

# Hot topic E: Permeability: From in vitro best practices to in vivo relevance

#### "Measurement of the membrane permeability to drug candidates has helped reduce the pharmacokinetically related drug attrition rates from 40% to 10%"

**1**.Chipot C in: Predictions from First-Principles of Membrane Permeability to Small Molecules: How Useful Are They in Practice? J Chem Inf Model. 2023 Aug 14;63(15):4533-4544.

2. Kolal, Landis J. Can the pharmaceutical industry reduce attrition rates? Nat Rev Drug Discov. 2004; 3:711-716.

**3**. LipinskiCA, LombardoF, DominyBW, FeeneyPJ. Experimental and computational approaches to estimate solubility and permeabilit yindrug discovery and develop-ments ettings, 2001. Adv Drug Deliv Rev. 2001; 46(1-3): 3–26.

4. VolpeDA. Application of methods uitability for drugper meability classification. AAPSJ. 2010; 12(4):670–678.

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## **Outline of Today's lecture**

- Human small and large intestinal permeability is the starting point –provides *in vivo* relevance for excisting non-clinical and *in vitro* models as well as future more intestinal *in vitro* models.
- Experimental *in vitro* and non-clinical methods and comparisons for regional permeability
- Role of intestinal efflux in vivo and model predictions
- Future In vitro models with improved accuracy and precision?
- 1. Doluisio JT, Billups NF, Dittert LW, Sugita ET, Swintosky JV. Drug absorption. I. An in situ rat gut technique yielding realistic absorption rates. J Pharm Sci. 1969;58(10):1196–200.
- Doluisio JT, Tan GH, Billups NF, Diamond L. Drug absorption. II. Effect of fasting on intestinal drug absorption. J Pharm Sci. 1969;58(10):1200–2.
- 3. Ochsenfahrt H, Winne D. Der Einfluss des Wassernettofluxes auf die Resorption von Arzneimitteln [Influence of net flux of water on that absorption of drugs]. Naunyn Schmiedebergs Arch Pharmakol. 1970;266(4):414-5. German. PMID: 4253840.
- 4. Fogh, J., J.M. Fogh, and T.J.J.o.t.N.C.I. Orfeo, One hundred and twenty-seven cultured human tumor cell lines producing tumors in nude mice. Journal of the National Cancer Institute. 1977.
- 5. Hidalgo, I., T. Raub, and R. Borchardt, Characterization of the human colon carcinoma cell line (Caco-2) as a model system for intestinal epithelial permeability. Gastroenterology. 1989. 96(2): p. 736-749
- Amidon GL, Lennernäs H, Shah VP, Crison JR. A theoretical basis for a biopharmaceutic drug classification: the correlation of in vitro drug product dissolution and in vivo bioavailability. Pharm Res. 1995 Mar;12(3):413-20. doi: 10.1023/a:1016212804288. PMID: 7617530.



# *In vivo* relevance of *in vitro* permeability models – site of measurements





#### **Small intestinal barrier**

- Is organized in finger-like protrusions called villi and invaginations called crypts.
- Is a dynamic physiological barrier that is sensing and receiving feedback neuroendocrine signals that maintains the delicate balance between permeability and protective barrier functions





# Small and Large Intestinal Mucosa and site of measurements



https://www.sciencephoto.com/med ia/309980/view/artwork-of-asection-through-an-intestinal-villus



- Enterocytes
- Goblet cells
- Enteroendocrine cells
- Paneth cells



Colon mucosa is lined by simple columnar epithelium (lamina epithelialis) with long microvilli.

 Important
 Important

 Important

The colon makes up the longest part of the large intestine. It begins from the caecum at the ileocecal valve and ends in the rectum.





Helander HF & Fändriks L. Scand. J Gastroenterology. 2014; 49: 681–689 Surface area of the digestive tract – revisited

# Approximate anatomical distribution of the mucosal luminal surfaces along the digestive tract.

- Approximately the area (A) used to calculate Peff is 0.33 m<sup>2</sup> in the perfused jejunal segment (LOC-I-GUT)
- According to novel data the total A of the GI mucosa in adult humans is calculated to be about 30-40 m<sup>2</sup>.
- "The total area of the human adult gut mucosa is not in the order of tennis lawn (300-400 m<sup>2</sup>), rather is that of half a badminton court (30-40 m<sup>2</sup>)".







