

Pregnancy-induced anatomical and physiological changes relevant to PBPK modeling

Fetal Pharmacology and Therapeutics Workshop
FDA and University of Maryland Center of Excellence in Regulatory Science and Innovation
Oct 21-22, 2021

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Disclosure

- I have nothing to disclose.
- My presentation reflects my views only, not those of the NIH or the federal government.

Topics

- Maternal Anatomic and Physiologic Changes
- Placental Functions and Maturation
- Fetal Maturation

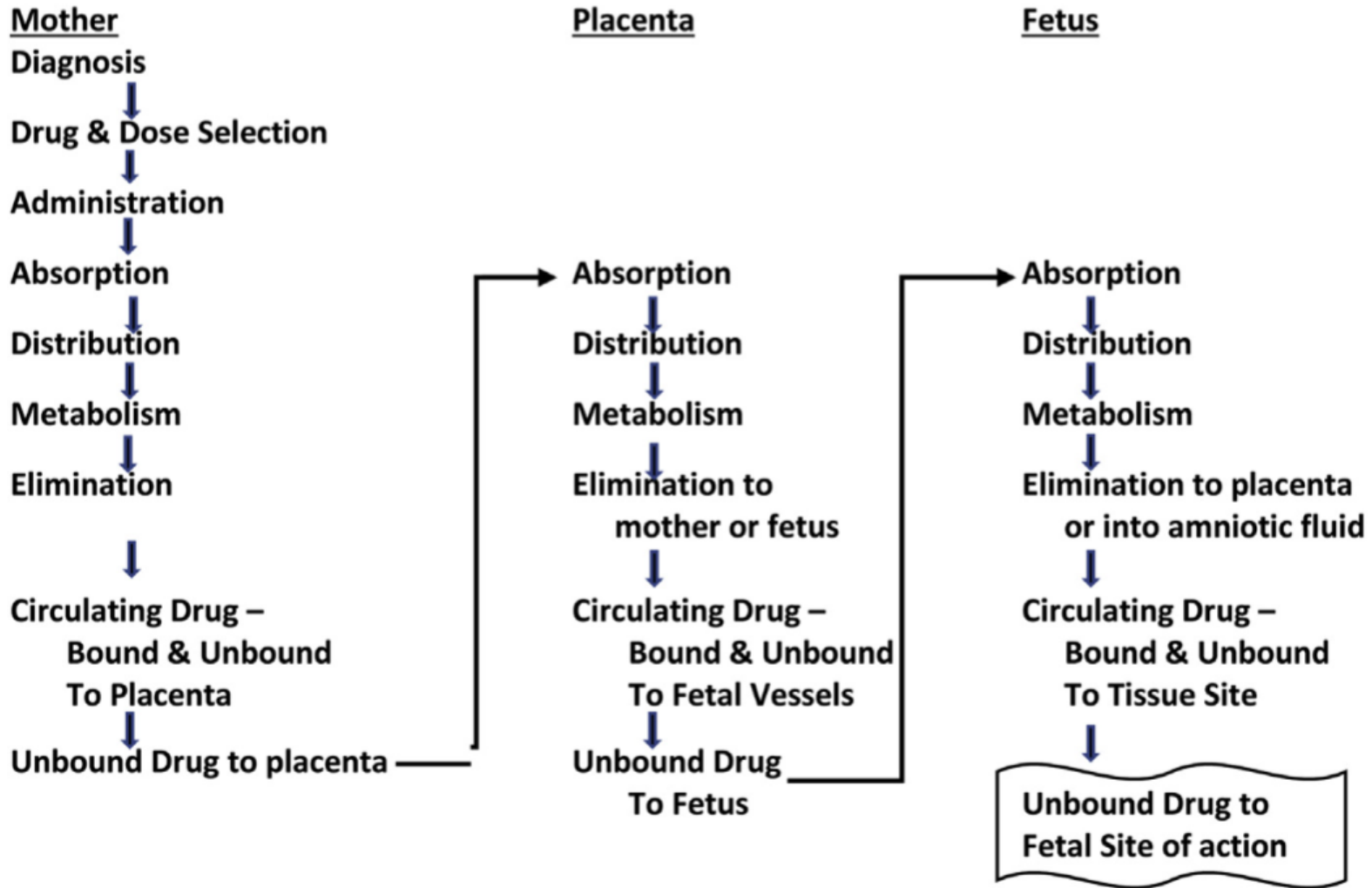
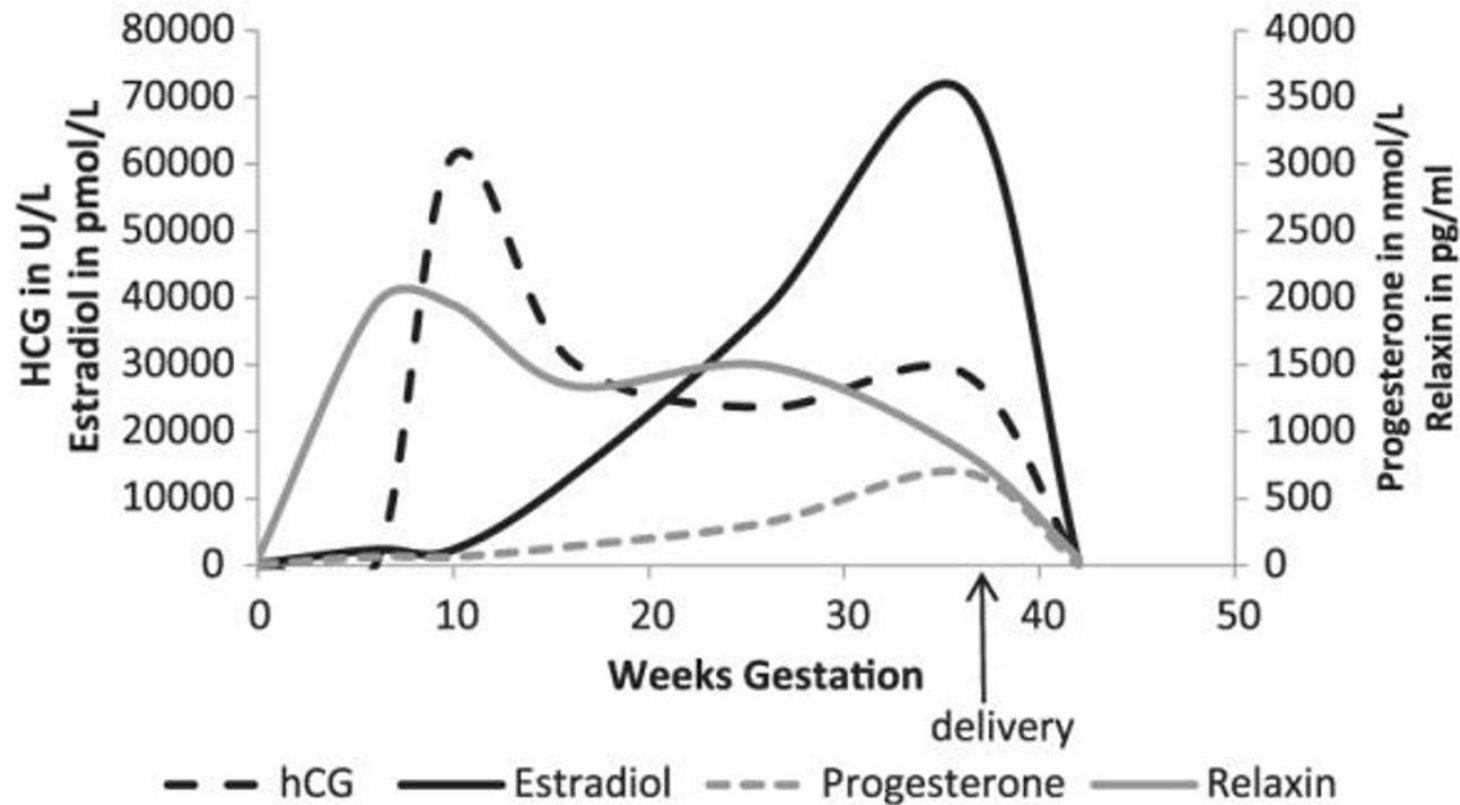


