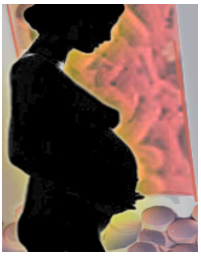


***Successful Prediction of Fetal Exposure to
Transported and Non-transported
Drugs Using In Vitro Studies and PBPK M&S***

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The Pregnant Woman and Her Fetus are Drug Orphans



Medication use in pregnancy is prevalent

- Up to **80%** of pregnant women take drugs during pregnancy
- **90%** of drugs lack **approval** for use in pregnancy
- Some drugs are administered to pregnant women to treat the fetus (e.g. corticosteroids, HIV drugs)

Fetal/neonatal safety and efficacy of drugs is difficult (or often impossible) to determine, but:

- Fetal/neonatal safety/efficacy is driven by **fetal drug exposure**, which in turn is driven by:
 - Maternal drug exposure
 - Placental transport (often significant) or metabolism (usually negligible)
 - Fetal metabolism (usually negligible)



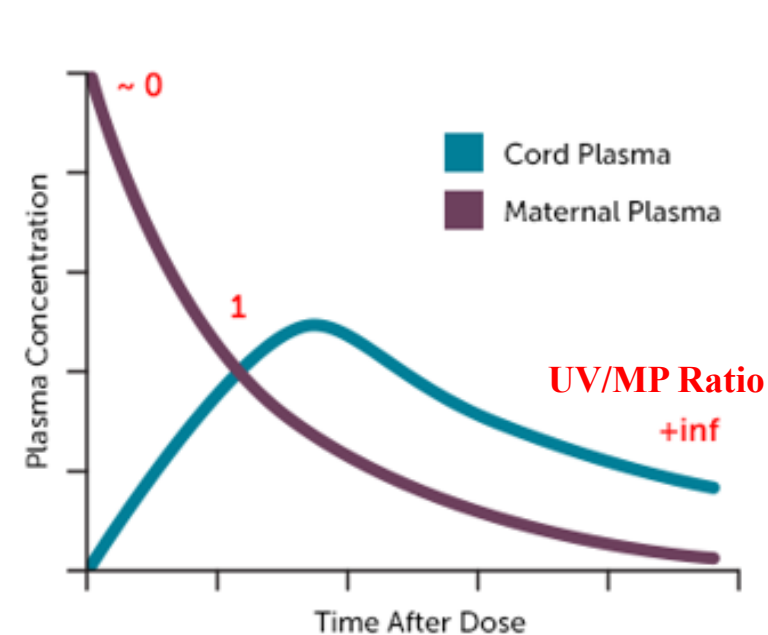
How can we Assess Fetal Drug Exposure?

Difficult Though Possible



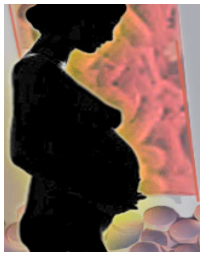
Fetal blood/plasma can be sampled **only once and only at term** (from umbilical vein, UV or artery - UA)

- Umbilical vein plasma/maternal plasma (UV/MP) drug concentration ratio **at term** is often **incorrectly** interpreted as a measure of fetal drug exposure



Correct “relative” Fetal Drug Exposure is: $K_{p,uu} = \frac{f_{u,f} \times AUC_f}{f_{u,m} \times AUC_m}$

- $K_{p,uu} = 1$ for passively diffusing drugs, but <1 for those that are effluxed; need to also predict fetal C_{max}
- can be obtained by pooling term data from multiple maternal-fetal dyads; but impossible $<$ term
- therefore, alternative methods are needed to **predict**, rather than measure, $K_{p,uu}$