# *In vivo* single-pass perfusion of jejunum and rectum in humans

# The Loc-I-GUT Concept



Knutson L., Odlind B. and Hällgren R. A new technique for segmental jejunal perfusion in man. Am. J. Gastroenterol. 84: 1278-1284, 1989.

Lennernäs H., Ahrenstedt Ö., Hällgren R., Knutson L., Ryde M. and Paalzow L.K. Regional jejunal perfusion, a new *in vivo* approach to study oral drug absorption in man. Pharm. Res.9, 1243-1251, 1992.

#### Clinical experiments performed *in vivo* in humans: Loc-I-Gut



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Knutson T, Fridblom P, Ahlström H, Magnusson A, Tannergren C, Lennernäs H. Mol Pharm. 2009;6(1):2-10













With Multi-slice Computed Spiral **Tomography** and air as a contrast medium a three dimensional view of the perfused segment is obtained.





Proximal (PSI) (green) and distal (DSI) (blue) small intestinal *in vivo* permeation ( $P_{eff}$ ) and regional  $P_{eff}$  ratio of 14 model compounds determined using open intestinal perfusion.



## Human study The Bioperm tube-capsule



- Capsule positioning verified using:
  - Tube length
    - Jejunum 1 m
    - Ileum 2.5 m
    - Colon 3.5-4 m
  - X-ray (fluoroscopy)
- 1. Petri N, Borga O, Nyberg L, Hedeland M, Bondesson U, Lennernas H. Int J Clin Pharmacol Ther. 2006 Feb;44(2):71-9.
- 2. Dahlgren D, Roos C, Lundqvist A, Abrahamsson B, Tannergren C, Hellström PM, Sjögren E, Lennernäs H. Regional Intestinal Permeability of Three Model Drugs in Human. Mol Pharm. 2016 Sep 6;13(9):3013-21.





## Human study

Regional intestinal permeability



#### Tannergren C, Bergendal A, Lennernäs H, Abrahamsson B. Toward an increased understanding of the barriers to colonic drug absorption in humans: implications for early controlled release candidate assessment. Mol Pharm. 2009 Jan-Feb;6(1):60-73.

Aim

- To determine reference regional intestinal permeability values of three model drugs in human
- Method
  - Cassette dosing of atenolol, metoprolol and ketoprofen in solution.
  - 14 volunteers
  - Dosed on 4 occasions
    - 1 x intravenously (1 ml)
    - 3 x intraluminally (13 ml) jejunum, ileum and colon
  - Blood samples collected following the administrations
  - Individual P<sub>eff</sub> calculated using the Deconvolution P<sub>eff</sub> model



pubs.acs.org/molecularpharmaceutics

Dahlgren D, Roos C, Sjögren E, Lennernäs H. Direct In Vivo Human Intestinal Permeability (Peff) Determined with Different Clinical Perfusion and Intubation Methods. J Pharm Sci. 2015 Sep;104(9):2702-26.

### Human *in Vivo* Regional Intestinal Permeability: Quantitation Using Site-Specific Drug Absorption Data

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## Model drugs

	Model drugs					
		Rat and dog studies				
	Metoprolol Ketoprofen Atenolol			Enalaprilat		
BCS Class	I	II	III			
Structure	H <sub>3</sub> CO	CH3 OH	H <sub>2</sub> N H <sub>2</sub> CH <sub>3</sub>			
MW (g/mol)	267	254	266	348		
рКа	9.6 – base	3.88 - acid	9.6 – base	3.17 - base 7.84 - acid		
Log P	2.07	3.37	0.18	-0.13		
Log D pH 7.4	0	0.1	-2	-1.0		
Log D pH 6.5	-0.5	0.8	<-2	-1.0		
PSA	57.8	54.2	88.1	102.1		
HBA/HBD	4/2	3/1	4/4	6/3		



## Human study Effective jejunal permeability (P<sub>eff</sub>)

		Atenolol	Metoprolol	Ketoprofen	
P <sub>eff</sub>	Deconvolution	<b>0.45</b> (0.07-1.46)	<b>1.72</b> (0.016-3.38)	<b>8.85</b> (0.49-16.14)	median (range)
(× 10 <sup>-₄</sup> cm/s)	Perfusion	<b>0.2</b> (0.2)	<b>1.3</b> (1.0)	<b>8.7</b> (3.4)	mean (SD)







VS.

