

# Role of regulatory science in informing regulatory decision making

FDA/MCERSI Hybrid Workshop:  
Clinical Pharmacology Guidances Advancing Drug  
Development and  
Regulatory Assessment: Role and Opportunities

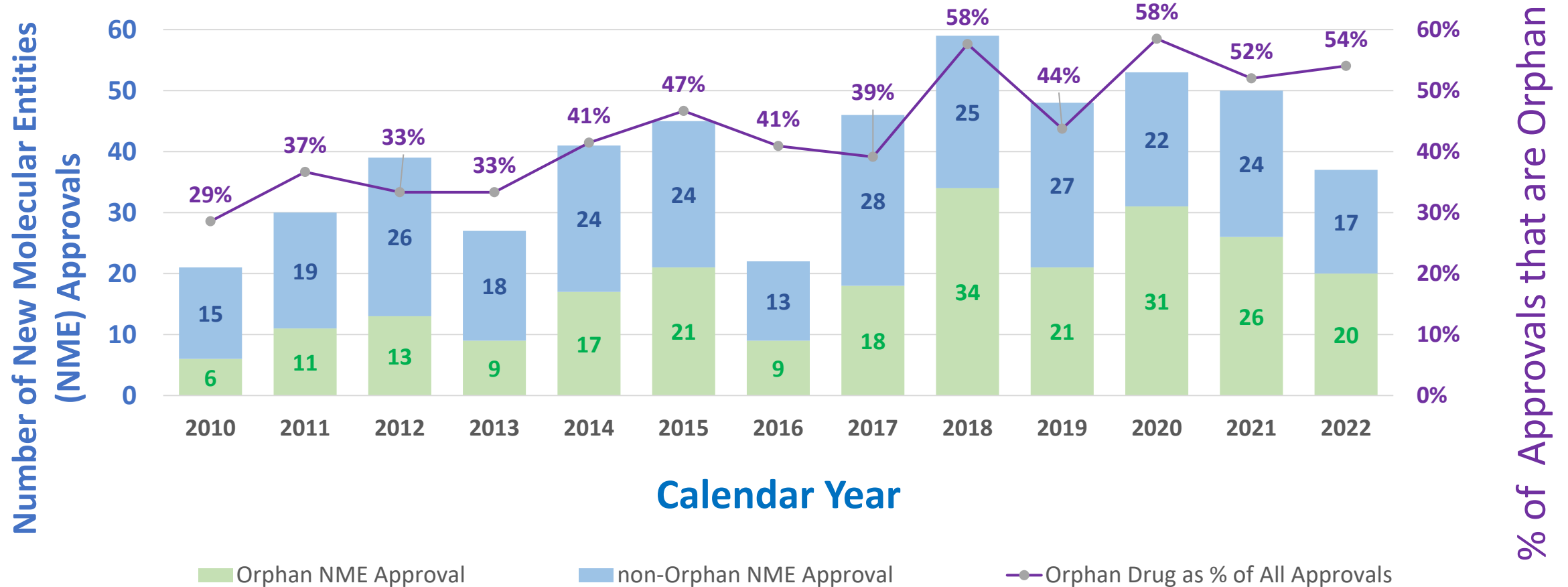
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**Views expressed are my own, and do not represent an official FDA position**

# An overview: from the OND perspective

- Changing “context”: changes in the drug development and regulatory landscape
- The challenges of rare disease drug development and regulation: changing needs in drug regulation
- Changes in the approaches to evidence generation for common, chronic diseases
- Filling “gaps” and expanding understanding in areas impacting drug development and regulation: the role of regulatory science

# Changing the landscape: a steadily rising proportion of novel drug approvals that are orphan



# Changes in the clinical, scientific and economic landscape drive changes in drugs being developed

## A shift towards rare disease and narrower population drug development

- **Multiple approved drugs for common diseases:** competitive markets, narrowing opportunity
- **Evolving science:** rapidly expanding understanding of genetics, genomics, immunology, molecular drivers—the molecular underpinnings of diseases and disease subtypes
- **Many rare diseases with unmet needs:** evolving science providing new targets, and new platforms making them tractable
- **Economic incentives for rare disease drugs:** e.g., orphan exclusivity and others
- **Change in focus for common chronic diseases** on subpopulations / narrower subsets of common diseases
- **New platforms** enabling targeting of previously undruggable targets: siRNA, ASOs, bispecific antibodies, ADCs, cellular or gene therapies