Fig. 1. Therapeutic process. Steps in the processing and transport of drugs from the mother to the proposed site of action in the fetus are shown.



Hormonal variation throughout pregnancy and early postpartum. Mean data are of plasma human chorionic gonadotropin, estradiol, progesterone, and relaxin levels, before, during, and 6 weeks after pregnancy. Adapted from Ogueh and his colleagues.¹⁹

Renal Physiology of pregnancy. Cheung KL, Lafayette RA. Adv Chronic Kidney Dis 2013; 20(3):209-214. doi: 10.1053/j.ackd.2013.01.012 ; Ref 19: O. Ogueh, A. Clough, M. Hancock, M.R. Johnson. **A longitudinal study of the control of renal and uterine hemodynamic changes of pregnancy.** Hypertens Pregnancy, 30 (3) (2011), pp. 243-259

Maternal Physiologic Changes in Pregnancy

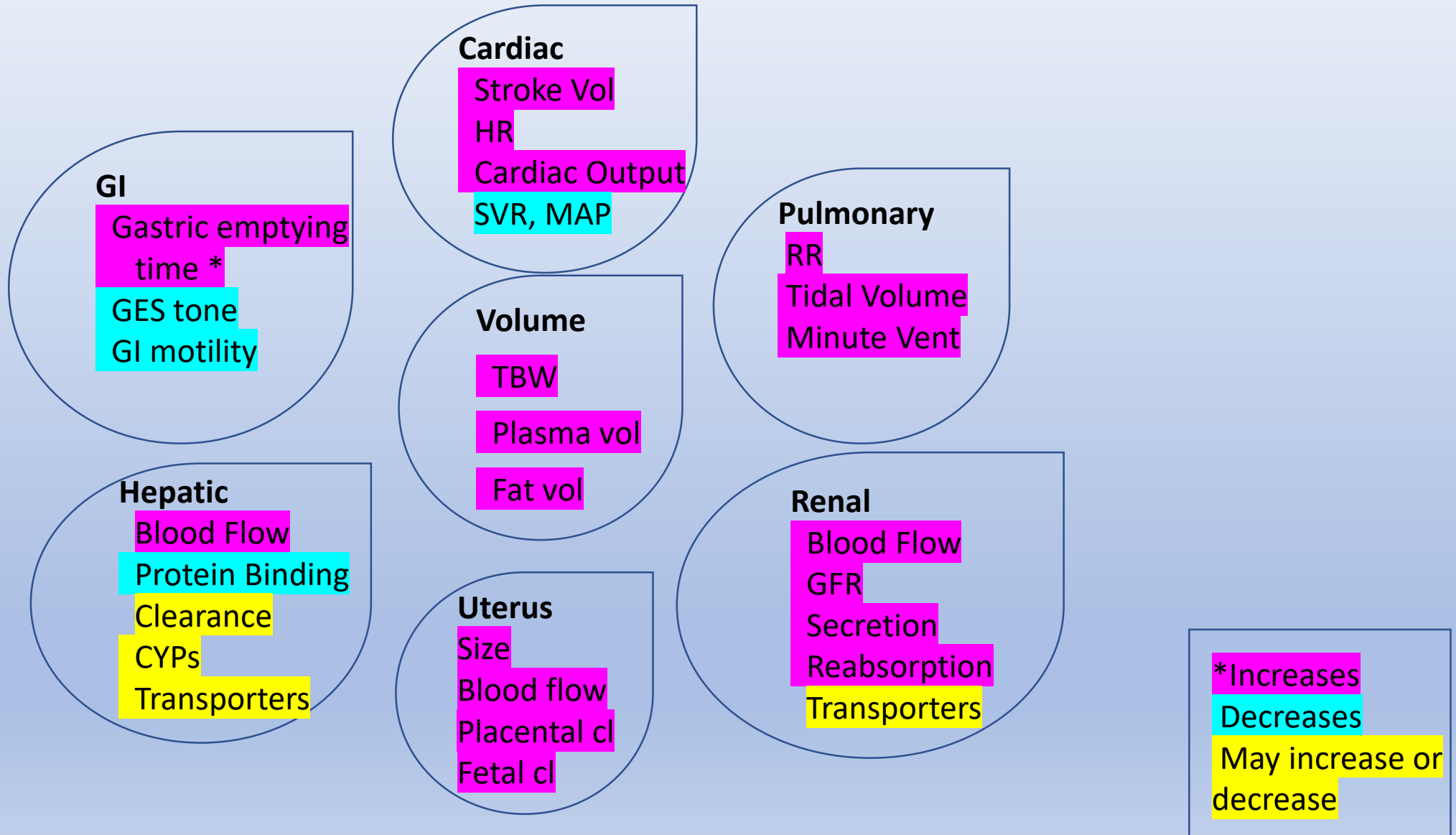


Table 2 Summary of pregnancy-induced changes in maternal physiology

Parameter	T ₁ ^a	T ₂ ^a	T ₃ ^a
Total body weight (kg)	↑ 6%	↑ 16%	↑ 23%
Total fat mass (kg)	↑ 11%	↑ 16%	↑ 32%
Total body water (L)	↑ 11%	↑ 27%	↑ 41%
Cardiac output (L)	↑ 18%	↑ 28%	↑ 33%
Plasma volume (L)	↑ 7%	↑ 42%	↑ 50%
Red blood cell volume (L)	↑ 4%	↑ 20%	↑ 28%
Hematocrit (%)	↓ 3%	↓ 8%	↓ 14%
Albumin (g/L)	↓ 5%	↓ 16%	↓ 31%
α ₁ -AGP (g/L)	↓ 1%	↓ 22%	↓ 19%
Glomerular filtration rate (mL/min) ^b	↑ 19%	↑ 37%	↑ 40%
Effective renal plasma flow (L/h)	↑ 38%	↑ 48%	↑ 31%
Creatinine clearance (mL/min)	↑ 28%	↑ 58%	↑ 26%
Uterine blood flow (L/h)	↑ 923%	↑ 1,567%	↑ 2,771%
Hepatic blood flow (L/h) ^c	↔	↔	↔

