyse Lasser
- Rachel Jones



### Jenna Norton, PhD, MPH Associate Director, Division of Kidney, Urologic, and Hematologic Diseases





The e-Care Plan for People with Multiple Chronic Conditions Project: Opportunities to Advance Health Equity

Jenna Norton, MPH

National Institute of Diabetes and Digestive and Kidney Diseases

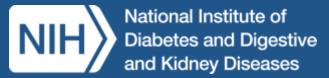
jenna.norton@nih.gov



## Agenda

- Race, place & health equity
- Overcoming challenges to health data infrastructure
- Multiple Chronic Conditions e-Care Plan Project
  - Applications for health equity





## RACE, PLACE AND HEALTH EQUITY



## Race & ethnicity: poor proxies for genetics

- Americans who identify as Black:
  - ~25% of ancestry informative markers reflect non-African origin
- Americans who identify as Hispanic/Latino:
  - ~65% European ancestry, ~18% Native American ancestry, ~6% African ancestry
- Diverse admixture reflects:
  - European colonization
  - Enslavement of Black Americans
  - Race classification structures perpetuated by the "one-drop rule"

Lee, et al. *J Genetics* 2010;**89**(4):417-23; Rotimi. *Nature genetics* 2004;**36**(11 Suppl):S43-7; Yudell, et al. *Science* 2016;**351**(6273):564-65; Jones & Bullock. Washington, DC: The U.S. Census Bureau, 2012; Bryc, et al. Bio Rxiv 2014; Liz. *Crit Philos Race* 2018;6(2):239–61; Williams & Sternthal. *J Health Soc Behav* 2010;51(Suppl):S15–27; Roberts. *J Law Med Ethics* 2008;36(3):537–45



# Racial/ethnic segregation perpetuates differential access to social determinants of health

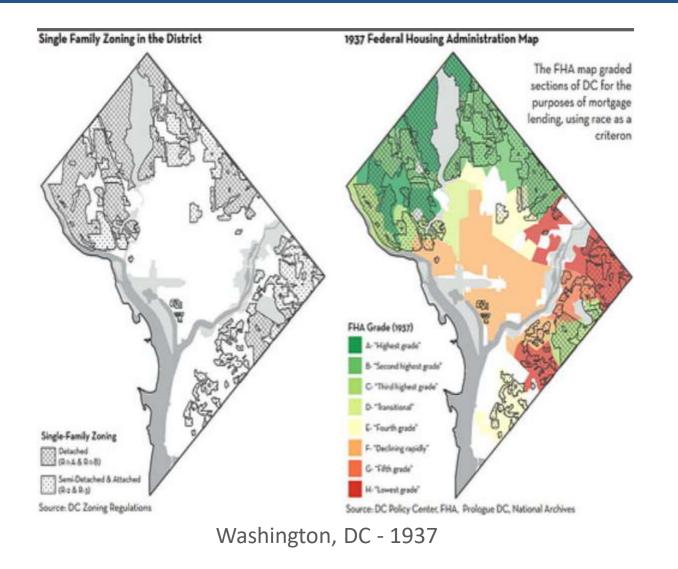


- U.S. neighborhoods remain substantially segregated by race and ethnicity.
- Racial segregation and poverty often overlap
- WHY are our communities segregated?

Iceland et al. *Demography* 2013; Logan, et al. *Demography* 2004; Annie E. Casey Foundation. Baltimore, MD, 2014



## Place Matters: Legacy of Racial Segregation



#### **Government Policy and Segregation**

- "Redlining"- federal policy that supported systematically denying mortgage loans to African Americans and excluding them from neighborhoods during a critical period of suburbanization
- Perpetuated residential segregation and poverty, inequitable access to opportunity and resources, and health inequities



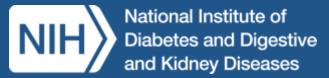
## Place Matters: Legacy of Racial Segregation