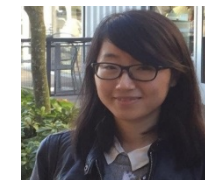
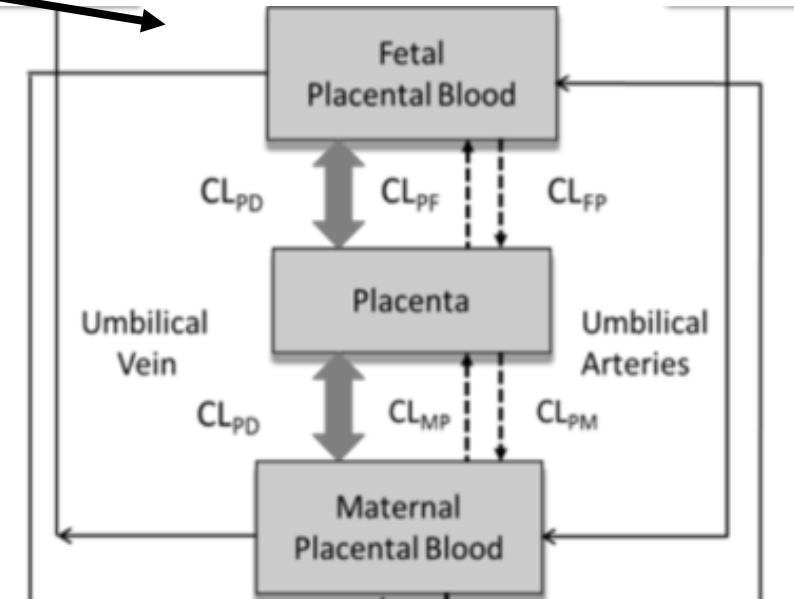
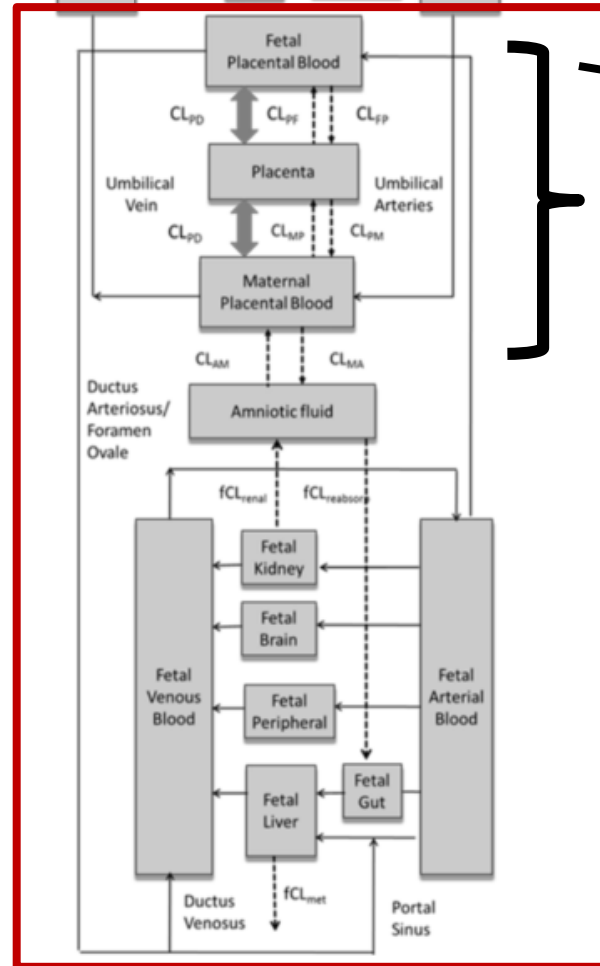
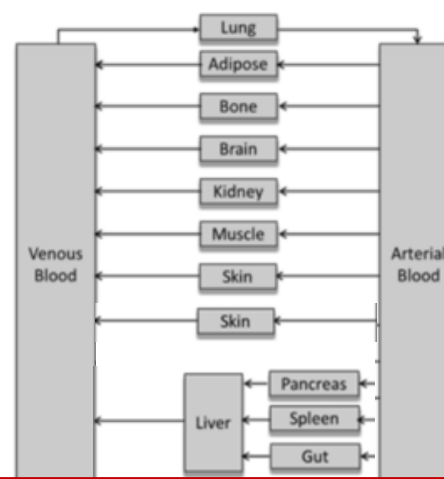


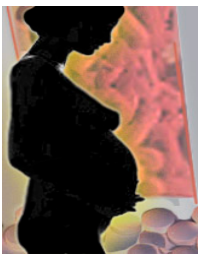
Maternal-Fetal PBPK (m-f PBPK) Model to Estimate $K_{p,uu}$



Incorporates changes in all gestational –age dependent physiological parameters including changes in:

- Cardiac output and organ blood flows
- Plasma proteins and plasma protein binding of drugs
- Activity/abundance of drug metabolizing enzymes or transporters including in the **placenta**