For **common chronic diseases:** an emphasis on efficiency, effectiveness, and innovation in evidence generation, expanding experience across populations

# The challenges of rare disease drug development

## *From common chronic diseases*

- **Large populations**, so recruitment generally not a challenge
- Standard approach of **2 large, adequate and well-controlled trials** to support effectiveness and safety
- Wide range of disorders: symptomatic non-progressive, risk factor modulation (e.g., LDL-C), to serious, progressive fatal diseases
- Reasonably well understand natural history
- FDA **guidances** usually available – and **precedent** from prior programs informs study design
- **Endpoints generally well accepted** and standardized (e.g., LDL-C, BP, A1C, FEV1/exacerbations, PASI, etc.)



## *To rare disease development challenges*

- **Small populations** with difficult recruitment
- Requires **flexibility in study designs**, and limited ability for replication
- Often **progressive, serious, life-limiting and life-threatening** and lack **approved therapy**
- Lack of **precedent** for drug development – often no FDA guidance for a specific rare disease
- **Genotypic and phenotypic** diversity – **heterogeneous** presentations, courses, and outcomes, **natural history** often known
- **Drug development tools** such as validated **endpoints**, established **biomarkers** often lacking
- **Ethical** considerations for children in clinical trials – impact trial design options

# The challenges of rare disease drug development: the need for expanding our understanding

## To rare disease development challenges

Novel trial designs fit for purpose for small population programs; use of M&S to maximize use of clinical data

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Assessment of key disease burdens and outcomes, guidance development

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Support for natural history studies, aggregation of clinical data to support understanding of disease

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Need for novel drug development tools, especially common elements across rare diseases: COAs, surrogates, biomarkers



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# The challenges of rare disease drug development

## Common disease drug development

- Large populations, so recruitment generally not a challenge
- Standard approach: large, adequate and well-controlled trials to support effectiveness and safety
- Wide range of conditions (e.g., LDL-C), to serious progressive diseases
- Reasonable medical history
- FDA guidance for pre-clinical study
- FEV1/exacerbations, PASI, etc.)

**2 + large, adequate and well controlled clinical trials**

**Limited need for translational studies to support regulatory determination of effectiveness**

## Rare disease drug development

- Small populations with difficult recruitment
- Requires flexibility in study designs, and limit replication – 1 AWC trial confirmatory evidence
- Often progressive, life-limiting and life-threatening and late diagnosis
- Lack of precedent – often no FDA guidance for disease
- Genotypic and phenotypic heterogeneity and outcome variability
- Drug development endpoints – impact trial design options
- Ethical considerations – impact trial design options

**Clinical trial data: often single clinical trial**

**Strong translational data set (preclinical, exposure-response, surrogates, etc.)**



# Rare disease drug development stands “classic” drug development on its head

## Common disease drug development

- Large populations, so recruitment generally not a challenge
  - Standard approach: large, adequate and well-controlled trials to support effectiveness and safety
  - Wide range of endpoints (e.g., LDL-C), to serious diseases
  - Reasonable medical history
  - FDA guidance: 2+ large, adequate and well-controlled randomized clinical trials
  - FEV1/exacerbations, PASI, etc.)
- Limited need for translational studies to support regulatory determination of effectiveness**
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## Rare disease drug development