↓ indicates decrease; ↑ indicates increase; ↔ indicates no effect.

^aMean percentage change (%) relative to prepregnancy level.

^bGlomerular filtration rate measurement is based on inulin clearance.

^cLiterature data on hepatic blood flow are contradictory; hence, no effect is assumed.

Ke, A. B., Rostami-Hodjegan, A., Zhao, P., & Unadkat, J. D. (2014). Pharmacometrics in pregnancy: An unmet need. *Annual review of pharmacology and toxicology*, 54, 53–69. <https://doi.org/10.1146/annurev-pharmtox-011613-140009>; data from Abduljalil, K., Furness, P., Johnson, T.N. *et al.* Anatomical, Physiological and Metabolic Changes with Gestational Age during Normal Pregnancy. *Clin Pharmacokinet* 51, 365–396 (2012). <https://doi.org/10.2165/11597440-000000000-00000>

Other Changes during Pregnancy

- Elevated clotting factors and hypercoagulability
- Dilutional anemia
- Slight uncompensated respiratory alkalosis

TABLE 1

Summary of changes in P450 probe and sensitive marker drug disposition and in disposition of UGT markers at different stages of pregnancy

Target P450	Marker Drug	Effect on Marker Clearance during Gestation			Reference
		First Trimester	Second Trimester	Third Trimester	
CYP1A2	Caffeine, theophylline	↓	↓	↓	(Carter et al., 1986; Tracy et al., 2005)
CYP2B6	Efavirenz			↔ ^a ↑	(Cressey et al., 2012)
CYP2D6	Metoprolol (dextromethorphan UR)	(↑)	(↑)	↑ (↑)	(Hogstedt et al., 1985; Tracy et al., 2005)
CYP2C9	Phenytoin	↔	↑	↑	(Dickinson et al., 1989; Tomson et al., 1994)
CYP3A4	Midazolam			↑	(Hebert et al., 2008)
UGT1A4	Lamotrigine	↔	↑	↑	(Franco et al., 2008; Ohman et al., 2008)
UGT2B7	Zidovudine			↔	(Watts et al., 1991; O'Sullivan et al., 1993)

UGT, UDP glucuronosyltransferase; UR, urinary ratio.

^aEfavirenz area under the curve was unaffected, but C_{\min} was significantly decreased during the third trimester. Efavirenz is an inducer and inactivator of CYP2B6, and this may confound the findings.

Isoherranen, N., & Thummel, K. E. (2013). Drug metabolism and transport during pregnancy: how does drug disposition change during pregnancy and what are the mechanisms that cause such changes?. *Drug metabolism and disposition: the biological fate of chemicals*, 41(2), 256–262. <https://doi.org/10.1124/dmd.112.050245>

TABLE 2

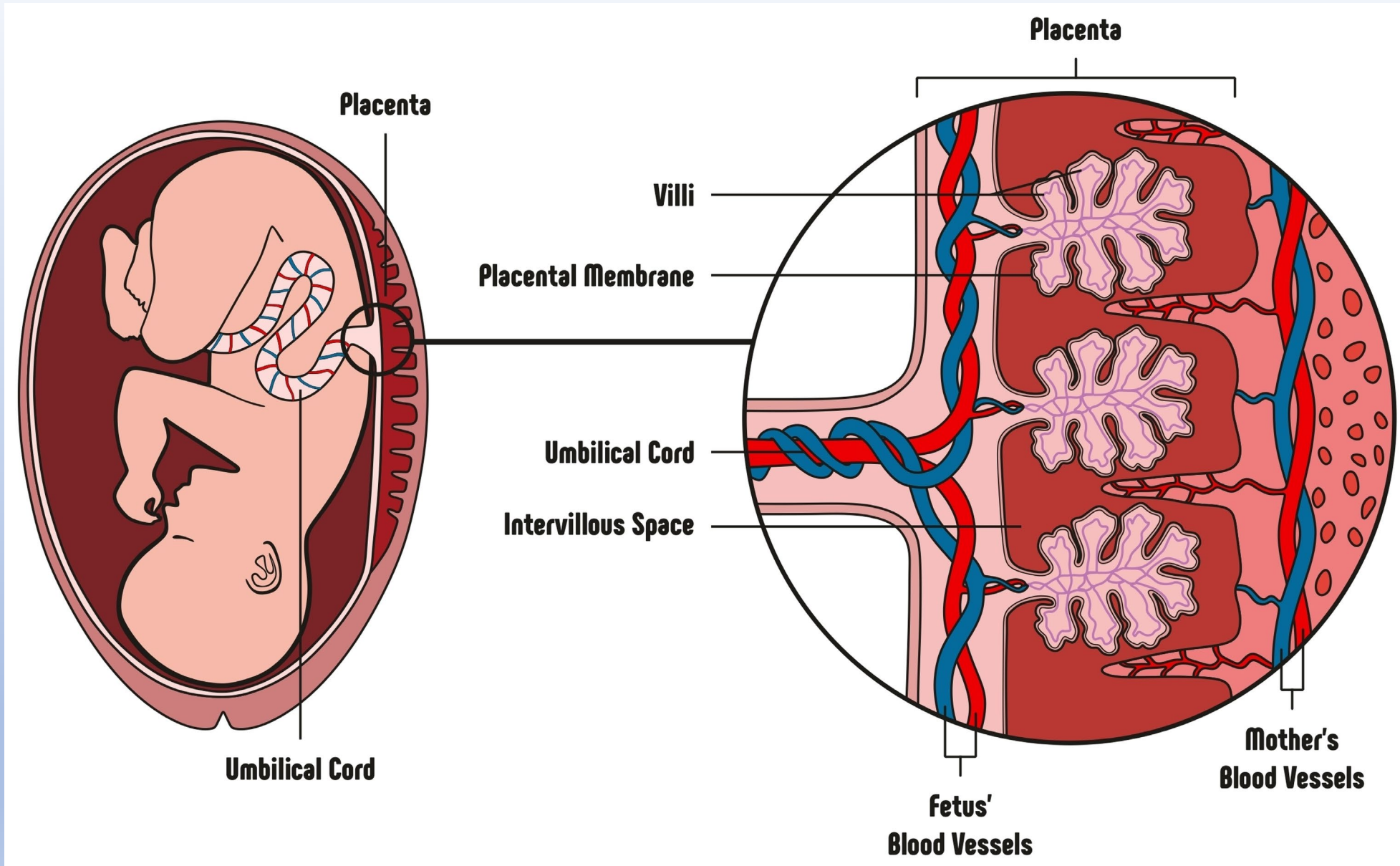
Summary of changes in transporter probe and sensitive marker drug disposition at different stages of pregnancy