### Human study Regional effective intestinal permeability (P<sub>eff</sub>)



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		Atenolol	Metoprolol	Ketoprofen
	Jejunum	<b>0.45</b> (0.07-1.46)	<b>1.72</b> (0.016-3.38)	<b>8.85</b> (0.49-16.14)
$P_{eff}$ (× 10 <sup>-4</sup> cm/s)	lleum	<b>0.15</b> (0.06-0.42)	<b>0.72</b> (0.09-7.53)	<b>6.53</b> (1.49-10.44)
Median (range)	Colon	<b>0.013</b> (0.01-0.10)	<b>1.30</b> (0.54-7.74)	<b>3.37</b> (0.98-9.07)



# SmartPill capsule motility procedure and future devices

•Measures pressure, pH and temperature throughout the GI tract.

### These measurements are used to:

- Determine gastric emptying time
- Determine combined small/large bowel transit time
- Intraluminal pH
- Determine whole gut transit time
- Characterize pressure patterns and provide motility indices for the antrum and duodenum
- To dose and calculate regional intestinal permeability/absorption (depend on availability of IV dosing)



Clinical Data Descriptive Data				
PatientInformation				
Patient Name	ID	None-002016	Test Date	6/16/2005
EventTimes	Physician Determined		Computed	
	Clock Time	Elapsed Time	Clock Time	Elapsed Time
Capsule Ingested at:	n/a	n/a	6/16/05 09:36 AM	0:51
Capsule Left Stomach at:	n/a	n/a	6/16/05 11:51 AM	3:06
Capsule Left Body at:	n/a	n/a	6/17/05 16:09 PM	31:24
Transit Times (hr.min) Physician Determined Transit	Times	Computed Tra	nsit Times	
Gastric Emptying Time	n/a	Gastric Emptying Time (diagnostic cutoff at 4.0hrs)		3:06
Small/Large Bowel Transit Time	n/a	Small/Large Bowel Transit Time		28:18
Total GI Transit Time	n/a	Total GI Transit Time (normal male: 26hrs 24min) (normal female: 35hrs 24min)		31:24
Gastric pH Values				
High 30.8				
Low 0.8				Church



## SmartPill – GI-transit, motility, intraluminal pressure and pH





### Human jejunal Permebeility vs human colorectal adenocarcinoma (Caco-2) first isolated in 1977 from a 72-year-old Caucasian male)



Sun, D.; Lennernas, H.; Welage, L. S.; Barnett, J.; Landowaki, C. P. et al. A Comparison of Human and Caco 2 Gene Expression Profiles for 12,000 Genes and the Permeabilities of 26 Drugs in the Human Intestine and Caco 2 Cells. *Pharm Res* 2002, *19*, 1398-1413



Apparent permeabilities in various intestinal regions in rats.

(Low permeability drugs with passive diffusion) 10



Cholesterol, sphingolipids, and glycolipids, constituents in the cell membrane that modulate its properties, and subsequently the permeability to drus. In particular, membranes containing cholesterol exhibit greater acyl-chain order and increased stiffness, reflected in a smaller average area per lipid, and, hence, a reduced permeability to substrates.

Ungell A-L, Nylander S., Bergstrand S., Sjöberg Å and Lennernäs H. Membrane transport of drugs in different regions of the intestinal tract of the rat. J. Pharm. Sci. 87, 360-366, (1998).



Sjöberg Å, Lutz M, Tannergren C, Wingolf C, Borde A, Ungell AL. Comprehensive study on regional **human** intestinal permeability and prediction of fraction absorbed of drugs using the Ussing chamber technique. Eur J Pharm Sci. 2013 Jan 23;48(1-2):166-80.

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Å. Sjöberg et al./European Journal of Pharmaceutical Sciences 48 (2013) 166-180

#### Table 2

Apparent permeability ( $P_{app}$ ) for compounds in human intestinal tissue in the modified Ussing chamber. Results are presented as mean ± SD (n = x). Numbers indicate the compounds used in the jejunum correlation curve and letters indicate the compounds for colonic correlation curve.