Babies born to mothers in Maryland's Montgomery County and Virginia's Arlington and Fairfax Counties can expect to **live 6-7 years longer** than babies born to mothers in Washington, D.C. – –

just a few subway stops away

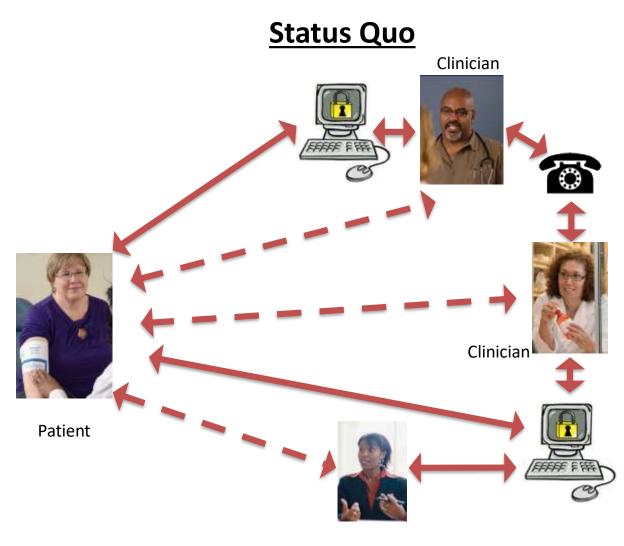




## OVERCOMING CHALLENGES TO HEALTH DATA INFRASTRUCTURE

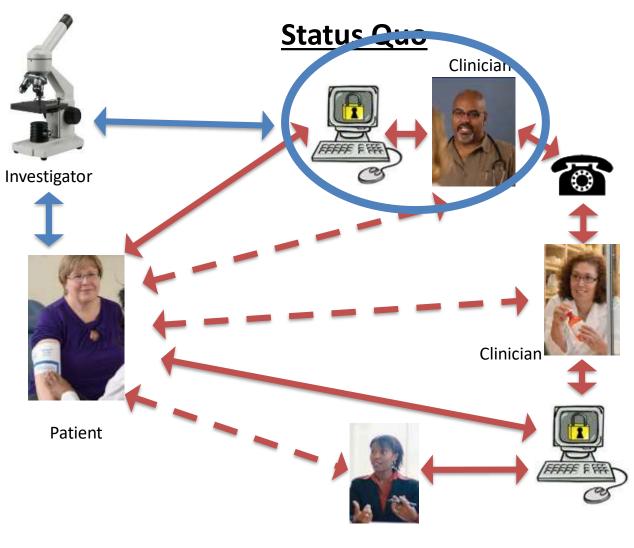


# Lack of infrastructure to share patient data across settings impedes clinical care



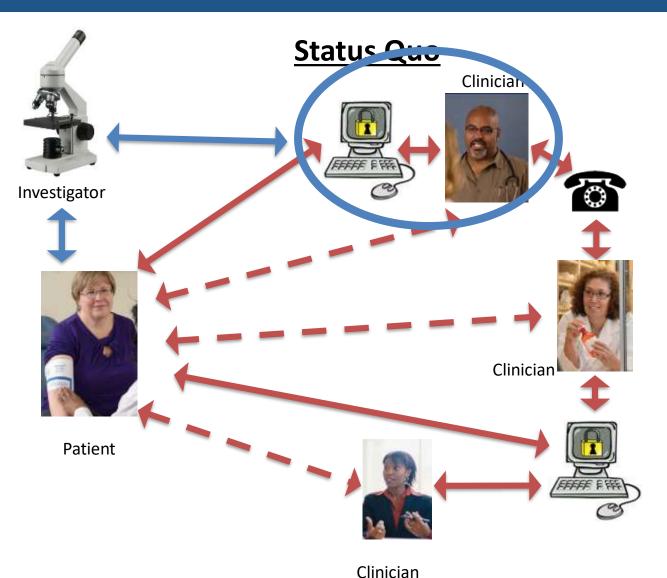
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# Lack of infrastructure to share patient data across settings impedes clinical care <u>and research</u>