Transporter	Marker Drug	Effect on Clearance during Gestation			Reference
		First Trimester	Second Trimester	Third Trimester	
P-gp	Digoxin			↑	(Hebert et al., 2008)
OATP1B1	Glyburide ^a			↑	(Hebert et al., 2009)
OCT2	Metformin	↔	↑	↔↑ ^b	(Hughes et al., 2006 ; Eyal et al., 2010 ; de Oliveira Baraldi et al., 2011)
OAT1	Zidovudine, lamivudine			↔	(Moodley et al., 1998)
OAT3	Acyclovir, zidovudine			↔	(Frenkel et al., 1991 ; Haddad et al., 1993)

OCT, organic cation transporter; OAT, organic anion transporter; P-gp, P-glycoprotein.

^aWhile glyburide is listed as an in vivo substrate of OATP1B1, it is cleared by CYP3A4 and CYP2C9 and is a substrate of *BCRP* (breast cancer resistance protein). Hence, it is not possible to determine which enzyme is responsible for the increased clearance of glyburide during pregnancy in vivo.

^bThe secretion clearance of metformin was significantly increased during the third trimester, although oral clearance was not significantly increased.



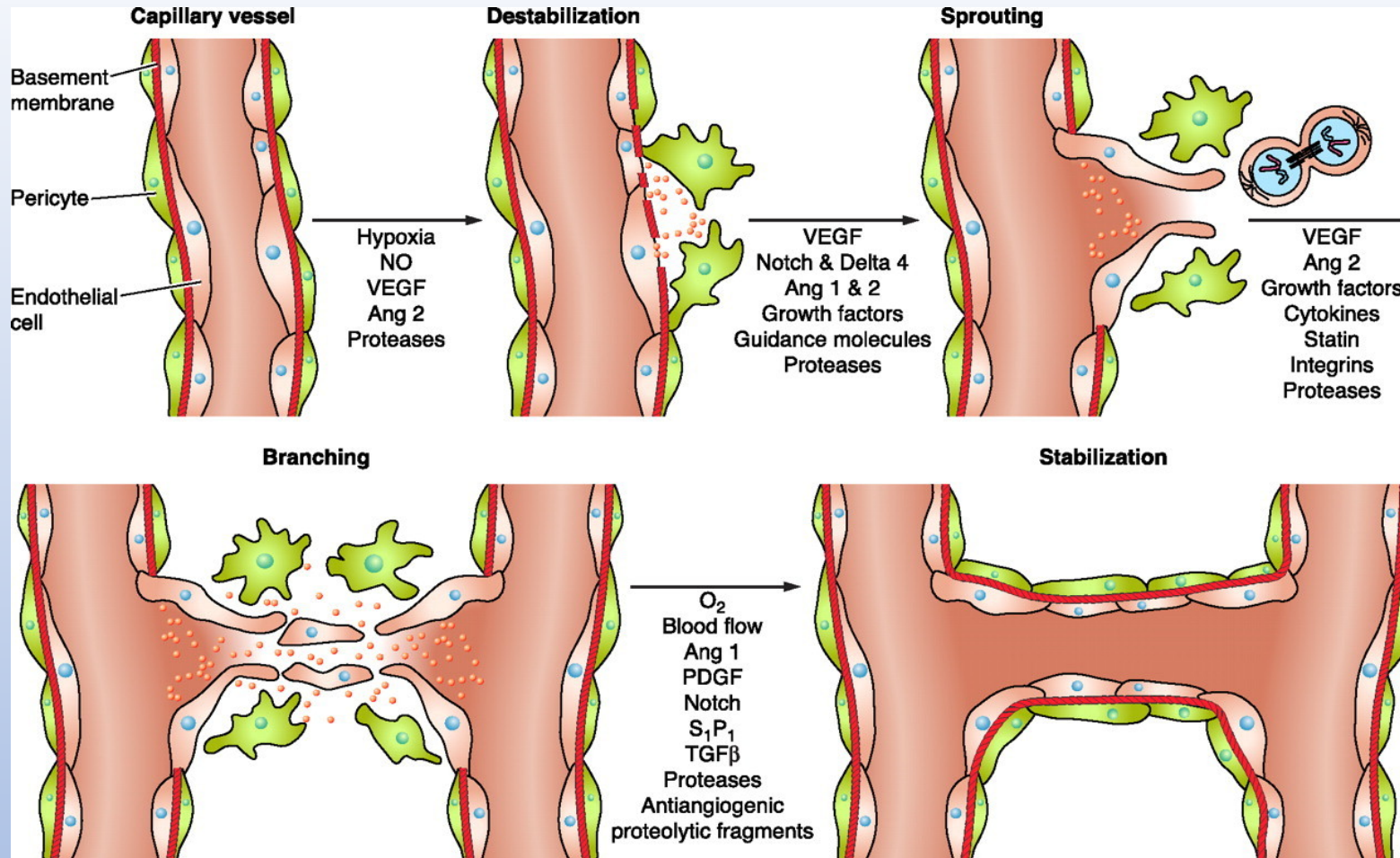
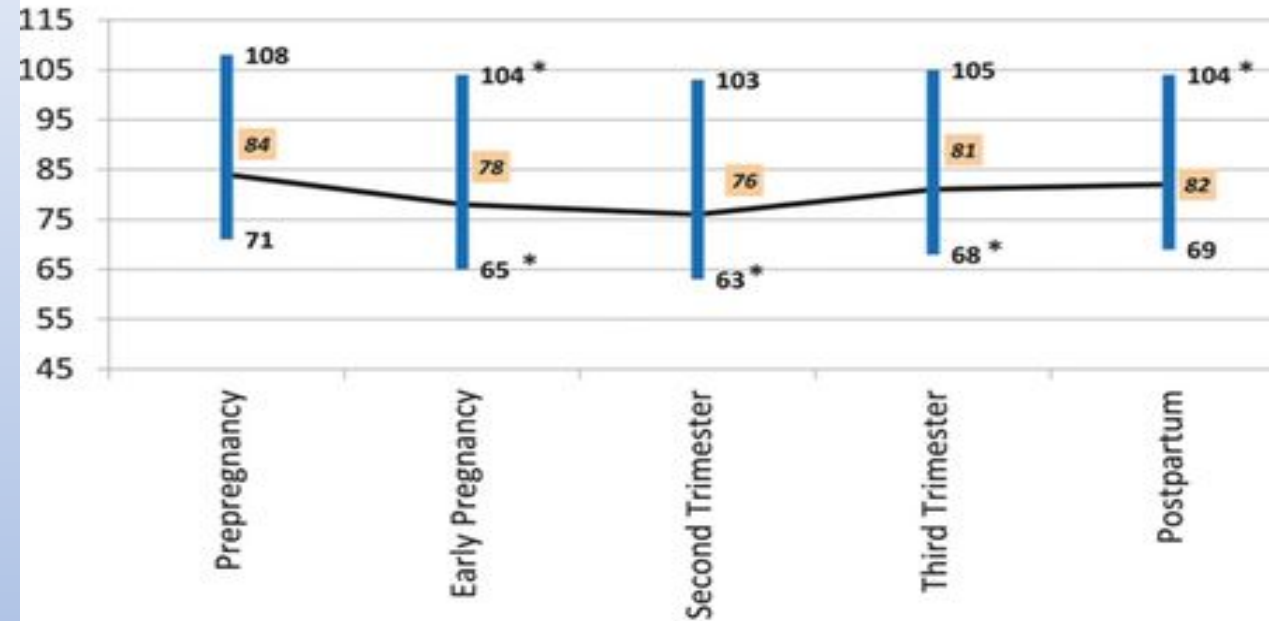