		Apparent permeability, $P_{app}$ [×10 <sup>-6</sup> cm/s] (mucosa to serosa direction)					
Comp. No.	Compound	Fa (%) p.o*	Fa (%) i.c.**	Duodenum	Jejunum	lleum	Colon
1	Sulphasalazine	12			0.09 ±0.06 (2)		
Α	Fexofenadine		13				0.22 ± 0.08 (4)
В	Ranitidine		9				0.62 ± 0.29 (4)
2	Vinblastine	25			1.31 ±2.14 (4)		
3,C	Digoxin	81	66		1.44 ±0.72 (7)		2.83 ± 1.26 (4)
4,D	Melagatran	6	3		1.51 ±0.39 (3)		1.20 ± 1.07 (2)
5,E	Ximelagatran	45	39	3.15 ± 0.07 (2)	3.03 ± 1.08 (5)	1.01 (1)	1.90 ± 0.66 (4)
6	Quinidine	80			3.36 ±0.56 (5)		
7	Cimetidine	64			3.74 ±0.47 (5)		
8,F	Atenolol	56	28	2.61 (1)	4.11 ± 1.32 (4)		1.27 ± 0.64 (5)
9	Oseltamivir	81			4.64 ± 1.17 (2)		
10	Mannitol	38		4.85 ± 0.86 (5)	5.56 ± 2.01 (253)	1.39 ± 0.56 (3)	1.22 ± 0.79 (104)
11	Rosuvastatin	50			6.95 ±1.05 (3)		1.07 ± 0.25 (2)
12	Diclofenac	99			8.55 ±0.19 (2)		
13,G	Oxprenolol	90	74		9.50 ± 1.73 (2)		30.4 ± 8.6 (4)
14,H	Metoprolol	95	100		15.9 ± 3.69 (4)		18.8 ± 4.00 (3)
15	Creatinine	100		4.24(1)	20.2 ± 7.84 (4)		2.55 ± 2.74 (3)
16	Hydrocortisone	89		13.5 ± 5.45 (3)	22.3 ±4.22 (4)		15.0 ± 6.49 (4)
I	Diltiazem		82				23.6 ± 2.3 (3)
17	Propranolol	95		18.0 ± 6.72 (4)	31.9 ±17.0 (24)	22.4 ± 14.6 (5)	35.4 ± 14.2 (7)
18	Verapamil	100			36.0 ± 10.0 (4)		
19	Midazolam	100			38.0 ± 16.0 (2)		
20,J	Salicylic acid	100	100	18.4 (1)	41.1 ± 16.5 (4)		13.3 ± 3.11 (2)
21	Indomethacine	100			48.2 ± 12.4 (4)		
22	Antipyrine	100		26.3 ± 6.99 (3)	49.7 ±13.3 (4)		54.6 ± 13.0 (3)
23	Testosterone	100			68.0 ± 10.9 (6)		
24	p-Glucose	100			113 ±49.4 (29)		1.02 ± 0.52 (4)
25	L-Leucine	100			140 ±40.8 (4)		2.63 ± 0.86 (3)

 $P_{\rm app}$  for some of the compounds has been presented in the paper by Ungell (2002).

\* Fraction absorbed data obtained from references: Galetin and Houston, 2006; Tannergren et al., 2009; Thelen et al., 2011; Ungell, 2002; Ungell and Karlsson, 2003. In house data for ximelagatran and rosuvastatin.

\*\* Fraction absorbed data obtained from reference: Tannergren et al., 2009.



# Experimental Determination of the Membrane Permeability in different types of assays to provide estimates of the apparent membrane permeability

Chipot C. Predictions from First-Principles of Membrane Permeability to Small Molecules: How Useful Are They in Practice? J Chem Inf Model. 2023 Aug 14;63(15):4533-4544.