Successful Prediction of Fetal Exposure to Drugs that Passively Cross the Placenta using our M-F PBPK Model

UNIVERSITY of WASHINGTON

Model Verification using passive diffusion drugs

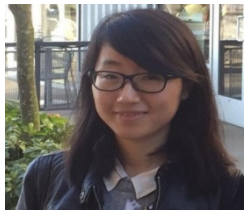
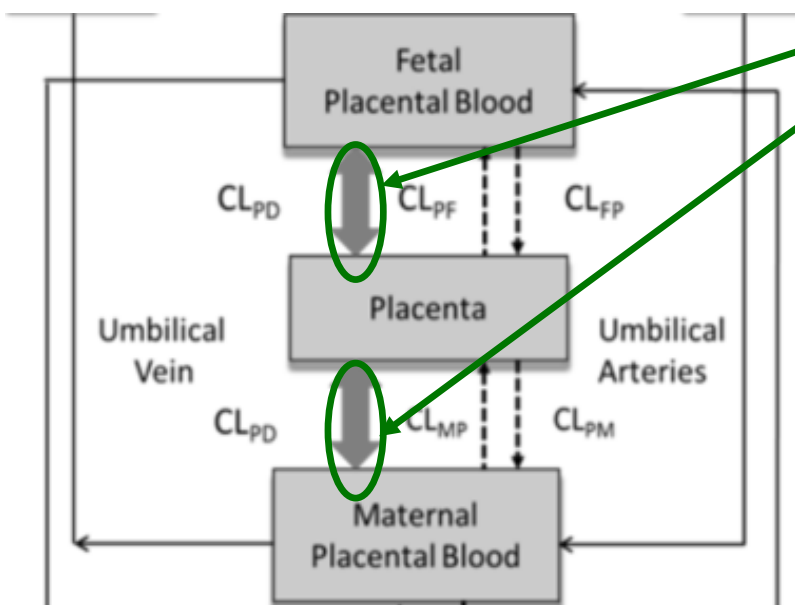
Theophylline Maternal (Ron et al, 1994)

Fetal (200mg theophylline dosed orally prior to C-section, 1A2 substrate)

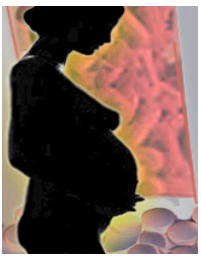
Zidovudine Maternal (O'Sullivan et al, 1993)

Fetal (Zidovudine was dosed to term women 5 times a day followed by a 1-h IV infusion, UGT2B7 substrate)