FIG. 1. The cellular steps involved in angiogenesis. Hypoxia induces the production of nitric oxide (NO) and the expression of vascular endothelial growth factor (VEGF) and angiopoietin-1 and -2 (Ang 1 and Ang 2), which interact with extracellular matrix (ECM) proteases to increase permeability of the capillary vessel wall. Destabilization then allows endothelial cells to migrate and proliferate to form tubules, aided by VEGF, angiopoietins, guidance molecules, growth factors, cytokines, and degradation of the ECM. Maturation of the newly formed vessel is accompanied by increased expression of antiangiogenic factors, many released as a result of proteolysis. PDGF, platelet-derived growth factor; S1P1, sphingosine-1-phosphate-1; TGFβ, transforming growth factor-β.

Clapp, C., Thebault, S., Jeziorski, M. C., & Martínez De La Escalera, G. (2009). Peptide hormone regulation of angiogenesis. *Physiological reviews*, 89(4), 1177–1215.
<https://doi.org/10.1152/physrev.00024.2009>

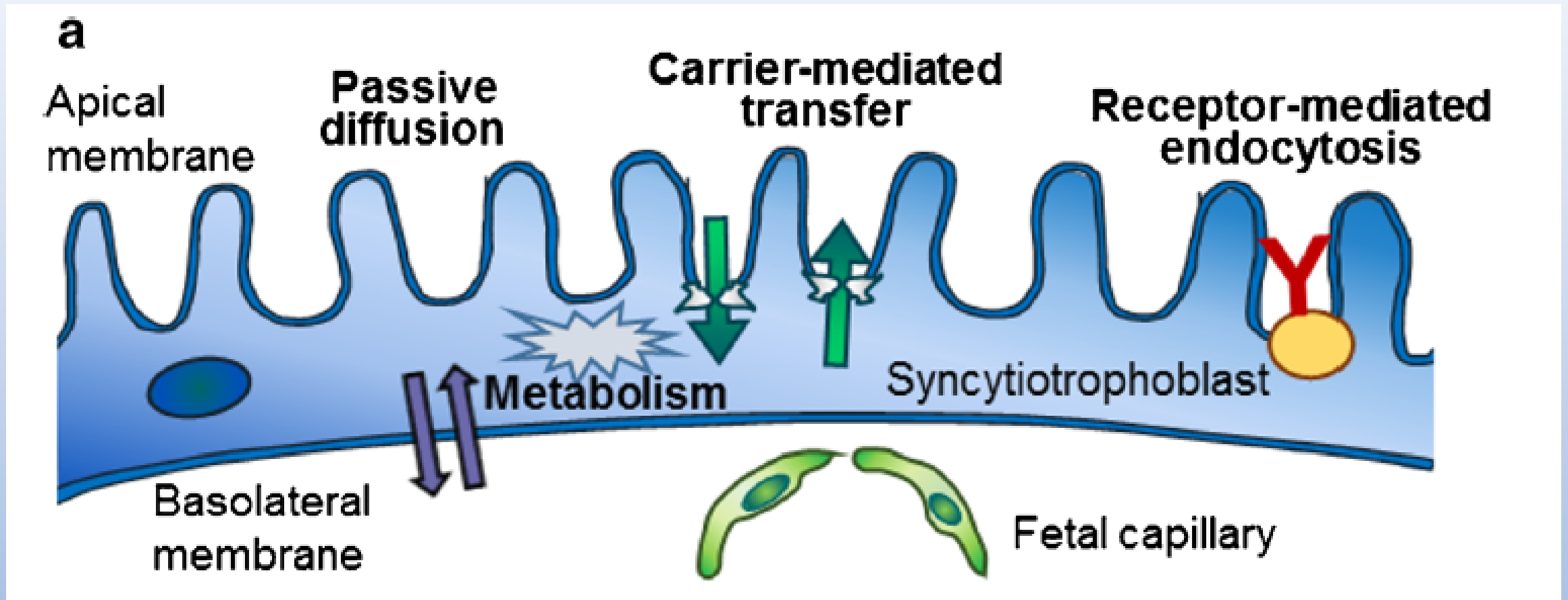
Serial Blood Pressures before, during and after pregnancy



* $P < 0.05$ versus previous value



Monika Sanghavi. Circulation. Cardiovascular Physiology of Pregnancy, Volume: 130, Issue: 12, Pages: 1003-1008, DOI: (10.1161/CIRCULATIONAHA.114.009029)



The Placental Barrier: the Gate and the Fate in Drug Distribution
 Tetro N, Moushaev S, Rubinchik-Stern M, Eyal S. Pharm Res (2018) 35: 71
<https://doi.org/10.1007/s11095-017-2286-0>