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Perspective

Table 1. Apparent Membrane Permeability  $(P_{app})$  of Ibuprofen Measured Using a Variety of Methods, from In Vitro Artificial Membrane Assays to In Vivo Animal Intestinal Perfusion

Assay	$P_{app}$ (cm/s)	reference
Caco-2	$52.5 \times 10^{-6}$	
PAMPA (pH 5.5)	$10.8 \times 10^{-6}$	21
PAMPA (pH 7.4)	$6.8 \times 10^{-6}$	
Caco-2	$30.1 \times 10^{-6}$	22
rat intestinal	$200 \times 10^{-6}$	23
solution-based PAMPA	$10.8 \times 10^{-6}$	
trilayer PAMPA	$6.8 \times 10^{-6}$	24
phospholipid vesicle (pH 6.2)	$13.3 \times 10^{-6}$	
phospholipid vesicle (pH 7.4)	$8.4 \times 10^{-6}$	25
vinblastine-treated Caco-2	$76.2 \times 10^{-6}$	
MDCK-MDR1 <sup>a</sup>	$74.3 \times 10^{-6}$	26
jejunum	$228 \times 10^{-6}$	
middle small intestine	$205 \times 10^{-6}$	27
ileum	$206 \times 10^{-6}$	
Permeapad <sup>28</sup>	$16.6 \times 10^{-6}$	29
<sup>a</sup> MDCK cells with the MDR1	gene encoding	for efflux P-
glycoprotein.		

The apparent membrane permeability, Papp, depends on the nature of the cell-line assay, and applied conditions of the experiment, and will vary from batch to batch.

Which membrane model would provide the most accurate and precise representation of the permeability assays. How can these values be used theoretical of Pm in drug discovery as well as PBBM.



How useful are membrane-permeability estimates from computer based molecular dynamics simulations by using the inhomogeneous solubility–diffusion model ?



The gastrointestinal tract plays a central role in the maintenance of homeostasis in the body through endocrine and immune functions as well as digestive functions. Gastrointestinal-released hormones and an interplay with neurosignaling play a significant role in these processes.



Figure 2. Schematic illustration of the in vivo rat single-pass intestinal perfusion (SPIP) model, allowing continuous monitoring intestinal epithelial permeability, metabolism, motility, ion transport, fluid flux and systemic blood pressure.

### Correlation of oral permeability between rat and human



Why is it Challenging to Predict Intestinal Drug Absorption and Oral Bioavailability in Human Using Rat Model Xianhua Cao, Seth T. Gibbs, Lanyan Fang, Heather A. Miller, Christopher P. Landowski, Ho-Chul Shin, Hans Lennernas, Yanqiang Zhong, Gordon L. Amidon, Lawrence X. Yu and Duxin Sun Pharm Res. 2006 23(8):1675-86.





# The model is important! (effect of excipients)

In vivo likeness of preclinical models



#### Bidirectional permeability to assess uptake or efflux



Efflux ratio in this study for vinblastine (2), digoxin (3a,3b), cimetidine (7) and quinidine (6a,6b) were ER = 4.25, 5.41, 1.79 and 5.85

Sjöberg Å, Lutz M, Tannergren C, Wingolf C, Borde A, Ungell AL. Comprehensive study on regional human intestinal permeability and prediction of fraction absorbed of drugs using the Ussing chamber technique. Eur J Pharm Sci. 2013 Jan 23;48(1-2):166-80.



Dose proportionality in the AUC and Cmax of atenolol in humans (0.1– 200 mg) and rats (0.55 µg–5.5 mg).

Efflux ratio for atenolol in Caco-2 model range from 0.18-3.8

(A) Regional intestinal effective permeability (Peff) of atenolol in humans. (B) Surface area (villi and folds)-adjusted regional intestinal Peff values for atenolol in humans: jejunum 19-fold, ileum 10-fold, colon 1-fold

В

1 m

Colonic membranes containing cholesterol exhibit greater acylchain order and increased stiffness, and hence a reduced permeability to substrates.



Trends in Molecular Properties, Bioavailability, and Permeability across the Bayer Compound Collection (O'Donovan et al.)



Figure 8. Molecular weight and pKa ranges at which >50% of compounds exhibit moderate to good permeability in the Caco2 Papp A-B assay (>30 nm/s). pKa values are stated for the most basic and the most acidic centers in a compound.

J. Med. Chem. 2023, 66, 4, 2347–2360

## Trends in Molecular Properties, Bioavailability, and Permeability across the Bayer Compound Collection (O'Donovan et al.)



Caco2 Papp A-B (nm/s) vs cLogD75





(*Left*) Relationship between cLogD7.5 and geometric mean of Caco2 Papp A-B (nm/s), binned per 0.5 interval of cLogD7.5.