Clinician

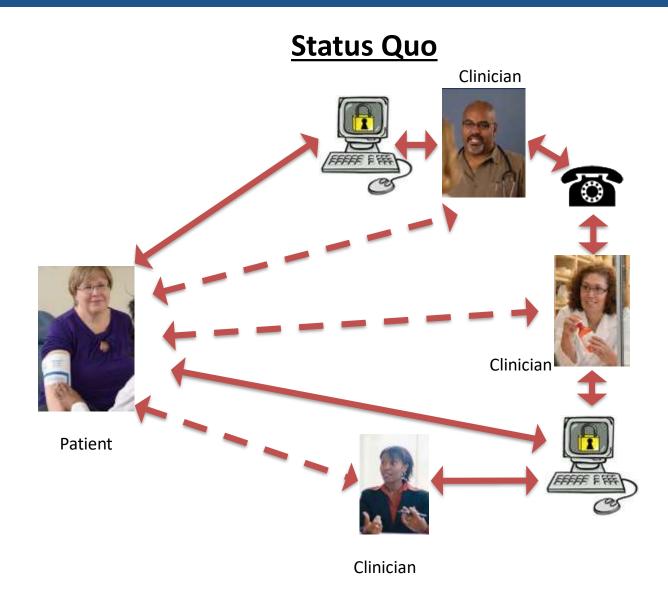
# Lack of infrastructure to share patient data across settings impedes clinical care <u>and research</u>

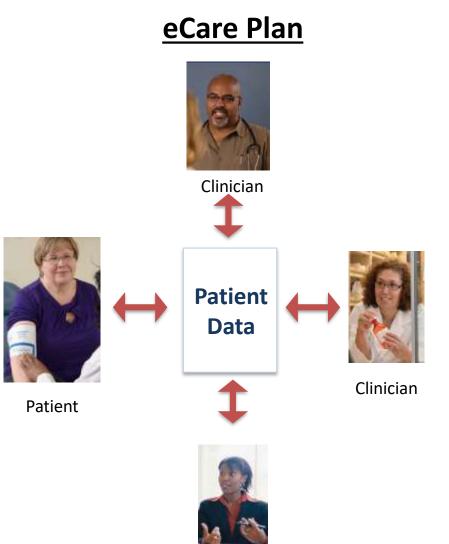


Challenges may be exacerbated in underserved communities due to:

- Reduced access to primary care
- Inconsistent health coverage
- Housing insecurity & transiency
- Higher prevalence of multiple chronic conditions

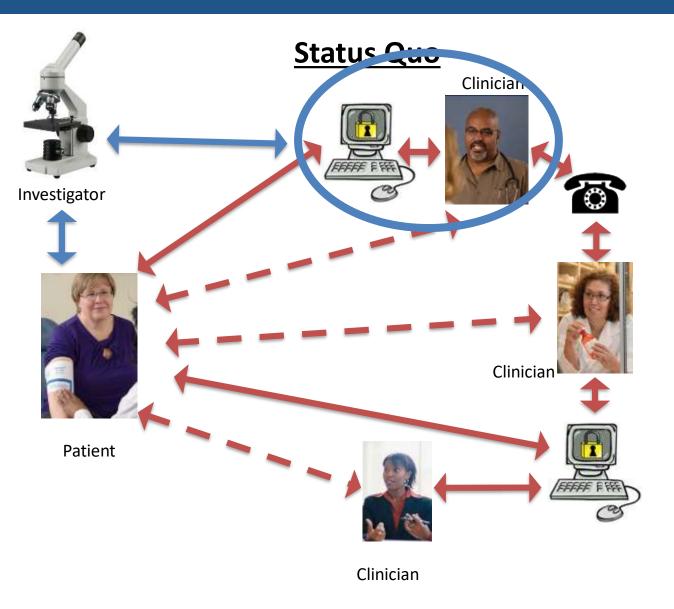
The e-care plan uses data standards to enable access to/sharing of comprehensive, person-centered information