- Small populations with difficult recruitment
  - Replication of results is often difficult
  - Often patients are severely ill or life-threatening
  - Lack of preclinical data – often no FDA guidance
  - Genotypic and phenotypic heterogeneity – often no validated endpoints, established biomarkers often lacking
  - Drug development often lacks validated endpoints, established biomarkers often lacking
  - Ethical considerations for children in clinical trials – impact trial design options
- Strong translational data set (preclinical, exposure-response, surrogates, etc.)**
- Clinical trial data: often single clinical trial**
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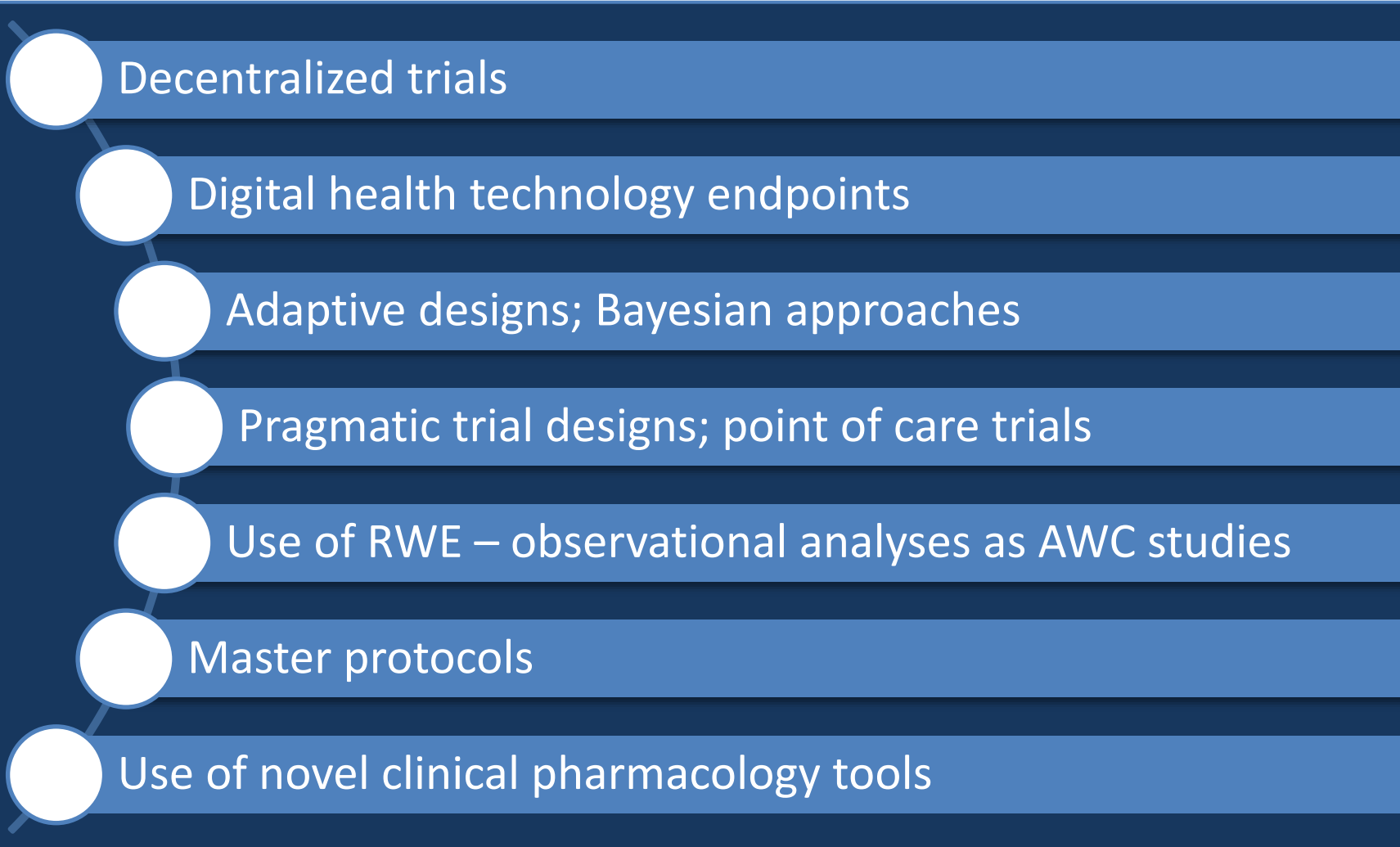
# For common chronic disease, an increased focus on novel approaches or subpopulations

- **Changing focus** in areas of development
  - Many common diseases still with inadequate treatments: opportunities for differentiated drugs: e.g., T2DM, obesity, CHF, AD
  - Focus on treatments for common diseases **subpopulations**
- Focus on clinical program **efficiency and effectiveness**
  - Decentralized trials
  - Use of new tools: digital health technology
  - Use of novel trial design and analysis: adaptive designs, platform trials, Bayes
  - Use of large simple trials, trials with pragmatic elements, master protocols
  - Use of RWD/RWE for label expansion
  - Improved use of clinical data to support regulatory decisions: advances in clinical pharmacology: MIDD, modeling and simulation

# The changing “face” of clinical trials



# The changing “face” of clinical trials



Need for expanding our understanding across all these new approaches to support appropriate guidance development, regulatory advice and decision making – *the need for regulatory science*

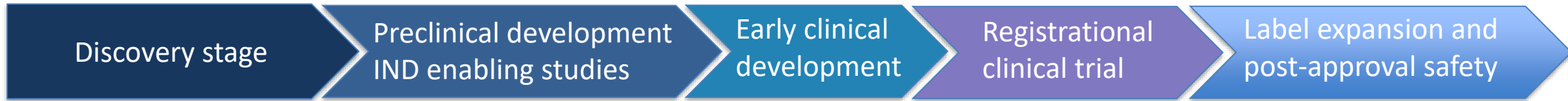
# What is “regulatory science”?