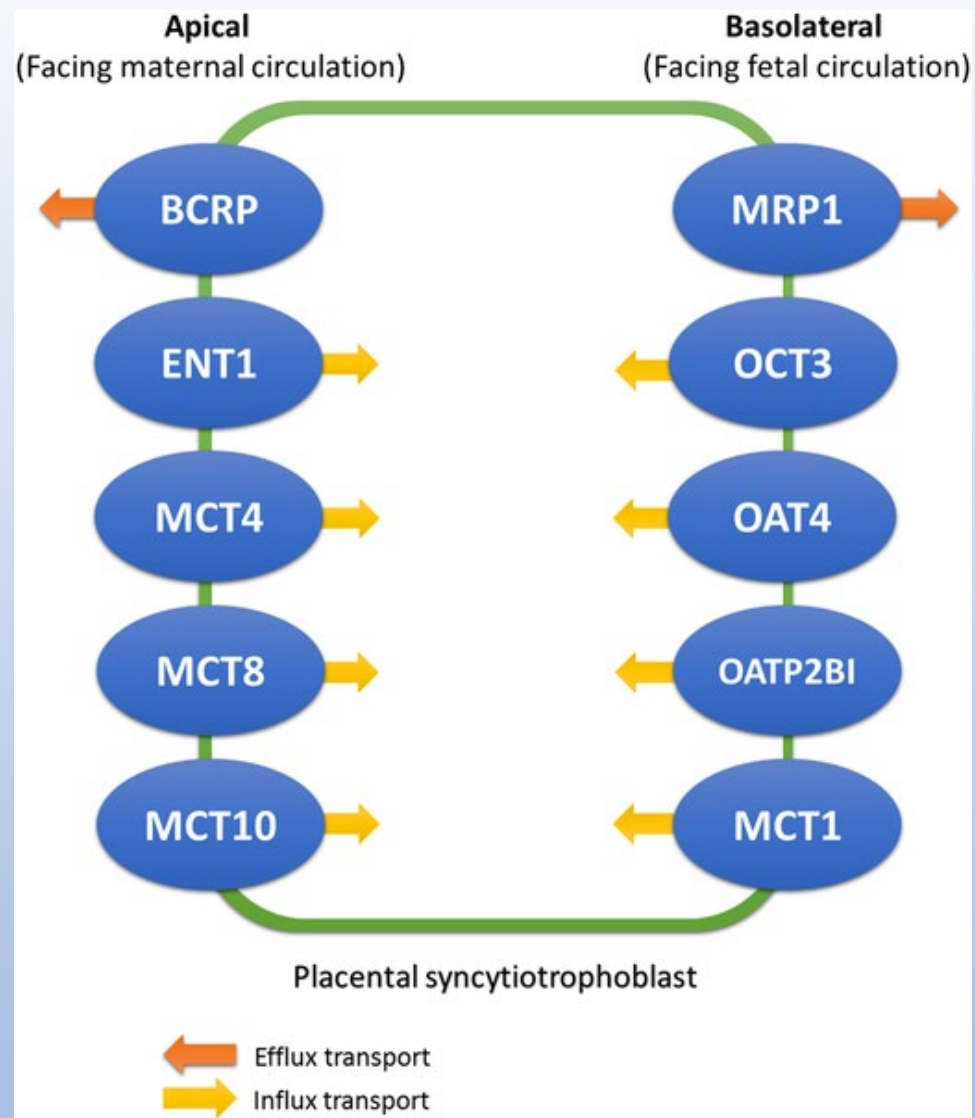


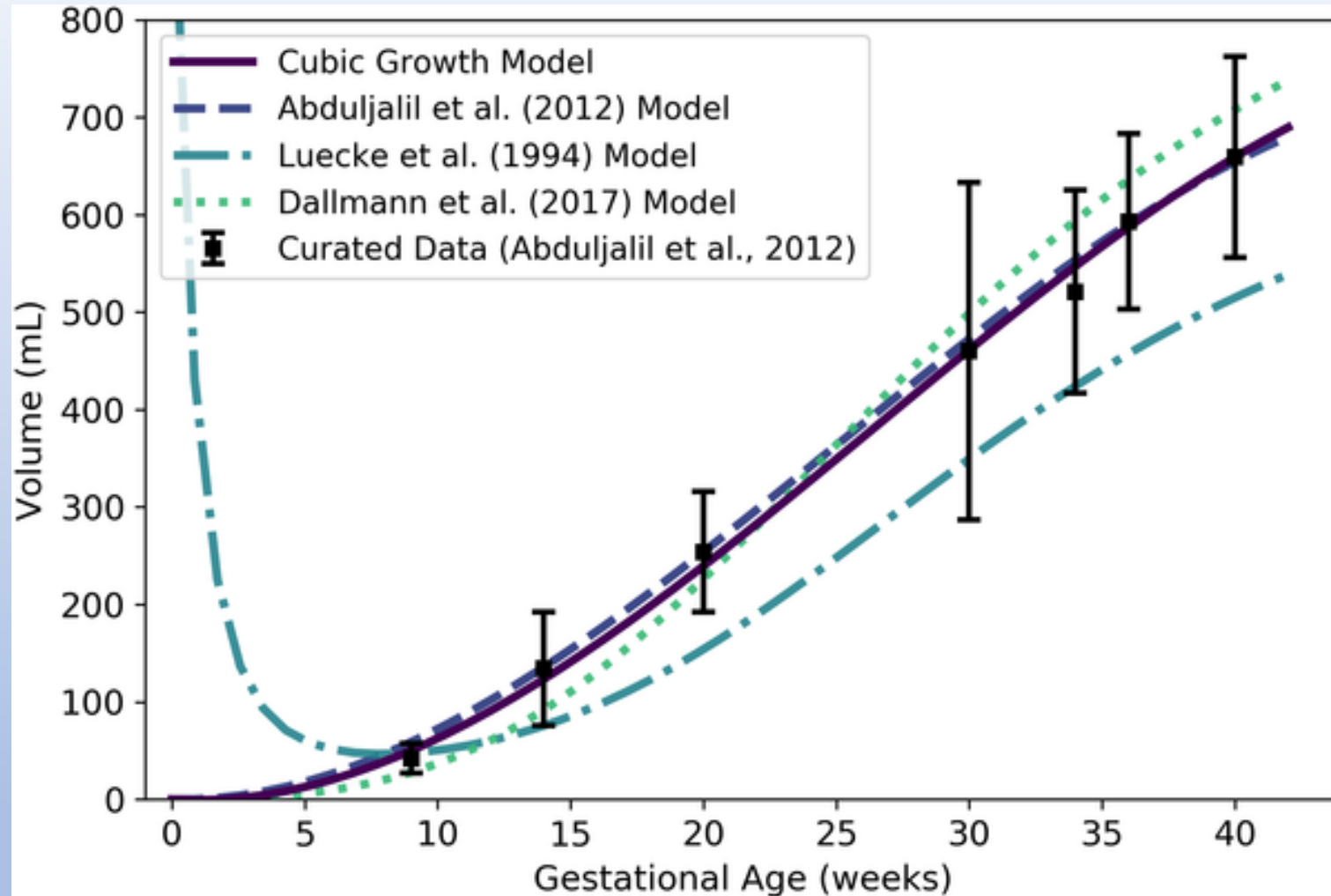
Fig 1. Placental transporter proteins are expressed on either side of the placenta.