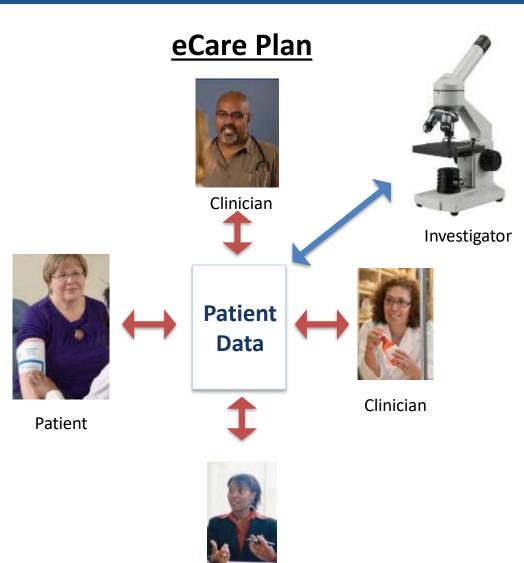




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The e-care plan uses data standards to enable access to/sharing of comprehensive, person-centered information





Clinician

## THE E-CARE PLAN FOR MCC PROJECT



## NIDDK/AHRQ e-Care Plan for Multiple Chronic Conditions Project

Build capacity for pragmatic, patient-centered outcomes research by developing an **interoperable electronic care plan** to facilitate aggregation and **sharing of critical patient-centered data** across **home-**, **community-**, **clinic-** and **research-** based settings for people with **multiple chronic conditions** (MCC)







## NIDDK/AHRQ Project Deliverables

- **1. Standardized data elements** for diabetes, chronic kidney disease, cardiovascular disease & chronic pain
- 2. Clinical information models/FHIR profiles to specify data structure & semantics for storing all data elements in health IT systems
- **3.** HL7 FHIR implementation guide to support MCC e-Care Plan development & implementation activities -- balloted as a standard for trial use
- 4. Pilot tested patient- & clinician-facing e-care plan applications that integrates with the EHR to pull, share, display and collect key patient data

\* All deliverables will be open-source & freely available



## Applications for health equity

- MCC disproportionately impact poor/underserved communities
- Heightened care coordination needs due to transitions in care providers
  - MCC requires multiple providers across multiple settings
  - Reduced access to primary care
  - Inconsistent health coverage
  - Housing insecurity & transiency
- Inclusion of social determinants of health data
  - Enable social risk informed and social need targeted care
- Limited application for populations without access to care



## It takes a village!!

- **Contract Team**: Cognitive Medical Systems, EMI Advisors, RTI International, Oregon Health Services University
- **Technical Expert Panel**: Patients, caregivers, internal med/ primary care, nephrology, cardiology, pain medicine, addiction medicine, geriatrics, psychology, nursing, social work, pharmacy, public health/health policy, clinical/health informatics, developers/vendors
- Federal partners: Agency for Community Living, Centers for Medicare & Medicaid Services, Health Services & Research Administration, Indian Health Service, National Cancer Institute (PROMIS), National Heart Lung and Blood Institute, National Institute on Aging, National Library of Medicine, Office of the National Coordinator for Health IT, Patient-Centered Outcomes Research Institute, Veteran's Health Administration
- Monitoring Board: patients, clinicians, researchers, payers, informatics, policy, developers, vendors, health systems
- **HL7**: Patient Care Work Group (sponsor), Clinical Decision Support & Learning Health System (co-sponsors)
- **Complementary efforts**: Gravity, eLTSS, PACIO, MedMorph, Care Plan DAM, and many more!
- You? <u>https://ecareplan.ahrq.gov/collaborate/</u>



# National Institute of Diabetes and Digestive and Kidney Diseases





# Questions and Answers









## Closing remarks 3:00 - 3:05 p.m.