- Science focused on improving efficiency and effectiveness of drug development, enhancing FDA’s ability to guide and regulate IND development, FDA’s review of applications (clinical and quality), and FDA’s post-approval safety management

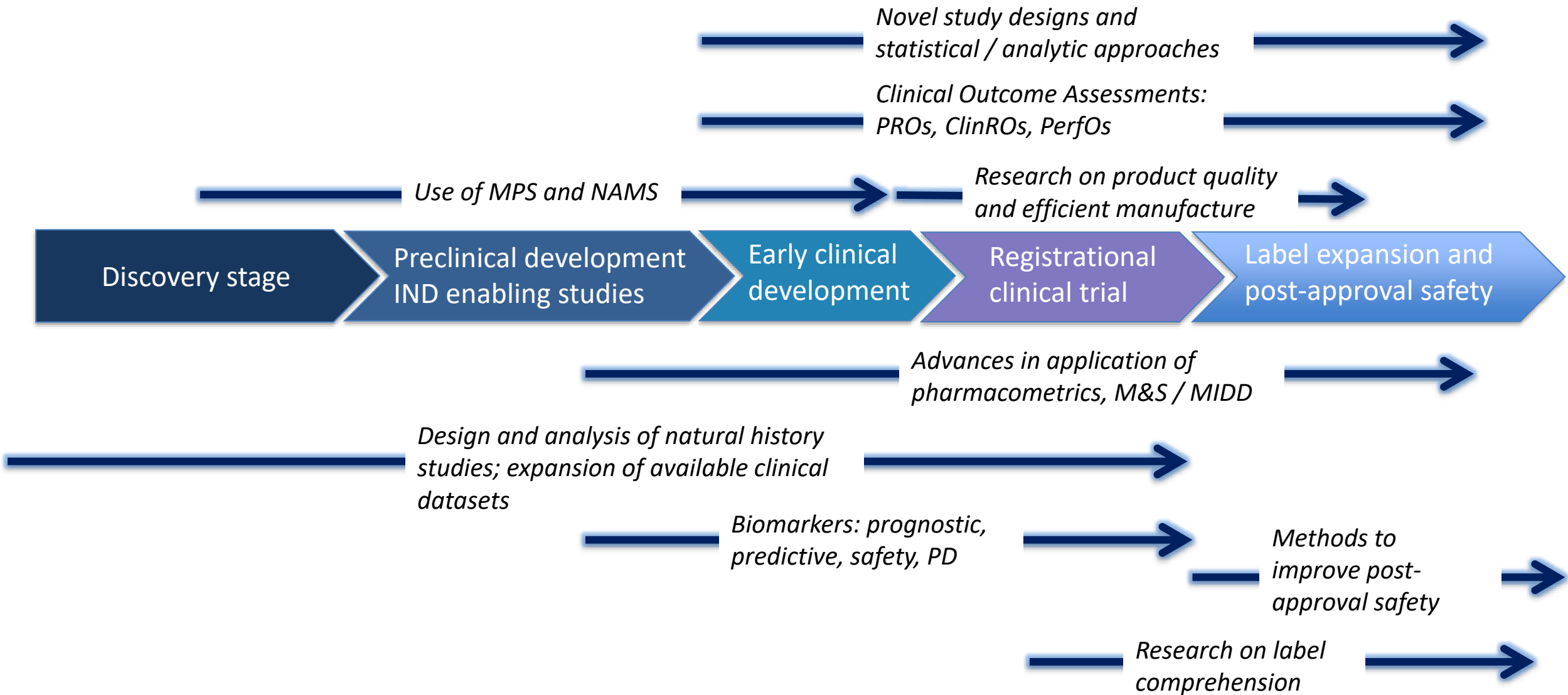
# What is “regulatory science”? (cont.)