Maternal use of drug substrates of placental transporters and the effect of transporter-mediated drug interactions on the risk of congenital anomalies.

Daud ANA, Bergman JEH, Oktor MP, Kerstjens-Frederikse WS, Groen H, et al. (2017) PLOS ONE 12(3): e0173530.

<https://doi.org/10.1371/journal.pone.0173530>

Fig 6. Placenta volume vs. gestational age.

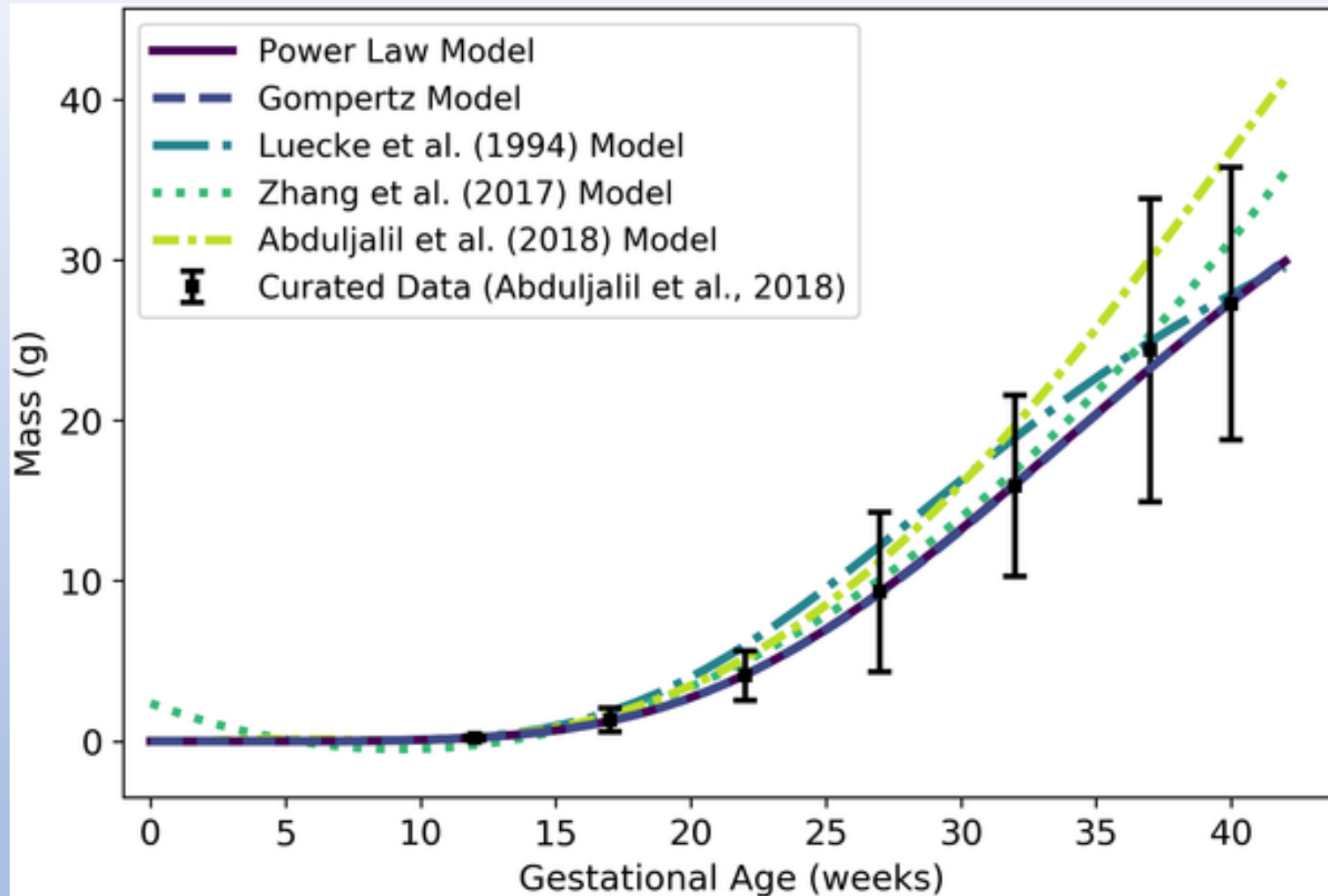


Kapraun DF, Wambaugh JF, Setzer RW, Judson RS (2019) Empirical models for anatomical and physiological changes in a human mother and fetus during pregnancy and gestation. PLOS ONE 14(5): e0215906. <https://doi.org/10.1371/journal.pone.0215906>
<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0215906>

Fetal Drug Exposure

- Placental transporter/counter-transporter function
- Fetal
 - Renal function
 - Hepatic/metabolic function
 - Maturity of blood-brain barrier