Lines are colored by molecular weight range (blue =  $\leq$ 400, green = 400–600, red = >600). Extreme values have been omitted as outliers (*Right*) Relationship between cLogD7.5 and geometric mean of Caco2 efflux ratio, binned and colored as per left-hand figure



Bar chart showing the distribution of Caco2 apparent permeability A-B (nm/s) values for compounds with Ro5-like (<500), eRo5-like (500–700), and bRo5-like (≥700) molecular weights.

Interesting challenges for novel drug candidate beyond Lipinski rule of 5!

Recognized difficulties for *in vitro* permeability assessments for these larger and lipophilic drug candidates!

J. Med. Chem. 2023, 66, 4, 2347-2360

#### In vivo role of intestinal efflux



Inhibitory effect of P-gp inhibitors on P-gp-mediated efflux of paclitaxel in Caco-2 cells. The apical-to-basal (AP-to-BL) (●), and basal-to-apical (BL-to-AP) (▲).



Kono Y, Kawahara I, Shinozaki K, Nomura I, Marutani H, Yamamoto A, Fujita T. Characterization of P-Glycoprotein Inhibitors for Evaluating the Effect of P-Glycoprotein on the Intestinal Absorption of Drugs. Pharmaceutics. 2021 Mar 15;13(3):388.



Evaluation of Encequidar (ECD) and Elacridar (ELD) as An Intestinal P-gp and BCRP Specific Inhibitors to Assess the Role of Intestinal Pgp and BCRP in Drug-Drug Interactions with paxlitaxel (PTX)



Mean plasma concentration-time profile of PTX in rats after a single intravenous (IV; 5 mg/kg) or oral dose (PO; 20 mg/kg) of PTX alone (open circles) and following a single dose of PTX with oral ECD (A and B) or ELD (C and D) (open triangles)



mooth muscle

High accuracy,

low precision

Low accuracy,

low precision

 Table I. Sources of cells to study intestinal physiology.

Cell source	Culture model	Advantages	Disadvantages	Applications
Adult stem cells Dissociated fresh crypt Dissociated organoids	Organoids 3D scaffolds Gut-on-chip 2D monolayer	Human or murine origin Heterogeneity	Adult stem cells Only epithelial cells	Genetic disease Drug screening Host/pathogen interaction Adult epithelial function Adult intestinal stem cell biology Tissue engineering
Pluripotent stem cells (iPS)	Organoids Gut-on-chip	Human origin Presence of mesenchyme Recapitulate the development	Immature features require maturation in vivo or <i>in vitro</i>	Genetic disease Drug screening Host/pathogen interaction Organ development Tissue interaction Tissue engineering
Cancer cell lines Caco-2 Caco-2/HT29 SW480	2D monolayer transwell 3D scaffolds Gut-on-chip	Human origin Easy and more affordable	Lack of heterogeneity Cancer origine	Cellular and molecular biology Absorption and toxicology assays Host/pathogen interaction Tissue engineering

Proliferativ signals

### Future in vitro intestinal peremabeility models?



The shape of our gut: Dissecting its impact on drug absorption in a 3D bioprinted intestinal model

Macedo MH, et al . Biomater Adv. 2023 20;153:213564.







## Conclusion

- Regional human intestinal Peff identified as one important factor for future determinations.
- It seems as open system provides higher Peff than double balloon approach novel capsule systems (external controlled) and long GI-tube methodologies are developed and tested.
- In vivo colon Peff of special urgency but very difficult.
- In vitro intestinal Papp-values in the Ussing and 2D cell monolayer models need scaling and adjustment prior use in PBBM.
- The permeability model is important for the assessment of effect of excipients.
- Future intestinal organoids and 3D bioengineered intestinal models exhibit morphological and physiological features that resemble the native intestinal mucosa.
- New and interesting challenges (MM>700 and logD>5) for novel drug candidate beyond Lipinski's rule of 5! Require model development!
- It is expected there will be exciting and prosperous time for novel drug delivery systems
- Encequidar (ECD) and Elacridar (ELD) may be very useful as tool for assessment of intestinal efflux (P-gp and BCRP).
- The future role of molecular dynamic simulation and of artificial neural network models to predict the effective permeability of oral drugs before synthesis and even allow for optimization of relevant physicochemical properties of new molecules of interest.