- A few examples of areas or regulatory science:
  - Developing methodologies and support for in vitro and non-clinical drug assessments
  - New drug development tools: biomarkers, surrogates, clinical outcome assessments
  - Enhanced methodologies to assess endpoints
  - Developing new assay methodologies to assess product quality
  - improving trial design approaches and methodologies – especially in new areas of development
  - Improving approaches to analysis of clinical trials: use of Bayesian statistics, analytic approaches to endpoints in both common and in rare diseases
  - Enhancing methodologies to expand and enhance analytic approaches to large clinical datasets: modeling and simulation, MIDD
  - Enhancing approaches to post-market safety management: e.g., REMS

# The scope of regulatory science research spans drug development



# The scope of regulatory science research spans drug development





# Regulatory research: collaborative examples

## Ion Channel Data Standards for Model-Informed Proarrhythmia Risk Prediction Under the Comprehensive *in vitro* Proarrhythmia Assay (CiPA) Initiative

Division of Cardiology and Nephrology (DCN)  
Internal review tools

## MIDD in the Evaluation and Development of Neurological Drug Products Office of Neuroscience (ON)

### Identify Challenges and Research Frequently Encountered Issues While Combining Data across Multiple Studies/Sources

Division of Bioinformatics, Research, and Biomarker Development (DBIRBD)  
Internal review tool

## Assessment of Physiologically Based Pharmacokinetic Modeling for Predicting Fetal Exposure to Maternal Drugs

### The Prevalence of Psychiatric and Chronic Pain Comorbidities in Fibromyalgia: an ACTION Systematic Review

## Kidney Transplant Biomarker Qualification: A Reasonably Likely Surrogate Endpoint for Five-Year Risk of Allograft Loss Division of Rheumatology and Transplant Medicine (DRTM)

## Pregnancy and Lactation Labeling Rule (PLLR): Health Care Provider Testing to Improve Health Communications Related to Lactation Division of Pediatric and Maternal Health (DPMH)

### Assessment of Physiologically Based Pharmacokinetic Modeling for Predicting Fetal Exposure to Maternal Drugs

## Minocycline Pharmacodynamics Against *Stenotrophomonas maltophilia* in the Neutropenic Murine Infection Model: Implications for Susceptibility Breakpoints

### Use of Quantitative Modeling to Support Pediatric Extrapolation Division of Pediatric and Maternal Health (DPMH)

### Development of a Toolbox of Clinical Outcome Assessments for Assessment of Neuropsychological/Neurodevelopmental and Cognitive Outcomes

## Development of a Model for Predicting Drug-Induced Liver Injury (DILI) Risk in the Investigational New Drug (IND) Phase of Drug Development

Division of Hepatology and Nutrition (DHN)  
Internal review tool

## Patient-Reported Outcomes in Pediatric Cancer Registration Trials: a U.S. Food and Drug Administration Perspective

# What are some of the outcomes of regulatory science research?

- Guidance development: draft, revisions of guidances, final guidances
- Enhancing the advice FDA provides during IND development
- Enhancing FDA's review of product quality issues
- Enhancing FDA's review of applications
- Increasing availability of DDTs
- Methodologies that enhance evidence development to support regulatory decisions and actions – across a wide spectrum of decisions
- New resources that support drug development for diseases without adequate treatments

# How does OND assess the value of our research outcomes?

Least common

≤ 10% of outcomes reported/FY

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Highest value

Very mission relevant;  
directly facilitate new  
drug approval

- Supports a guidance
- Supports novel trial design, endpoint, analytic approach
- Label change
- Sponsor uses research finding to enhance development efficiency or effectiveness
- Supports a regulatory decision

# Summary: the need for regulatory science

- **Drugs for rare diseases** require different development and regulatory approaches

- For common diseases: new approaches to **evidence generation** to support regulatory decisions

- Better disease understanding: NH studies
- Innovative trial designs
- Enrichment approaches
- Novel endpoints: COAs and surrogates
- New analytic approaches
- Enhanced efficiency

- Efficiency in evidence generation – use of existing data (RWD/RWE)
- Improved analytics of RWD/RWE
- Simplified trial designs – “simple” / “pragmatic” designs
- Trials embedded in practice – broadening recruitable population, enhancing diversity



Thank You