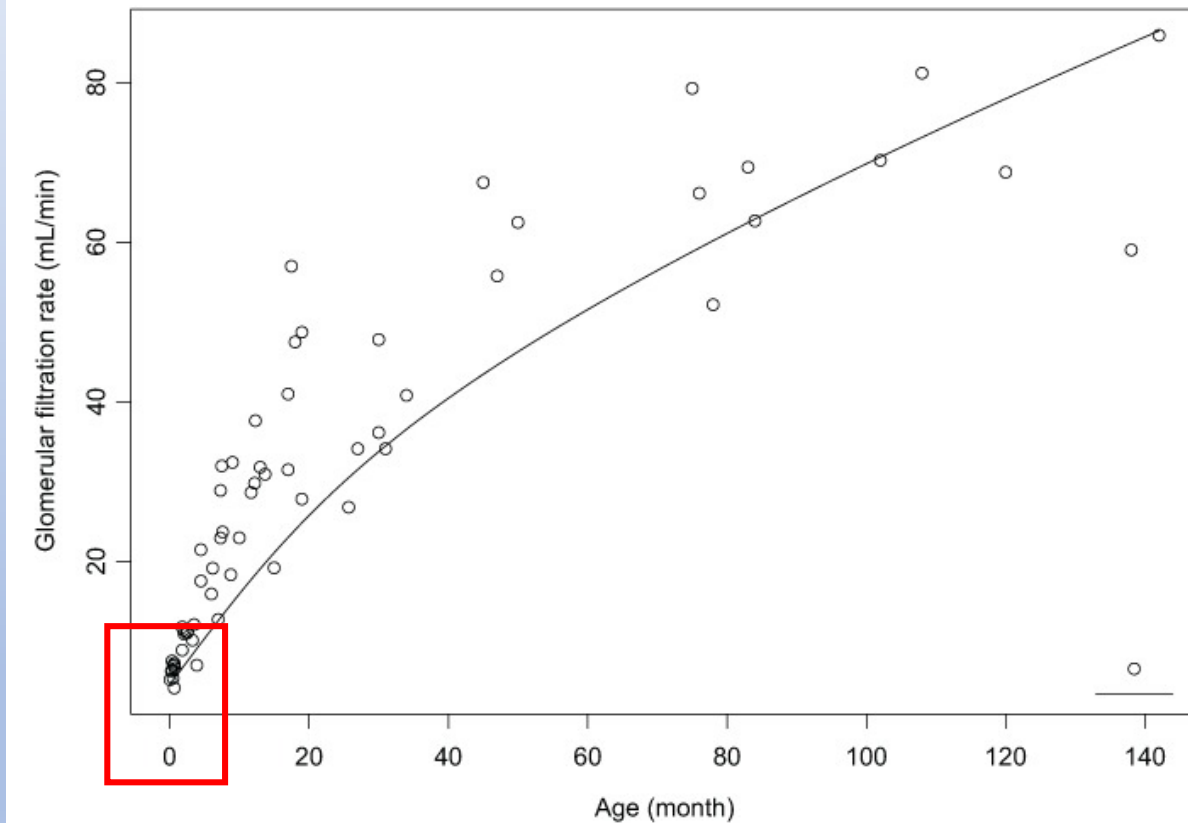
Fig 17. Fetal kidney mass vs. gestational age.



Kapraun DF, Wambaugh JF, Setzer RW, Judson RS (2019) Empirical models for anatomical and physiological changes in a human mother and fetus during pregnancy and gestation. PLOS ONE 14(5): e0215906. <https://doi.org/10.1371/journal.pone.0215906>
<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0215906>

Renal Function at Birth

Figure 2.



Lu H, Rosenbaum S. Developmental Pharmacokinetics in Pediatric Populations. *J Pediatr Pharmacol Ther* 2014; 19 (4): 262-276.

Fetal Hepatic Phase II Enzymes

Table 2.

In Vitro Ontogeny of Human Hepatic Phase II Enzymes (Adapted From Ref. [55,56](#))

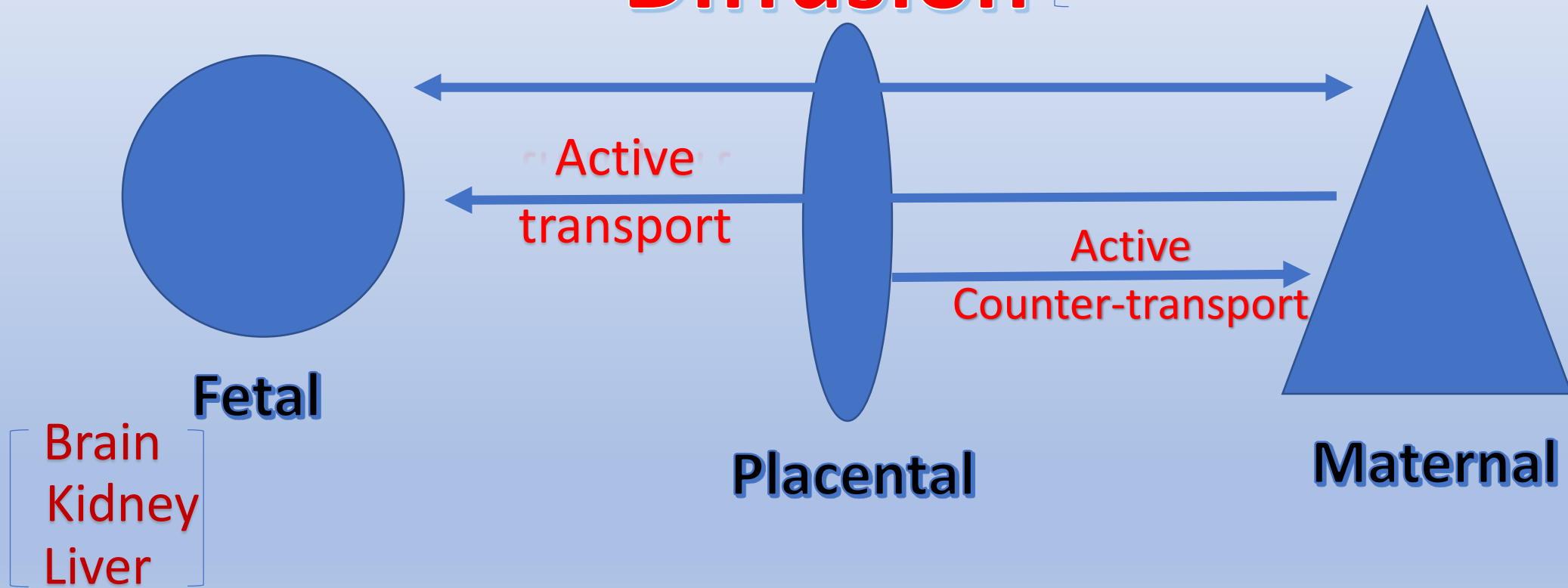
Isoenzyme	Fetus	Neonate (0-1 month)	1 month to 1 year	Adult	Ontogeny Facts
UDP glucuronosyltransferase (UGT)					
UGT1A1	-	+	+	+	Adult levels attained by 3-6 mo
UGT1A6	-	+	+	+	Maturation complete until puberty
UGT2B7	+	+	+	+	Adult levels attained by 2-3 mo

Lu H, Rosenbaum S. Developmental Pharmacokinetics in Pediatric Populations. *J Pediatr Pharmacol Ther* 2014; 19 (4): 262-276.

Maternal-Fetal Drug transport

Blood flow
Lipid Solubility
Molecular weight
Protein Binding
Ionization

Diffusion



Summary

- The maternal, placental and fetal compartments are growing and maturing interdependently over the gestation.
- Changes in maternal physiology are dramatic, and intended to increase nutrient flow to the fetus and waste from the fetal to maternal compartments.
- There are many unknowns.

Questions?

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