Zhang et al., DMD 2017

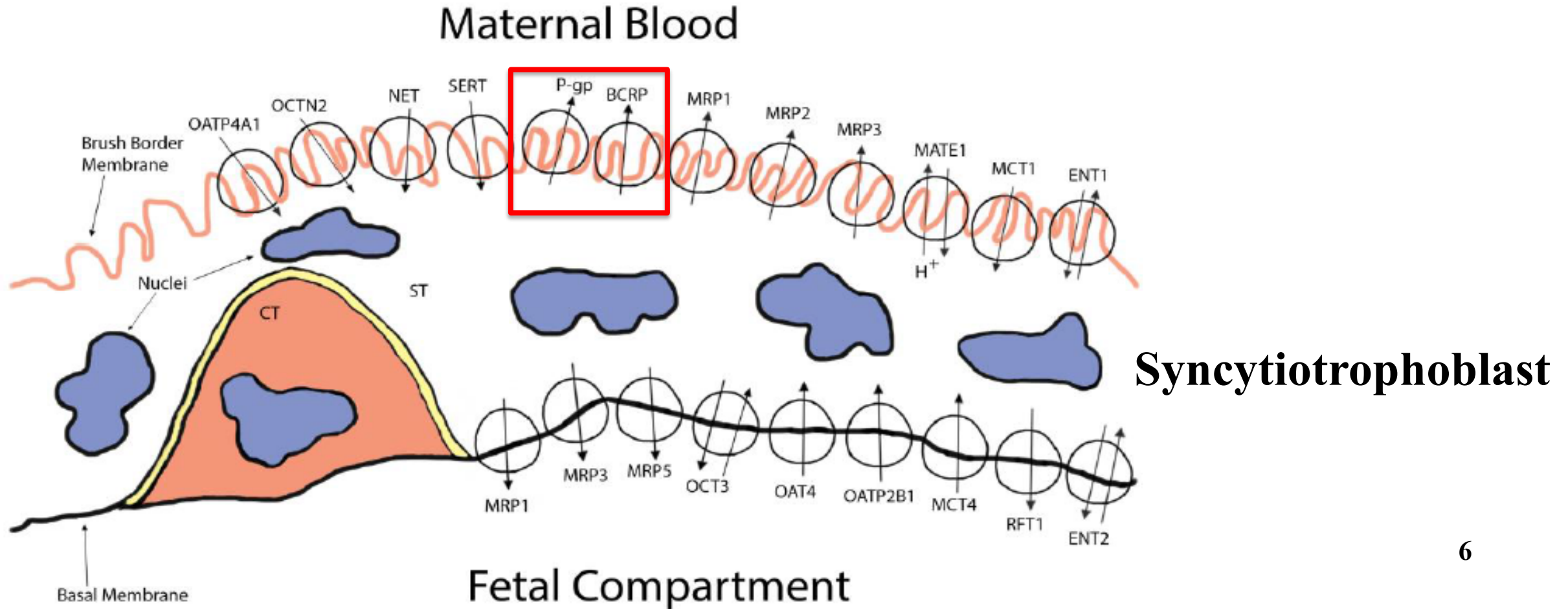


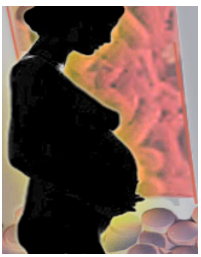
Zhang and Unadkat, 2017 DMD



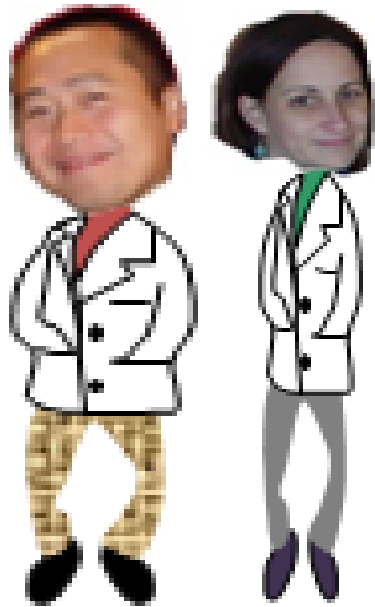
Expansion of our M-F PBPK to Predict Fetal Exposure to Drugs that are Transported Across the Placenta

The Human Placenta is Richly Endowed with both Efflux and Influx Drug Transporters, the most important being P-glycoprotein (P-gp) and Breast Cancer Resistance Protein (BCRP)

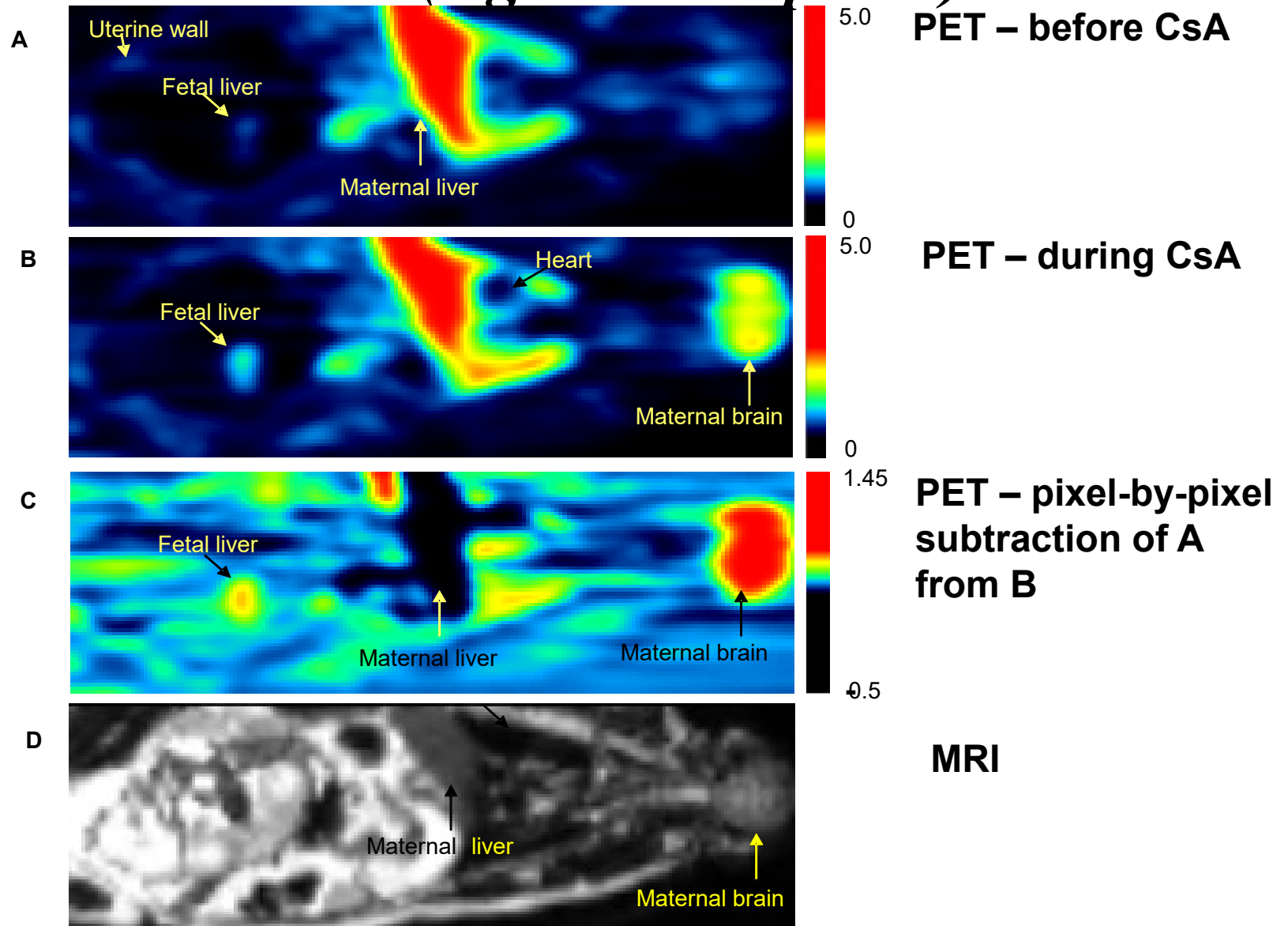


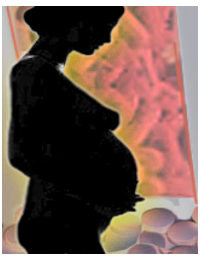


Placental P-glycoprotein (P-gp) Excludes P-gp Substrates from the Fetus (e.g. ^{11}C -verapamil)



Eyal et al.,
J Nucl. Med, 2009
Chung et al., Br J
Pharmacol, 2010



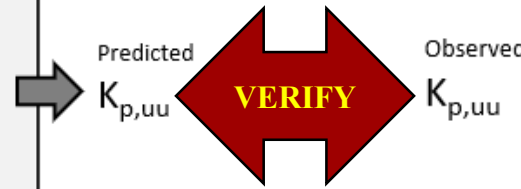
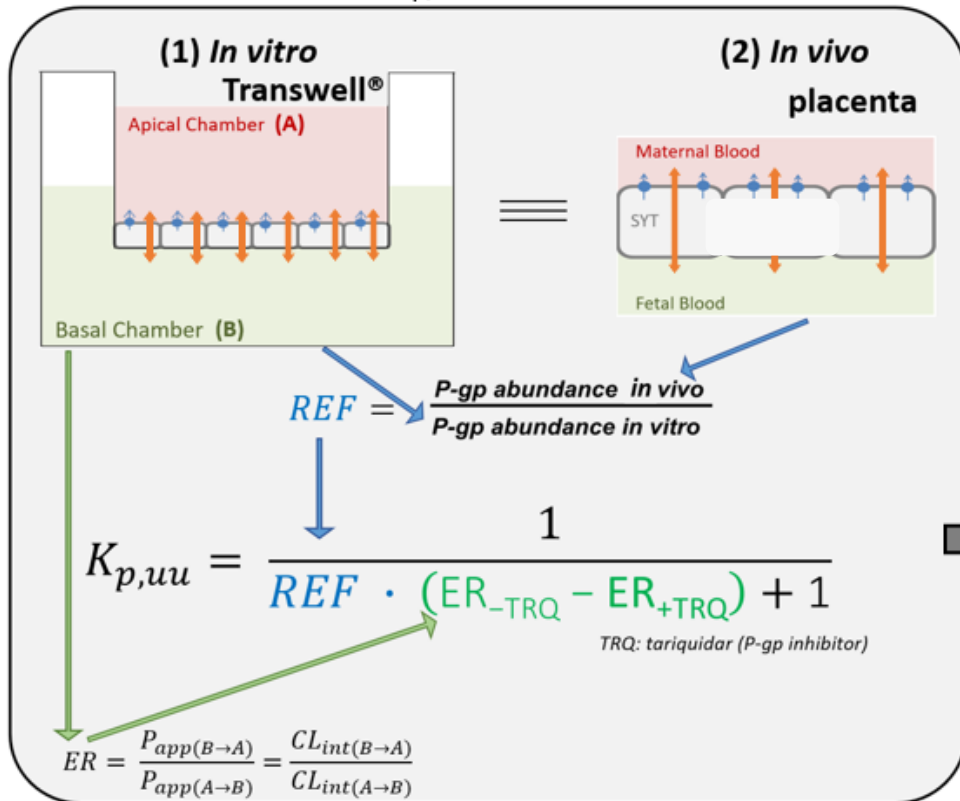


Workflow to Predict Fetal $K_{p,uu}$ of Transported Drugs

Model Transporter:
P-gp

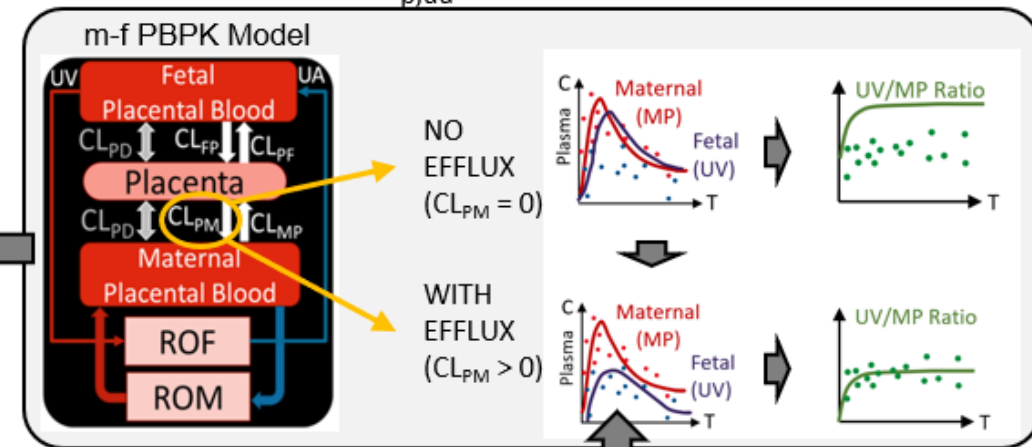
- P-gp Substrates:
- 1) *Darunavir (DRV)*
 - 2) *Lopinavir (LPV)*
 - 3) *Dexamethasone (DEX)*
 - 4) *Betamethasone (BET)*

Prediction of $K_{p,uu}$ from *In Vitro* Studies



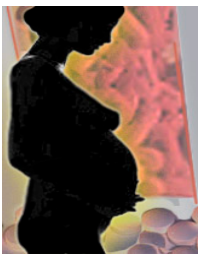
Anoshchenko *et al.*, DMD 2021

Estimation of $K_{p,uu}$ from Observed *In Vivo* Data

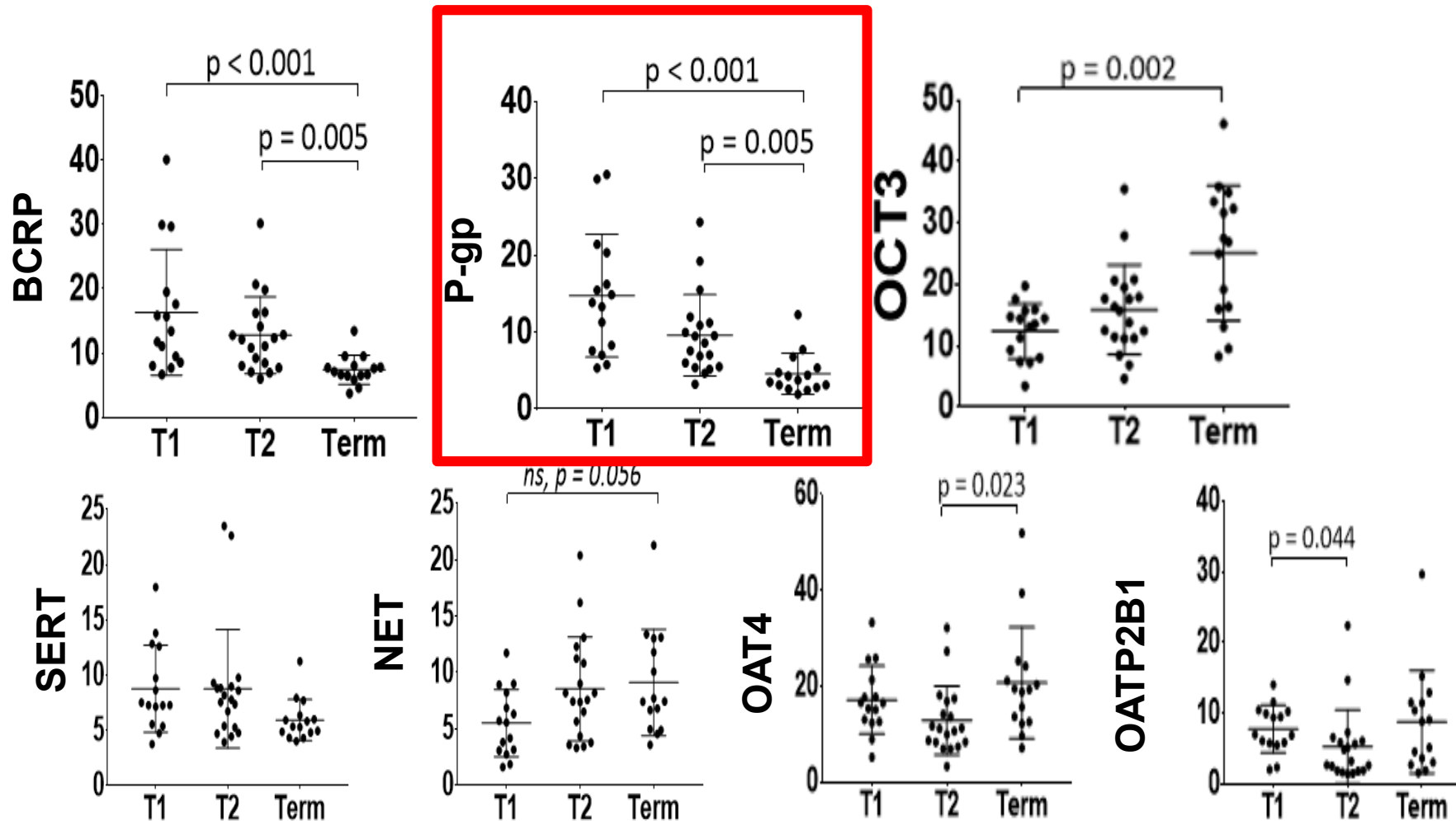


Observed *In Vivo* Data

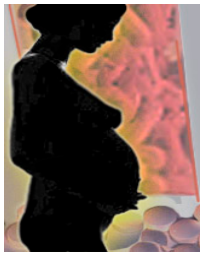
Dots: Paired observed umbilical vein (UV) and maternal plasma (MP) drug concentrations at term. Each pair obtained from a single maternal-fetal dyad



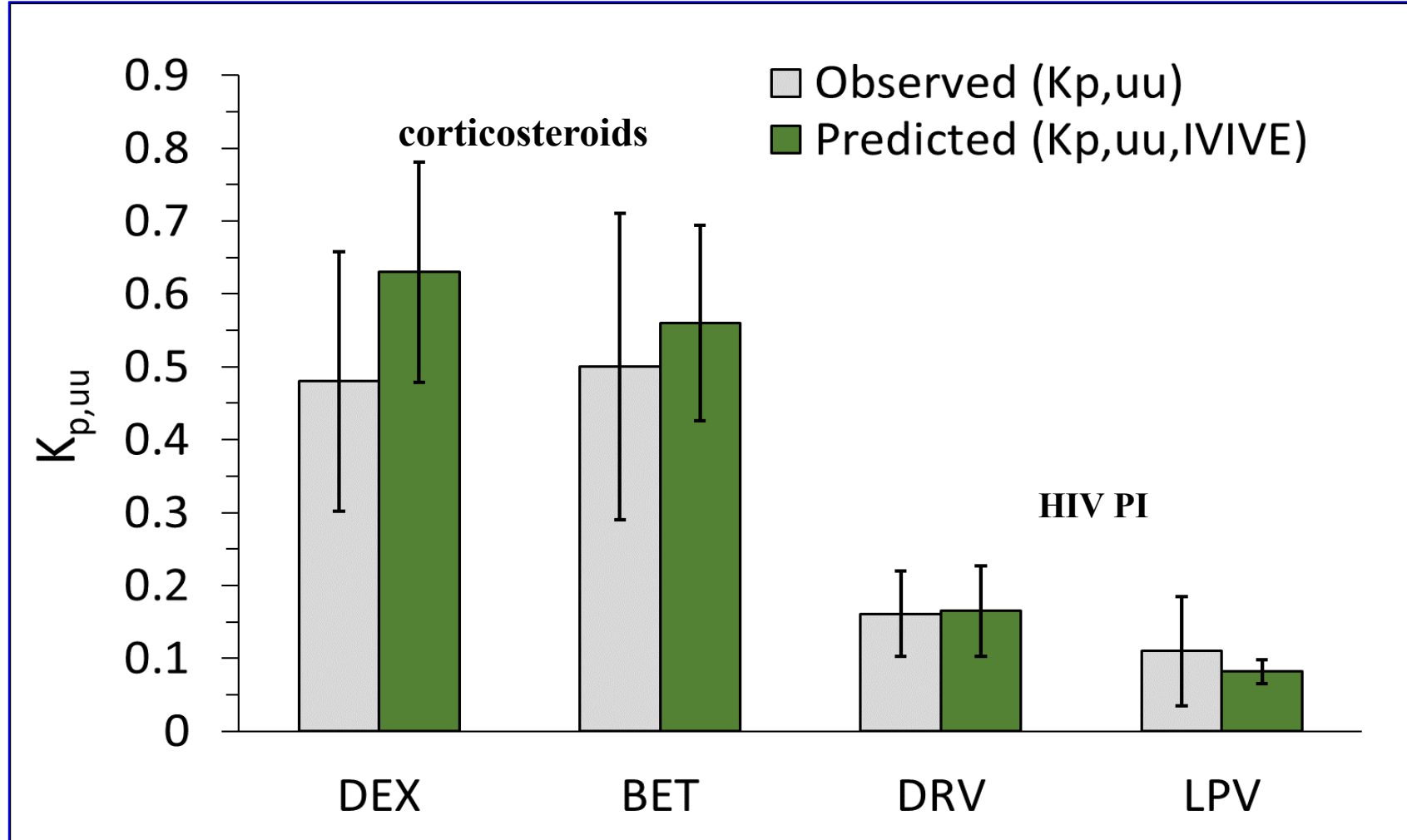
The Abundance of Placental Transporters (pmole/g placenta) Changes with Gestational Age



Anoshchenko L et al., DMD 2020



Successful Prediction of Fetal $K_{p,uu}$ Using the ER-REF Approach and our M-F PBPK Model



P-gp Substrates:

- Dexamethasone (DEX)
- Betamethasone (BET)
- Darunavir (DRV)
- Lopinavir (LPV)



Anoshchenko *et al.*, DMD 2021



Significance of Findings



- **This success provides confidence in using the ER-REF approach and PBPK M&S to estimate fetal drug exposure ($K_{p,uu}$, fetal AUC or C_{max}):**
 - **to other placental P-gp substrate drugs or drugs of other/multiple placental transporters (e.g., BCRP and P-gp)**
 - **at earlier gestational ages**
- **Our ER-REF approach and PBPK M&S can now be used to predict fetal exposure to any drug irrespective of whether it passively diffuses across the placenta or is also transported**
- **Prediction of fetal $K_{p,uu}$ is necessary to inform fetal efficacy and toxicity and optimize drug dosing regimen for pregnant women**



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